

Overview of the Journey

J2F Book 1: Man's purpose and the gifts of the Spirit

DVDs 1-6

We discover that each and everyone of us have been created by **GOD the Father** with a **UNIQUE** purpose and destiny. In fulfilling this **purpose**, GOD has placed within each of us a special combination of **gifts**. When we discover our gifts, and **develop** them, we are able to walk in **GOD's Destiny** for us ... as well as being able to bless and **help others**. We also learn how to **protect** our gifts from attack.

J2F Book 2: Generational Blessings

DVDs 7-10

Each and every one of us have been given a **piece of land**, a garden. This land represents ourselves, as well as our **family**. We study the important and vital role of the **father** - how it is his job to keep, protect, and **nurture** the garden of our family.

As **priest** of the home, a father has a mandate to **bless** his children. This **blessing** is not simply speaking words of encouragement, but **role-modelling**, training and **teaching** our children to walk in **GOD's Ways** and SH'MA His Voice in **LOVING** obedience. It is a father that establishes our **identity** and gives us **significance** ... and it is a father's **purpose** to bring up his children in the LORD, leaving behind a **generational legacy** of righteousness.

J2F Book 3: Blessings and Curses over Motherhood

DVD 11

Just as important is the role of the father, so is the role of the **mother** to **nurture** and bond with her children. It is from our mothers that we learn to **develop** and interact in **relationships** ... we learn to either **LOVE** or **FEAR**, depending on our mother's nurturing.

J2F Book 4: Understanding Water Baptism (Mikvah) and the Baptism of the Holy Spirit

DVD 12

In order to possess and enter our land, we must be **empowered** and equipped! Both the water baptism (**mikvah**) and baptism in the **Holy Spirit** set us apart as unto the LORD, and empower us to walk this journey with **success**.

The baptism in water (mikvah) of repentance is our declaration of **following Messiah** Y'shua¹ (Jesus) as King and LORD ... it is our change of status from slavery and bondage to **NEW life** in Messiah. Baptism in the Holy Spirit is our receiving our own **special** prayer language - we now speak GOD's Language! The Holy Spirit is also our **Perfect Counsellor**, directing and guiding our steps on this journey. He guides us into all **Truth**, strengthens us, and brings us **refreshing**.

J2F Books 5 & 6

Book 5: DVDs 13-19

Book 6: DVDs 20-26

Like Israel in the **Book of Deuteronomy**, we are stand at the **border**, looking into the land. We have **come out** of Egypt, been through the Red Sea (**mikvah**), received the **Covenant** at Mount Sinai, and learnt the lessons of the **wilderness**. We are ready to enter and POSSESS the land. We have seen the **giants** and places of strongholds - and yet we know we have the VICTORY in Messiah! He will **lead us** into battle, and grant us the victory.

Are you ready for the battle?

In this manual, we explain the **warfare** ... just who/what the enemy is, how he and his kingdom **operate**, and the **weapons** we have in **Messiah** to fight. GOD has given us the land - His Fullness, Wholeness, and FREEDOM in Messiah - but we must **possess** it, we must fight. Are you **prepared** to take action? The WILL to possess the land is going to be one of the most important factors in gaining the VICTORY. The rest is just basic, straight-forward, **battle tactics** and warfare strategy.

The motto?

Know your enemy ... and be on the **offensive**.

Deuteronomy 1:21 "Behold, the LORD your GOD has set the land before you; go up and possess it as the LORD, the GOD of your fathers, has said to you. Fear not, neither be dismayed."

J2F Book 7

DVDs 27-33

We end the J2F series by looking at "the **other side** of the coin" - dealing with EMOTIONAL roots and pain.

¹ Y'shua (Hebrew) is Jesus' real name, which means "*Salvation*". We have no problem with the name "Jesus" - it is merely the Greek transliteration of "Y'shua". Jesus is the name most of us grew up with. Remember though, Y'shua was a Jew, of the Tribe of Judah, not a Greek. It's sort of like this ... when you come to know someone's real name, you want to use it, hence the use of *Y'shua* instead of Jesus. Another powerful reason to use *Y'shua* is that every time you say His Name, you are proclaiming "Salvation". You will also note in some places, we have used the real Name of the FATHER, YHVH. The Name is made up of the Hebrew letters, **Yod-Hey-Vav-Hey**, and is most commonly pronounced "Yahweh" or "Jehovah". Again, we have chosen to use this, as **YHVH** is the FATHER's Name.

Satan does not only put us in bondage ... but he also **bruises** us. These bruises grow roots, which we will **need to face** and root out of our lives. We look at the roots of bitterness, **rejection**, rebellion, and pride.

We work through **forgiveness** and learn to **let go** of the past so that we can **embrace** our PURPOSE and destiny in Messiah Y'shua (Jesus)!

In the last two books (*Book 8 and Book 9*) of J2F, we continue to look at understanding emotional pain/wounds, and how to walk the journey of healing / restoration ...

J2F Books 8 & 9

Book 8: DVDs 34-37

Book 9: DVDs 38-40

As Kanaan Ministries continues to learn MORE, we again and again realize the IMPORTANCE of **bonding** and building JOY-capacity in childhood, and just how ESSENTIAL it is to address **childhood** pain on the journey to freedom and RESTORATION ... when we are emotionally bruised and hurt in childhood, and these wounds are NOT dealt with ... we will be ARRESTED in our development, **unable** to MATURE as GOD designed ... to **love** and grow within family and community.

Have you realized all pain is RELATIONAL?

Why?

We were created for RELATIONSHIP and FELLOWSHIP, right from the Beginning, when GOD **walked** with Adam in the Garden, in the **cool** of the day ... within each and everyone of us is the DESIRE and NEED for family, fellowship, and COMMUNITY ...

So what's wrong?!

When I'm **hurt** in childhood - either through **rejection**, abuse (sexual, emotional, physical), and/or trauma - I **loose** trust and become a SURVIVOR ...

- ◆ *"I can't trust ANYONE!"*
- ◆ *"If I don't look out for MYSELF, who else will?!"*
- ◆ *"I'm not going to let ANYONE hurt me like that again!"*

And so we **waver** between **desperately** wanting LOVE and fellowship (codependency), and putting up walls around us (isolation). NOT healing the wounds of childhood **perpetuates** the destructive family CYCLES of **brokenness** and hurt, from generation to generation ...

Unable to **cope** with life, we turn to B.E.E.P.S. - **B**ehaviors, **E**vents, **E**xperiences, **P**eople, and **S**ubstances - anything that brings comfort or "escape" from the pain ...

In J2F8, we learn the development stages of **childhood**, and how our brains are literally wired through BONDING ... this is so important for PARENTS! We also learn about the **lies / pain** of childhood, and how we carry this BAGGAGE into adulthood, which keeps us in ARRESTED development ...

J2F9 is the **follow-on** from J2F8, and discusses more specifically Mother-bonds, and how, if our mother-bonds were **weak** or **unhealthy** / unGodly, we will be open to abuse and DECEPTION, particularly in the **FALSE prophetic** ...

As with the entire J2F series, J2F8 and J2F9 deal with **addressing** the ROOT issues ... this is the **only way** for true / complete RESTORATION!

Y'shua (Jesus) said He came to put an AXE to the ROOT - if you only look at dealing with the FRUIT (drugs, depression, eating disorders, anger, and so forth) and not the roots that PRODUCE the **fruit**, you will **not** walk in lasting victory and wholeness ...

Y'shua (Jesus) came to heal the BROKEN hearted!

In J2F8 and J2F9 we learn to address the ROOTS of pain, hurt, and lies in our childhood - and what the **building blocks** are to grow to MATURITY and the steps in the HEALING journey ...

Armed with these TOOLS, you can **start to pray** that these missing building blocks (of Godly **bonding**, building joy-capacity, **family** / community and **mentorship**) be put back into place, that you can walk in greater **intimacy** with GOD the Father, and others! That you can MATURE and walk in WHOLENESS!

A word on the prayers of renunciation ...

Our books of prayers of renunciations work IN-CONJUNCTION with the J2F series (as you work through the materials) - they are not designed to be used on their own ...

And we want to EMPHASIZE the importance of working through the entire J2F series, in order to get the full understanding / teaching / background of dealing with generational curses and deliverance, how the spiritual realm works, and inner healing ... that you can pray so much more EFFECTIVELY!

PLEASE NOTE! In our years of experience / ministry, we have found that deliverance and inner healing are **NOT** just a prayer - we are **VERY** complicated beings, and there are so many areas one has to explore, to find the roots of so many issues we battle with.

This is why we ask people to work through the entire J2F series - this enables the person to understand what went wrong, to recognize and identify the roots/issue they need to deal with ... and how they are able to receive healing, and keep their deliverance ...

We also strongly **encourage** those who can, to **get the J2F DVD's**. The manuals are really just the framework for the series, where the DVD's are the real "meat" with Amanda teaching/expounding the material, using real-life examples, as well as slides and diagrams -- we **especially encourage everyone to get the J2F6 DVD's**, for more detailed explanation in dealing with and breaking generational curses.