



Amanda's prime focus is on **equipping and teaching** believers through DVD's and/or manuals throughout the world. As a result of preparing for her teachings and travelling schedule, she is no longer available to see anyone personally.

We are not a crisis deliverance ministry. From experience, we have learned that **prayer alone is not going to help**. The prayers **work with** the J2F series. Working through J2F ensures that you understand the full understanding of the spiritual realm so that you can pray much more effectively.

Please work through **Manuals & DVDs** of Journey2Freedom, then fill in the then fill in the [checklist](#) to understand your bondage.

J2F is part of our complete courses (Journey2Wholeness is the other one) ... please make a study of all the subjects that we cover. We take you by the hand and lead you FULLY into your Promised Land ... and how to maintain the Land after deliverance.

Your freedom is not just driving out demons - re: the occult bondage ... it is also EMOTIONAL issues.

We believe in equipping people to be able to stand and **keep their doors closed after deliverance**.

It is very dangerous just to chase demons ... we have **to teach you to change** your whole lifestyle - thought life, etc.

Deliverance is not a quick-fix or just a prayer to be prayed ... you have to understand the spiritual realm and why you are in bondage.

You need to understand HOW to get your MIND back and how to ACTIVATE your WILL again after most clients have their WILL TOTALLY deactivated and may have made you a slave of mind control.

We need you to understand the bloodline and how to do a proper in-depth study and research of your family history.



You also need to pray through all the **relevant prayers** so that you can deal with the demonic covenants - this starts to loosen the ground for us to get to what was done to you and why.

[Journey2Freedom \(J2F\)](#)

Working through J2F ensures you have the *full understanding of how the spiritual realm works*, so you can pray much more effectively.

The J2F series also looks at the various possible ROOTS for why we are in **bondage**, not receive healing and are not walking in the FULLNESS GOD the Father has for us ... it is so important that the ROOT issues are dealt with!

If the ROOT issues are not recognized and dealt with, a person ends up trying to manage or address the "fruit" in their lives, and never really walks in restoration / victory. FRUITS are simply manifestations of some spiritual / emotional ROOT ... examples of fruits could be anger, addictive behaviors, arrested development, anxiety, worry, and so forth.

The J2F series will help you recognize the ROOT issues in your life, and how to deal with them ... the series is also the foundation to our counseling, as we have found it is so important that people have an understanding of all these issues, in order to pray more effectively.

Note: We have found that deliverance and inner healing are not just a prayer ... we are very complicated beings, and there are so many areas one has to explore to find the roots of so many issues we battle with.

This is why we ask people to work through the entire J2F series in order ... this enables the person to;

- understand what went wrong and
- how they are able to receive healing
- and keep their deliverance.

The manuals are really **just the framework for the series**, where the DVD's are the real "meat" with Amanda teaching/expounding the material, using real-life examples, as well as slides and diagrams.



These will give you more information about the manuals and what is covered in each book:

- [J2F Book 1: Man's Purpose And The Gifts Of The Spirit](#)
- [J2F Book 2: Generational Blessings](#)
- [J2F Book 3: Blessings And Curses On Motherhood](#)
- [J2F Book 4: Understanding Water And Spirit Baptism](#)
- [J2F Book 5: Spying Out The Land](#)
- [J2F Book 6: Dealing With The Giants And Strongholds](#)
- [J2F Book 7: Uprooting Generational Heart-Attitudes And Roots](#)
- [J2F Books 8 & 9](#): These books is not free to download, due to copyright
- [Dealing with the Occult Root](#): a free download
- You may also download the [Work Book](#) to test what you have learned.

We also strongly recommend working through the J2F **series in order**.

Each manual / DVD builds upon the previous, first laying the foundations of:

- Understanding our spiritman and gifts, as well as building up our spirit,
- Understanding the vital role of the father - father building in BLESSINGS and taking up his authority/role as head of the household,
- Understanding the role of the mother in nurturing and bonding, as well as the curses that can come from un-Godly mothers,
- Being equipped with baptism (both water and Spirit),
- Understanding spiritual warfare and the Armour of GOD,

... BEFORE dealing with the giants (manual six).

In J2F, we have tried to cover ALL aspects to restoration in both individuals and families, and have set the series out in order to ensure a proper foundation before dealing with personal deliverance and/or generational curses.

In our experience, we have found that those who "jump" first to deal with generational curses, without having the family foundations in place, have great difficulty in maintaining their deliverance.

1. Please complete the [Redemptive Gifts questionnaire](#) and take it with if you see a counsellor.



2. You can also check out all the [Prayers and Petitions](#) that are relevant to your family on our website.

You can make a list of all that you recognise in your own life - and this will help us to discern where to go from there. OPTIONS FOR THE DVDs

You have an option to [RENT the DVDs](#) .

Hope this helps to get you going!!

You are welcome to send us questions as you work through the series.

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