



Amanda's prime focus is on **equipping and teaching** believers through DVD's and/or manuals throughout the world. As a result of preparing for her teachings and travelling schedule, she is no longer available to see anyone personally.

We are not a crisis deliverance ministry. From experience, we have learned that **prayer alone is not going to help**. The prayers **work together with** the J2F series AND J2W. Working through them ensures that you understand the full understanding of the spiritual realm so that you can pray much more effectively.

Please work through **Manuals & DVDs** of Journey2Wholeness.

[Journey2Wholeness \(J2W\)](#)

J2W goes so much DEEPER into dealing with childhood wounds, INNER HEALING, practical mind renewal, and walking in the WHOLENESS Messiah Y'shua (Jesus) has provided for us!

While J2F focused on cleaning you up, closing illegal gateways, and breaking bondages - **J2W focuses on** emotional pain, inner wounds, arrested development and restoration.

J2W includes:

- Breaking the curse of illegitimacy and shame.
- The impact of emotions, stress, and thoughts on physical health.
- Dating, courtship, sexuality and GOD's Plan for covenantal marriage.
- More fully understanding rejection, and how to walk in healing.
- Understanding the power of the subconscious mind, the lies/perceptions (LIFE COMMANDMENTS) of our childhood ... practical mind renewal and how to walk in victory.
- Dealing with anger, forgiveness, and grief.

Journey2Wholeness is our follow-on series, after working through **Journey2Freedom**. J2W deals with the very important "other side of the coin" to deliverance and breaking generational curses ... inner / emotional healing and maturity. Both dealing with deliverance and inner healing are so essential in themselves ... but you cannot have the one without the other!



While J2F focused on cleaning you up, closing illegal gateways and breaking bondages - J2W focuses on emotional pain, inner wounds, arrested development, and restoration.

J2W also includes:

- Dating vs. **COURTSHIP**
- Dealing with **ANGER**
- Dealing with **GRIEF**

Like J2F, this series is quite **INTENSIVE** ... J2W is really the practical “**how to**” series in **walking in complete healing and victory**. There are no lasting band-aids or plasters (B.E.E.P.S.) to inner wounds and pain, only the everlasting Cure of Messiah Y’shua (Jesus) and His Ways.

Walking continuously in victory IS POSSIBLE in and by HIM!

You have an option to [RENT the DVDs](#).

J2W is a 24-DVD series, along with three manuals:

- [J2W Book 1](#): Breaking The Curse Of Illegitimacy And Shame
- [J2W Book 2](#): Emotional Pain And Building Healthy Relationships
- [J2W Book 3](#): Emotional Pain And Restoring Relationships
- [J2W Book 4](#): Things your Mother never told you
- [Book 5](#): Growing up in Y’shua’s Name (follow up on J2W) (a free download)

The J2W DVD flow is:

J2W Book 1 = DVD’s 1-6

J2W Book 2 = DVD’s 7-20

J2W Book 3 = DVD’s 21-24

no DVDs available on books 4 & 5

If you have not completed the [Gifts of the FATHER questionnaire](#), please do so now.

Link to all [Prayers and Petitions](#).

Make a list of all that you recognise in your own life and this will help you to discern where to go from there.



Hope this helps to get you going!!

You are welcome to send us questions as you work through the series.

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