

SEX MAGIC and TANTRA

Right from the start it is important to remember that the occult always perverts or does the opposite of God's truth.

Sex was created by God to serve as

- a spiritual union between a man and a woman,
- a sacred act between two people of the opposite sex, unified in marriage.
- a way of expressing love
- a way of procreating

Sex magic is about

- expressing and liberating consciousness
- reaching altered states of consciousness
- spiritualising sexuality
- achieving "unity" with universal life energies, cosmic powers and the "divine"
- connecting to other dimensions
- using the mind to achieve "psychic" power through the power of orgasm
- releasing sexual energy and harnessing Kundalini
- primal and creative energy being taped into

Sex as the act God created and sex through tantra (sex magic) are poles apart.

Sex magic has it's base or roots in Tantra, much in the same way as numerology is based in Cabala.

Sex magic comes in many forms and guises, hidden beneath Hindu and New Age mumbo-jumbo, and to understand sex magic you are going to have to understand its roots in Tantra.

In reality, there is a much darker truth beneath what the Tantric Masters are teaching.

Yoga, meditation, concentrating on "emptiness, mantras and emptying the mind of thought all lead to altered states of consciousness.

An altered state of consciousness is similar to self-hypnosis or opening of the spirit to cosmic forces. It creates a gateway to the soul. It sets the practitioner up for soul control and demon possession.

You do not achieve Nirvana or paradise.

You do not unite with "god".

You do not "evolve" into a higher karma or improve your reincarnation.

You do not reach a higher level of consciousness or evolvment.

You get possessed!!!!

You get trapped.

You get pulled into an occultic web.

You think you have taped into cosmic powers.

You think you have enlightened your spirit.

You think you have united with the "divine".

You are sadly mistaken and about to be horribly disillusioned.

You are not a sex magician, you are practicing witchcraft, an abomination unto the Lord.

You do not have sexual power, you are being controlled by powers.

You are being controlled and used by Satan to achieve his purposes.

Tantra would have us believe that sex magic is pure and holy.

There are various ways of using sex magic, and all of them are evil.

Sex magic is used by Satan to create

- soul control
- soul ties
- transference of spirits

Sex magic is about

- using sex as a weapon
- tapping into cosmic powers to achieve your own end
- bewitching your partner
- tapping strength from your partner
- enforcing dominance over your partners spirit
- subduing and controlling your partner to achieve ranking
- using "sacred orgasm" to generate power for magic
- entering someone else's very soul

Examples mentioned previously:-

- sleeping with a medium to access the demons she uses to "see" things
- using visualization and fantasy to "hex" someone
- controlling and manipulating your targets marriage
- overpowering an occultic rival in the ranking struggle
- finding a gateway into your targets sub-conscious mind

To put all of this into perspective would take weeks, but I am trying to give you a basis to work on here.

When all is said and done, remember that all magic, sexual or otherwise, is witchcraft and witchcraft is an abomination.

Every, and I mean every, DID is somehow involved in this practice.

It is used to control them.

They use it to control others.

It is used in programming.

They are programmed to use it.

Every DID will have an alter, or a few, who are adept in this art.

I know this because magic and the occult are used in all DID control.

*** Comments in brackets and italics are mine.

Definition

The word "Tantra" has many definitions, and perhaps its real meaning has been lost to antiquity. Some scholars claim it comes from the Sanskrit or Hindi word for fabric or tapestry, meaning that it is woven into one's life.

Others say that it comes from two Sanskrit words tanoti and trayati.

- Tanoti means to expand consciousness,
- Trayati means to liberate consciousness.

One might then say that Tantra expands and liberates consciousness, making it the fabric of existence.

It is the highest possible synthesis between love and meditation.

It is also the connection between the **third dimension** and **other planes**

(*4th dimension*) of existence beyond mere materiality.

It is the art of **spiritualizing sexuality**.

It offers practical tools for changing **fear and attachment** into **love and universal power**(*cosmic power*).

Put simply, Tantra is the **total surrender**(*emptying your mind – open to demonic activity*), or letting go of all mental, emotional and cultural conditioning, so that **universal life energy** (*occultic*)

energy) can again flow through us like a river without any effort.
It is a letting go to universal oneness...to love.

Most westerners use the word "Tantra" to mean sacred sexuality.

Real "Tantra" is a rigorous spiritual discipline and a vast field of study, with the sexual aspect being an important part of it.

Mystical experiences and **altered states of consciousness** result from many of the processes, especially the ones with sexual energy at their core.

It was used as a vehicle to achieve **cosmic consciousness** and **union with divinity** (*divinity here is not YHWH*).

Tantra treats **sexual energy** (*energy is used*) as a loving friend, rather than something to be suppressed or talked about secretly in low tones.

It does not deny sex, or consider sex a hindrance to enlightenment or Heavenly Grace.

To the contrary, Tantra is the only spiritual path that says that **sex is sacred** (*sex is holy to God, but this is a perversion of God's act*), and not a sin, or something against God, whether in a marriage or not (*adultery and fornication ?*).

Tantrikas are God-loving, rather than God-fearing. (*The fear of God is the beginning of wisdom*)

The ancient secrets of sexuality as a spiritual force include:-

- extending and expanding sexual orgasm,
- full body and valley orgasm,
- freeing the female orgasm,
- awakening the Saspandana (female G-spot),
- yogic ejaculatory control,
- using breath to build and control sexual energy,
- the use of ritual in lovemaking,

There is a most beautiful word for sex in the Sanskrit language, and that is **Kama**, which means sex-love together, undivided and indivisible.

Almost everyone is familiar with the 7th century classic the **Kama Sutra**, a Tantric treatise on lovemaking.

Kama is also the name of the **Hindu Goddess of love**.

In the Kama Sutra, **genital contact is but one of the many kinds of intercourse** (*masturbation, oral sex and psychic sex being other options*).

Tantrikas learn to make love with everything, letting go of all barriers to pure bliss.

Sex becomes sacred and divine when you approach it from your heart and body, rather than your mind.

It is common for Tantrikas to "drop their mind" when engaging in Tantric lovemaking.

When the energy comes from a space deep within you--your essential Self--it connects you to God/Goddess/All That Is (*demonic and false gods*), moving you into the realm of spirit (*what spirit?*).

The body is only layers of invisible energy in form, and it can be awakened if we let go to the sexual energy.

It affirms the life energy within you in totality, so that those on this path find themselves whole and self-confident, with a positive panoramic view of everything.

And love is what Tantra encourages--total unconditional love, including the mind, the spiritual and the body. (*a soul control trap*)

Tantra doesn't tell you to control or suppress your sexual urges to reach God, but rather says the opposite.

It supports development of this vital energy to achieve union with Divinity. (*We achieve unity with God through salvation, not sex*)

The essence of Tantra is the full expression of being--a merging with, rather than a withdrawing from.

It is the ultimate **yoga**, which is Sanskrit for **union**.
 In Tantra, the **orgasm is with the universe**.
 You become part of the **primal energy** (*creative power belongs to God*) of everything.

Tantra changes one's view of *relationships (soul ties)* as well.
 Tantrikas are less co-dependent, jealous or neurotic. (*attachment to one sexual partner, inhibition and moral ethics are frowned upon*)
 They tend to be harmonious, fun and energy-filled.
 In the way of Tantra, you also discover that the relationship you seek outside is already within you. (*This is New Age garbage*)

Tantric sex is seen as a spiritual path of ecstasy that includes:-

The love teachings of the Kama Sutra
 Sacred Orgasms
 Fantasy
 Breath control
 Control over the Will
 Psychic protection
 A sex magic process
 The Left Hand Path of God

Origins and History

While not a religious philosophy, Tantra embraces a deep spiritual understanding of life, and an ancient art of **living in harmony with existence** (*Wiccan*)

It is a poetic science of super sexuality that dates back thousands of years, not only to India and Tibet, but to the Far East, Polynesia, and indigenous cultures of all parts of the world, including North America's native Red Indian culture (specifically Cherokee).

Tantra, or Neo-Tantra, as practiced in the west, borrows from many traditions including Taoism, Hinduism, Buddhism, Native American Quodoshka, Wiccan, Christian Gnosticism and more.

The origins of Tantra can be traced back at least 20,000 years to markings on cave walls that resemble the symbols still used in Tantra today.

Associated with fertility worship and paganism, early Tantric beliefs were based on observations that life itself was a result of the act of love.

This simple fact is difficult for us to remember at a time when sex is considered shameful and dangerous by many.

Many of the same issues seem to exist today as they did in India during the time that led to the golden age of Tantra .

Basic belief system

We came into this body through the act of procreation...better known as sex.

Unless you were artificially inseminated, you wouldn't be here unless a man and woman had sexual intercourse.

They had sex because it gave them animal pleasure drawn by a deep spiritual pursuit.

While we are in a body, this pleasure underpins much of our lives

Whether you deny it or not, sex runs much of your existence.

Unfortunately most of us have lost that special ingredient of this physical attraction that moves us beyond mere physical pleasure to a deeper and more satisfying wholeness.

The act of **ritual lovemaking** is a participation in cosmic and divine processes.

The experience of:-

- transcending space and time, (*astral travel*)
- of surpassing the phenomenal duality of spirit and matter, (*3rd dimension*)
- of recovering the primal unity, the realization of the identity of God/Goddess, Shiva/Shakti and of the manifested and unmanifested aspects of the All.
 (*sexual union with "god"*)

These constitute the very mystery of Tantra.

We all have an inner spiritual force (*Holy Spirit or conscience?*) that guides us.

Throughout history this guidance has led us to organized religion.

Unfortunately, religions sometimes lose their original essence as they become over-burdened with centuries of new ideas.

Today many people find that organized religion is out of sync with their inner guidance on such issues as birth control, homosexuality and the role of women.

Neo-Tantra is an eclectic mix based on personal experience as was the original Tantric "anti-religion" in India.

This is why it is so hard to define.

What these beliefs have in common is the **vision of sexuality as a spiritual force**, as a pathway to direct spiritual experience.

Sexuality is the vehicle, not the destination.

Our true spiritual nature is the goal.

At one time, long before so-called civilization permeated our culture, humans cultivated this pleasure to transcend into higher dimensions of consciousness, beyond the material, animal orgasm.

Thousands of years ago, people had achieved a high degree of awareness and an *alchemical formula* for converting what we know as sex energy -- called by many names such as *Chi, vital force, soul*, etc. -using it to enter into a state of Divinity (*we cannot achieve divinity, we are not God*).

Their spiritual philosophy held sexuality as a **divine rite** (*they compare this with salvation, baptism and Holy Communion as a "rite"*) and an expression of union or yoga.

Unfortunately, as our planet moved out of the **Taurien Age** (4300-1700 BC) and became masculine and aggressive, it also lost this deep spiritual connection to this vital sex energy.

While sexuality touches every part of our lives, it's sad that this most pleasurable life-affirming phenomenon --the act of creating our very birth--is today tainted with fear, abuse and general negativity.

Like the spring flower freeing itself from the frozen snow, Tantra is again budding, offering the **Aquarian Age** an alternative--a way to reverse the negative energy on the planet, and a way to release yourself and reach transcendence.

(now in the Piscean age we have even further "revelation" -- sex magic!!!!)

Goal and Purpose

Although the methods employed by Tantric practice, the so-called Left Hand Path of Yoga, differ greatly from most "traditional" Hindu/Vedic methods, their purpose is identical.

Yoga means "yoke," implying not an onerous yoke forced on a work animal, but a yoke of union; a joyous yoke of the Atman, or individual Self with the Brahman--Universal Self.

The purpose of all Tantric ritual goes far beyond simple sex magick or better orgasms, although, recognizing the pleasures of the flesh and the potency of the act of love, these are certainly part of Tantra--but the **true goal is union, merger, oneness**.

People were created with **dualistic (twin) natures**; thinking in terms of things, feelings, and forces only as they relate to one another: male/female, joy/sorrow, light/dark.

This causes much grief, for humans often feel caught in a world and circumstances they have no control over.

Physical instincts, natural urges and actual needs, were installed in human beings by God when he created them.

Therefore, they cannot be thought of as 'evil' or something to get rid of.

If you don't eat, you will die.

So, rather than seeking to control your physical body through severe fasting and starvation, the Tantras teach that one must nourish the body, and, more importantly but less understood, that the act of eating can become sacramental in and of itself.

Similarly, the repression of sexual desires may lead to eruption of the sexual energy in other ways.

Although the Tantras do not condemn those who practice celibacy as a way of channelling the energy, they do say that the energy can be channelled during lovemaking as well. It is the intent that elevates the merely physical to the sublime.

Behind these thoughts is basic common sense: if you don't eat, you will die. If no one has sex, the entire human race will die.

Rather than attempting to 'master the flesh' by punishing it or ignoring it, master it by using it as it was given to you, freely and naturally; master it by using it as a vehicle to spirituality.

Without the "body" where would the "mind" be?

How could anyone even think about merging with god if he had no body, no mind?

The body is a temple, to the deity within. It can be used for worship.

Do not despise the flesh or wish it gone.

Other important definitions

To fully understand sex magic, you need to understand this terminology.

1) Tantric Yoga

Yoga (union with God) is simultaneous with the frantic living of worldly delights, leading to the state of enlightenment through the supernormal powers (SIDDHIS), which are obtained through practical application of these special procedures.

These powers serve a definite purpose in the way of attaining the Supreme.

Tantra Yoga considers that the human body, with all its biological and psycho-mental processes, is only an instrument in which and through which the cosmic forces operate.

The individual human structure and the outer macrocosmic manifestation, or Universe, are similar.

Therefore all that exists in the Universe should also exist in a certain form and proportion in the microcosm, i.e. the human body.

Sex is a tool or practical methodology used to achieve an accelerated development of personality and consciousness.

The ultimate purpose of all forms of yoga is to indicate the way to **fully integrate into the Objective Reality** and realize a harmonious merging into the **different levels of the phenomenal cosmic manifestation**.

The main goal is to always act in perfect concordance with the harmony and **superior cosmic activity**.

Tantra envisions the Universe as an extremely complex, multi-dimensional **web** of invisible energies.

This Science permits the controlled expansion of consciousness beyond the web of **illusory appearances** and thus liberates us from ignorance.

2) Shiva and Shakti (Chakras and Kundalini)

In the Tantric philosophy, every **letter of the Sanskrit alphabet** is a Bija Mantra (seed sound) which is associated with a certain part of the human body or, to be more specific, to a certain petal of the power centre's (**Chakras**).

This shows that the different parts of the human body are the manifestations of the **different dynamic aspects of an Essential Energy** known in Tantra as **Kundalini Shakti**, an enigmatic and complex subtle power, which lies in a latent form at the base of the spine.

Tantra Yoga considers that the **Ultimate Truth** is easily attained through the beatific union of:-

- Purusha the Spirit Shiva
 The pure passive Consciousness, the static aspect of the Ultimate Reality
- Prakriti the Nature Shakti.
 The creative power of the Universe, the dynamic feminine element, the matrix of endless possibilities through which the Infinite and Unique Consciousness can manifest.

3) The Left Hand Path of Love. (Feminine power)

Tantra is also called Vama Marga, the Left Hand Path.

It is called thus because women play an essential role in this Science.

Women are under lunar influence and are therefore of negative or left polarity.

The denigration of women by certain Hindu treatises is hypocritical and could also be called 'evil.' Only women are able to give birth.

What could be more sacred than the act of creation?

Thus, woman *is* Brahma.

When she preserves the child, or the lover, or her place in the world, she *is* Visnu.

When she transcends mere being and knows the purity and grace of Being, she *is* Lord Siva.

Sakthi and Kundalini are both thought of as feminine.

As is water, without which all would very soon die.

Honor each woman as divine Sakthi, and recognize the feminine contained within every male as well: the kundalini, the sakthi, the creative power without which none could continue.

It is often said "Within each yoni is a lingam."

Physically, this refers to the clitoris; meta-physically, to the masculine powers within each woman.

Truly we all have Siva/Sakthi within our bodily temples.

4) Illusion and Reality (4th dimension, Maya and lost paradise)

Tantric practitioners engage themselves in a continuous process of self-discovery and of discovery of the Universe at the same time.

They ask themselves: "Do we see and perceive the world the way it really is or only the illusory appearance?"

And in the last case, are we condemned to see forever only this illusory appearance, without ever attaining the Essential Reality?"

If a person could perceive the **fourth dimension** through the special capabilities, which lie dormant in every human being, his or her vision of a stone, for example, would be completely different from that of an ordinary person.

More than that, a practitioner who attains the state of absorptive meditation on the stone could see, feel and even hear the energetic vortexes of the apparently invisible electrons of the stone.

In this respect, Tantra claims that we must detach ourselves from all external forms in order to fully perceive that which the **veil of illusion (MAYA)** hides, and only then can we discover the Ultimate Reality and realize the complete freedom from the painful chains of ignorance.

Only by closing our eyes can we have an authentic vision.

In this new state the human body becomes the modality of experimentation and of return to the primordial **Androgynous unity -- the Lost Paradise.**

In this way, re-born as a genuine Androgyne of the Secret Tradition -- magical child of Shiva and Shakti -- the Individual Spirit will have access to the highest levels of Consciousness.

5) Tejas and Ojas energy (control over semen and menstrual cycles)

The Science of the ancient Sages teaches that the sexual reproductive power (the Life Force) can be transmuted into superior forms of energy called Ojas and Tejas.

The **Tejas energy** is that energy which produces the halo around the saints' head.

The **Ojas energy** is that energy which confers an extraordinary vigor, power and virility.

Tantric sexual union captures, magnifies and re-directs the essential **Cosmic Power of Life**. Sexual intercourse brings the most intense emotional experience that the human being can have while in the flesh.

The erotic impulse stirs up the Kundalini energy so that it can rise, through the subtle duct of power along the spine, to the highest centre of power above the head. Exposure to sexual stimulation arouses this power; controlled the power is like steam in a boiler, no longer random.

The practitioner causes his seed to rise up to his crown centre (chakra), where it becomes transformed into **Soma**, the Nectar of Immortality. (Soma = soul)

The semen is taken over into the lymphatic system.

The lymphatic system consists of the fluid (lymph) that bathes the tissues, being similar in composition with plasma.

The lymph contains white cells involved in the immunity system of the body.

These white cells produce antibodies, special substances, which attack the foreign organisms (microbes, etc.) and render them harmless.

Through the lymphatic system, the semen reaches the brain (Corpus Callosum) where it is processed into extremely subtle energies (Ojas and Tejas) used by the higher mind.

As the physical brain needs oxygen and proteins to function properly, the higher mind (superconsciousness) needs big quantities of Ojas and Tejas energy.

This process renders the adept **immortal**: Loss of semen is loss of power.

The person who can protect his **Bindu (semen)**, overcomes death; because death comes by discharging Bindu, and life is prolonged by its preservation.

Bindu is under the control of the mind, and life is dependent on Bindu.

Hence, Mind and Bindu should be protected by any means."

In this vision, intercourse becomes a genuine cosmic process at the level of the unified microcosms of the couple, who tries to reproduce the cosmic union of Shiva and Shakti, i.e. of Consciousness and Energy.

As stated before, ejaculation, identified with the sudden loss of this propelling spiritual power, is completely contrary to the attainment of beatific bliss.

The violent explosion of ejaculation and of correspondent female orgasmic discharge acts at inner levels as a harmful release of vital subtle fluids and represents a serious loss of power, making it impossible to use the purified sexual energy (Ojas).

Therefore the spiritual ascension is immediately stopped.

This is why it is necessary for man and woman to control and even completely eliminate ejaculation.

Here, the purpose is double:

- to retain seminal fluid (conserve energy and achieve higher states of sexual pleasure, enabling the man to fully satisfy his woman and himself)
- and to transmute its energy (acquire magical power and achieve expanded levels of consciousness). The effect is cumulative.

For this purpose, at peak moments, the couple's attention must be focused to simultaneously

- control the breathing (by making it calm and relaxed),
- the mind (by focusing it upon a unique object)
- and the semen (through rhythmically contracting and relaxing the pelvic floor muscles).

This procedure acts simultaneously upon the three basic levels of the human being
 - the physical,
 - the emotional
 - and the mental -- creating a perfect harmony between them.
 Thus, sexual intercourse becomes a genuine love meditation.

The transmuting of the semen's energy into Ojas and Tejas does not take place only in men. Women who practice Tantra Yoga realize the transmutation of that energy which produces the **ova and the menstrual cycle**.

These energies are transformed into Ojas and Tejas exactly as in the men's case.

As a result, the menstrual cycle becomes scarce or even disappears completely, and the ovulation process slows down or even stops.

Nevertheless, when the conception of a baby is desired, the energies are permitted to accumulate at the pelvic area, the ovulation returns to normal and the menstrual cycle appears again.

6) Orgasm and ejaculation

Stated with extreme simplicity orgasm is an intensely beatific state of consciousness and canceling of ego, with profound harmonizing, relaxing and regenerative effects.

Male and female ejaculation is only a complex physiologic process of explosively energetic discharge with a dim manifestation of a brief, incipient orgasm, experienced in a selfish unilateral way.

During ejaculation, the energy is quickly wasted and for no purpose (except when conception is wanted).

On the Tantric path, we learn to use sexual energy in an extended way, not denying the physical (though nothing is really physical), but going further...deeper...higher.

We dance with the **electromagnetic force field** of our partner, and that dance leads to **Cosmic oneness**.

When this energy is matched and balanced correctly through a loving surrender with a partner, the sparks fly.

In that moment of sexual embrace and energy exchange, a couple may achieve a **Cosmic orgasm**, with their essential selves exiting the body.

7) Red and White

Red sexual practices are celebrated with a partner/partners.

White or solo practices, may be meditative only, or involve 'astral sexual union.'

Note that no distinction of 'good' or 'bad' separates the White from the Red.

White practitioners may practice **astral sex** or **masturbation** as a way to achieve Liberation and Unification through his/her own body; rather than in conjunction with a partner.

Even should a practitioner decide to become celibate, he is not considered in any way superior to those who continue the process of spiritual evolution through Sexual Union.

It is all a matter of the **Will** of the individual Self; and as long as the Will pursues evolution, evolution will be granted. (Will is discussed in point 12)

8) Primal Energy

Today, many people have been exposed to the use of energy for healing, as with Chinese medicine, Reiki, Touch for Health, etc.

Yet, few people, except for the Taoists, use the **body's most powerful energy center**--the sex center--for the achievement of **divinity, immortality and enlightenment**. (*You have to believe in reincarnation to swallow this!*)

In Tantra, sexual energy is used as the **ignition for firing the Kundalini force**, the **body's biological life-energy system**, merging it/you with universal energy.

Mystics and metaphysicians call this reaching or achieving Godhead, Nirvana, Samadhi, Mookshaor, union with Divinity.

However, unlike Taoism (which actually stemmed from ancient Tantra) that says bring your energy inside for longevity, Tantra says let it go, let it all go!

There is no reason to hang onto anything if **eternity** exists (*this eternity refers to the soul living forever, not to eternity in heaven with God*).

In Tantra, sex is used as the Cosmic union of opposites to create the **polarity charge**, or potential, that connects with the primordial energy from which everything in the universe arises--the totality of ALL. (*Our polarity charge is Jesus*)

9) Fantasy and visualization (Inner vision)

Imagination – visualization – fantasy

Creative imagination = inner vision (visual thinking)

First step: introspection and submissiveness

Second step: stimulation and ego control

These directly relate to the two cosmic truths – expansion and contraction of all in all.

Everyone is familiar with fantasy; most people have direct experience with it, either during auto-erotic stimulation or during lovemaking itself.

The Tantric concept of fantasy is not so simple as conjuring up images in one's mind of hot babes or studs, and it takes lots of practice.

This practice should be begun after attaining at least a fair degree of **control over breath, mantra, and meditation**.

Fantasy involves visualization (imagination on a mundane level), but raised to such a level that it becomes truth.

And this type of **fantasy-meditation** should be undertaken by the beginner alone and without any direct sexual stimulation.

Truly inspired and brilliant poets, artists, philosophers, and quantum physicists, have one thing in common, the ability to intuitively tap into creative levels of altered consciousness.

Imagination in its mundane form would be such as sitting around thinking about how great it would be if one got the Lotto numbers correct, or wishing for things that seem out of reach.

The honed, conscious practice of creative imagination is called '**inner vision**'

It is held that when one "**thinks visually**" rather than yaddita-yaddita mental chatter mode, contact is made with the Source of creativity, wisdom, and transformation.

Through knowledge of the Self we obtain power.

Through inner vision we obtain Eternity.

Acquired knowledge; that taught by a guru or learned from books, will certainly awaken the true Self; however, only through going deep within one's own mind and heart, can the truth be grasped--acquired knowledge transformed into Knowledge.

The cultivation and perfection of inner vision is a twofold process:

- open introspection of images as they come to mind (submissive),
- eager stimulation of imagination through visualization (compassionately dominant).

The foundation of the twofold process is the foundation that encompasses the entire universe, from beginning to end: **expansion and contraction**.

All matter expands and contracts.

Siva and Sakthi represent contraction and expansion, respectively; or it may be more accurate to say that these are aspects of Siva/Sakthi.

Everything born or created expands, and then contracts, over and over again.

Atoms, compounds, inorganic and organic life forms, individual men and women, stars, suns, and entire galaxies all have the expansion/contraction nature.

During sexual acts, expansion and contraction are rather fundamental!

There is a threefold interaction.

Emptiness - consciousness - bliss.

No matter what internal or external object the mind chooses to focus upon, it must be taken through the three steps in order.

First, recognize the '**emptiness**' in the object of contemplation.

Emptiness is the space element, or the 'ether,' and permeates all matter, and is greater than all the other elements.

Most of the universe is made up of empty space; atoms are largely empty space; and even the human physical body could be seen as a vast void, filled with small concentrations of energy-vibration.

Emptiness also dominates the conscious mind much of the time.

However, when taken further and deeper, **the mind's emptiness** is found to be filled with consciousness and bliss.

The mind's emptiness is filled:

- with consciousness (from the sub- and un- conscious mind).
- with bliss (when one-pointedness and control have been found).

Just as a clear, brilliant gem is colored by the shade of other objects around it; so is the gem of the mind coloured by the shade of inner vision.

At the end of this section is a simple, starting exercise, it will take much practice to achieve this degree of one-pointed, concentrated visualization.

Once you have been able to see the subtle body, with Brahma creating the microcosm and microcosm from within your Self, you can take the exercise another step further.

Upon inhalation, see the vital Prana enter the body from the center of the outer universe.

Upon retention, visualize the primordial Brahma-Creator-aspect divide himself into the five life currents, which illuminate and sustain the soul, control the body, and hone the senses.

Each current has its own color, bodily function, and sense faculty. They are:

CURRENT	SENSE	ELEMENT	MANTRA	SHAPE
Udana	Sound	Ether	Plim	Circle
Vyana	Touch	Air	Dhlim	Hexagon
Smana	Sight	Fire	Klim	Triangle
Apana	Taste	Water	Slim	Crescent
Prana	Smell	Earth	Hlim	Square

They are designed to be bizzare: the more difficult the correspondences, the more full and productive the concentration required.

With consistent, regular practice, you will be able to evoke the inner vision at Will.

Hills and valleys become enormous mountains and vast, yawning canyons; rivers and rain become huge, churning oceans and torrential downpours. And vice versa.

Link your emotions and qualities to the inner visions

Assign them characteristics, and focus upon them thusly.

Imagine that your physical body is the entire universe, then contract it to the size of a single atom.

A simple beginning exercise

- Sit in Padmasana (full lotus) or lie on the back, arms at sides, palms turned up, as in Savasana (corpse pose).
- Breathe fully and deeply, blowing out all stale air, drawing vital prana in and down, expanding first the abdomen, then the ribcage, and finally the throat; then releasing the breath in the opposite manner.

- Concentrate the mind completely on each body part in turn.
- Tense the body (contraction), then relax completely (expansion).
- One the body feels harmonious and at ease, be still, slow the breathing, and focus on the mantra of your own breath-pattern.
- Concentrate, deeply and fully, on the body. See it as completely empty, see it as the Ether, the farthest reaches of space and time. Empty. A vacuum.
- See only the outer body, the skin. Hold the picture of your outer body firmly in your consciousness, recognizing it as inherently empty.
- Then, when you inhale, 'see' the skin expand; and when you exhale, see it contract. Remain detached, use your 'inner eye' or intuitive visualization to observe calmly but with deepening awareness, the picture of your body expanding and contracting.
- Next, recognizing that the body is microcosm of the universe, and that the universe expands and contracts, see yourself as a mirror of the universe.
- Become absorbed therein. Your heartbeat IS the center of the Universe, wherein dwells Brahma, 'in the cave of the heart,' the innermost Self of the void.
- Then see Brahma, the Creator aspect, open his mouth and speak The Word: AUM. Rays of light flow from his mouth with the word; filling the emptiness within.
- AUM dwells also within the cave of the heart.
- Having connected with Brahma, within microcosm and microcasm at once, fill yourSelf with inner visions of creation.
- The microcasm is filled with elements and energies, hot/cold, fire/water, peaks and planes and oceans; volcanos, deserts, forests, and hills; rivers, gardens, and temples.
- So, too, is the microcosm, the body.
- From the heart chakra, focus your full concentration on emanating rays of effulgent light to the outer surface of the body.
- See the contours of the body as hills and valleys, the hair as a forest or field, the right eye as the sun, the left eye as the moon.
- The arteries and veins are oceans and rivers, carrying the holy sanctified waters of your own blood.
- The internal organs are sanctuaries and temples.
- The spine is Mt. Meru, the brain the peak of the mountain.
- Contemplate the subtle body with its subtle channels, then see the Kundalini at the base of Mt. Meru, ready to begin her eternal ascent and descent.
- See the inner sun at the solar plexus (power) chakra; the inner moon at the hairline between third-eye and crown chakras.
- While visualizing thus, remember Brahma at the heart chakra. See Brahma create each of these, as he created the phenomenal universe

10) Erotic aspects of visualisation

Finally, we get to the "erotic" aspects of visualization.

During auto-erotic stimulation, foreplay, or actual lovemaking, this can be used as an exercise, controlled and directed.

The "active" partner, be that male or female, must fill the mind with inner vision as glyphs of the Siva-Lingam(penis): raging, celestial fire, mountains reaching high and ever-solid, volcanos erupting forcefully.

The "passive" partner, again, whether male or female, should fill the mind's inner vision with glyphs of the primordial Sakthi-Yoni(vagina): valleys, rivers, pools, softness.

If one is practicing this exercise solo (masturbating), alternate: keeping only the Lingam-symbols in the mind; then alternating with only yoni- symbols.

You may fantasize about 'babes' or 'studs,' or engage in lovemaking for simple pleasure, physical release, or plain ol' horniness.

However these exercises are tools for attaining the transcendental.

If practiced to the ultimate of one's ability these exercises will

- become powerful stimulating erotic images,
- which lift sexual arousal to new heights,

- serving as a connective agent from physical longing, to spiritual longing; from physical release to cosmic release.

There is nothing in this world or the next, like Tantric orgasm.

Forms will appear, unbidden and spontaneous, in the 'mind's eye' in the moment before the final vision of resolution: "First a mist, then smoke, a sun, wind, fireflies, a fire, lightning; then clear gemstones, then a moon."

11) Psychic Protection and energy loss

Sexual love is a **potent form of magic** as well as a path toward enlightenment.

It is **ritualistic in nature**; even when the act of sexual union is spontaneous, the conscious intent or will toward the spiritual/sexual combination elevates the lovemaking to a form of ritual.

The idea of psychic protection exists in most, if not all, forms of magical ritual, usually as a necessary, vital way of both "beginning" and "ending" the ritual.

Naturally, any couple will desire this protection; ideally conferring it upon each other.

This protection is vitally important for "White" practitioners as well, when **meditative masturbation** and "**astral union**" are practiced.

In fact, it may be even more important during such white Tantric practices, for one is physically **alone** and thus more **vulnerable**.

This form of protection is designed for two purposes:

- to prevent sexual energy from escaping from the body, rather than being channeled to the lover or directly to Siva;
- and to prevent any outside forces to intrude, meaning any outside force which would pollute the act. This could be as simple as loss of concentration or desire for the quick release of orgasm overwhelming the spiritual connotation, or as complicated as the idea of spirits or demons of some sort intruding upon the act.

Creating a field or aura of psychic protection

In order to prevent intrusion by outside influences, a field or aura of psychic protection must be created.

Even if one does not accept the reality of ghosts, demons, or spirits as actual beings, very few people have not, at least once, experienced sudden feelings of fear, sadness, or emptiness during sex or masturbation.

The protective aura will prevent such feelings, no matter what one believes their case to be; actual non-corporeal intruders, psychological barriers, or simple loss of the Will/intent which elevates simple biological acts to the Sublime.

- Visualize a luminous golden aura surrounding your body, or the body of your partner. Ideally, begin at the crown, encircle the entire physical and Subtle bodies, back, front, sides, internal and external, including the chakras. This golden aura corresponds to the "Egg of Brahma" or the "mystic circle," and is a sphere of protection.
- Naturally, if the sexual act is one between Tantric lovers, the partners should visualize this protective aura around one another; if alone, around one's own body.
- As you visualize the sphere of protection, move the hands in loose, sweeping gestures around the body. This is called "Dance of the Hands," and may be performed, standing, moving the arms in circular sweeps from the navel (male or female chakra) outward, upward, downward, allowing energy to flow and protect the entire psycho-organism.
- If the attention is focused and directed properly, the solitary--or *both* partners--should immediately feel the power, becoming energized, stimulated, and invulnerable.
- Saliva is a potent protective in Taoist and Tantric tradition. The kiss is an aspect of psychic protection, which also serves to distribute the energies of sexual love in harmony. The Kama Sutra lists the forehead, eyelids, cheeks, throat, breasts, lips, mouth, thighs, arms and navel as areas ideal for protective kissing.
- When the act of lovemaking has concluded, lie in embrace for a time, with the Lingam and

Yoni in contact for as long as possible. The embrace also conveys protection, and the Lingam and Yoni will be naturally sealed while in contact, long enough for the sexual secretions to be fully absorbed.

- If the lovemaking has been *astral* in nature, simply lie still for a time, allowing the sexual energy to circulate and charge your body.
- Contract the sphincter muscles, drawing in the vital energies of vaginal fluid or semen.
- If the ultimate has been achieved during any of the three forms of Sex, the protection remains. However, a tradition dictates that during the *afterglow* one should again touch the bodily parts lightly, and visualize the golden protective aura being drawn back upwards, re-entering through the crown chakra, and flowing into the body to remain as an energizing, liberating inner field.

Preventing energy loss

"Energy loss" may occur through the bodily orifices; also through the pores, fingertips, and the Subtle Body.

- Concentrate the attention fully upon the physical and subtle body, willing yourself to see each chakra
- Visualize the Subtle Body as an aura around the physical, charged with energy.
- Now, using the index and middle finger, perform **Nyasa** upon one's own body, or the body of one's lover. Nyasa means "placing," and is a technique to "seal" the physical and Subtle body. An act of Will, or intention is required for effectiveness.
- Feel the energy flow from your fingertips, see the openings seal up as you touch them.
- Reciting the protective mantra: AUM BHUR BHUWAH SWA is very helpful. This mantra is the three realms or worlds; this world, the next, and Eternity. This mantra will help focus the mind to the intended task.

The different areas of the body to touch, and the different ways to go about it; can be summed up in this - "Lightly, gently, softly, with the first two fingers, touch first the head, then forehead; eyes, throat and earlobes; breasts, upper arms, heart; navel, thighs, feet, and sexual organs.

Then one should say thank-you.

- sit on the floor, assume Padmasana (Lotus position),
- lock your hands behind your back, raise your arms,
- then bend forward, prostrating yourself until your forehead touches the floor,
- rising back up, perform the Namaste gesture, and uttering the mantra 'AUM,'
- touching the hands to the heart, lips, forehead and crown,
- bow once again with hands in Namaste above head,
- rise up, and thank Siva for taking you as his own,
- thank Sakthi for allowing you to become one with her and to thus unite with your Lord,
- and finally, acknowledge the Inner Deity, be consumed with gratitude that physical and spiritual bliss have been achieved and duality transcended.

12) The Will in Tantra

Aleister Crowley said, "Do as Thou wilt"

The Pagans say, "Do as Thou wilt, if it harm none"

The concept of Will (Thelema in Greek) is familiar to students who study either Aleister Crowley or Pagan ways.

Both Satanists and Pagans are sexual magicians trained in the sexual secrets of Tantra or sex magick. As such they understand the importance of will in performing these acts.

Will: Simply put, Will dictates that sexual Liberation must be pursued sincerely, or practices used as a "mask" for those seeking free sex, will inevitably lead to a feeling of emptiness and meaningless, and cause psychic depression.

Alternately, it will muddy the karma of "false" Masters, who become sorts of psychic vampires, feeding on the sexual energy and submission purely offered by unaware partners. Will assumes that each individual is responsible for his/her own actions, and that those who refuse to shoulder this responsibility will ultimately be barred from any real evolution or progress.

The sharing of The Secrets implies giving as well as taking, and those for whom Love, Trust, and Will are interdependent and even synonymous are usually the ones who make the most progress on the **Path**.

It is a matter of Self-Will, circumstance, and spiritual evolution/revelation.

Recognition of True Self-Will.

Magicians strive to create a dynamically charged state of mind, stemming from the belief that there is meaning and purpose to one's life.

This state recognizes and identifies with the primal energy that creates all, puts one in touch with the Source of being, and allows limitless capacity for evolution.

This is true Self- Will: the recognition of the Divine within the Self, a commitment to the Self, and part of the process of evolution.

Rather than separate "flesh" from "soul," Will teaches the unification of body, mind, intellect, intuition, and spirit.

Through consecration of all parts of our being, we integrate them and achieve the exalted state of true Self-Will.

Emotions and lust can be transformed into transcendental ecstasy.

Where there is only worldly enjoyment, there is no release. Where there is only release, there is no worldly enjoyment. But both worldly enjoyment and release are in the palm of the hand of those devoted to the True Self Within.

Recognize your freedom of choice, refine your higher Will!

All sexual magic teachings point to the need for uninhibitedness, spontaneity, and the willingness to "Do As Thou Wilt."

DO WHAT THOU WILT SHALL BE THE WHOLE OF THE LAW.

LOVE IS THE LAW;

LOVE UNDER WILL.

THOU ART THAT.

Sex Magic – a Reality Creation Process

Sex Magic is based on the belief that the most powerful moment of human existence is the **orgasm**.

Sex Magic is the art of utilizing sexual orgasm to create a reality and/or expand consciousness.

All **senses** and **psychic powers** are heightened during orgasm.

It is a moment when a window opens to the unlimited abundance of the unlimited universe.

Now, some may argue that they fantasize about some person or event during sex and it never materializes into a reality.

This is because most of us, at the moment of orgasm, lose our focus and get lost in the physical response.

That's okay, there's nothing wrong with using sex for pure pleasure.

That intention is also a created reality.

Sex magic is about

- **maintaining one's focus** during orgasm
- and **channelling the energy**
- into **creating a reality**.

Any reality, whether it's creating a new job, car, experience, relationship, etc.

The Process:

It's easier for women to do this process because orgasm is usually not an energy drain for them (as long as they're not engaging in wild, aerobic and physically exhausting sex). Women are able to climax multiple times ("Riding the Bliss-Wave" in Tantra) gaining tremendous energy from it. So, to my sisters, I encourage you to relax, breathe, and have fun. It's also very helpful to strengthen your PC/vaginal muscle and get in touch with your G/Sacred Spot.

The men are another story because their orgasmic energy is usually expelled out of their pelvis, in their semen, and out of their body. I encourage my brothers to learn and practice the art of ejaculatory control (I prefer the term Ejaculatory Mastery) and create an INjaculation. For the time being, just relax, breathe and come CLOSE to ejaculation SIX times before you release your semen.

- Relax and breathe deeply. Breathing deeply is key to the success of Sex Magic. Take your time and relax your body, especially your jaw and belly.
- Identify what you want to create. It's important to choose something that really excites you. Make it specific. You can write it down or say it out loud as a mantra or affirmation. Make it in the present tense or as if it's a reality already (i.e., "I earn \$85,000 per year.")
- Focus on the creation. See, hear, taste, smell and feel the creation as if it's real. Visualize yourself in the creation. For example, what is your life like when you earn that \$85,000? What does it FEEL like? Make it big, in Technicolour, with all your focus and intention. Breathe into it.
- Now, when you've identified the feeling and/or picture that best captures what you want to create, FILE IT AWAY in your mind and relax. (You may want to practice a bit with this step before proceeding.)
- Do whatever brings you almost to orgasm. This can be masturbation or sexual activity with a supportive partner. Remember to relax and breathe into your orgasmic state. Take your time.
- Bring yourself almost to orgasm, backing off just before the point-of- no-return, several or more times. What you're doing here is charging up the sexual battery.
- When you have almost reached orgasm, after coming close several times and you're ready to let go, recall from your mind the reality you want to create and energize it with focused intention. Make it vivid, exciting, big and beautiful.
- When you orgasm, keep focused on the picture/creation and deliberately channel the orgasm into it. Just let it flow into the reality you want to create.
- Remember to keep breathing during the orgasm and breathe your orgasmic energy into your creation/ goal/dream/reality.
- Stay focused and hold the picture. Your body will do the rest (this is why a partner is very helpful -- they can do the physical work for you)
- You can repeat the process if you want to come to another orgasm.

The reality will create itself immediately or will be buffered by time.
It may also manifest as an opportunity, insight, healing, etc.