

J2F CHECKLIST

The following checklist has been put together to help both you and your counsellor work through the various roots / issues that must be broken off, renounced, and dealt with.

Please note, this checklist is only a *guideline*.

We have tried to cover as many of the major points as possible, however there may (and probably will) be roots / issues in your life that are not listed. We encourage you to list these in the last section of this checklist (blank lines). If you are not sure of something, we encourage you to list it anyway. This way, you and your counsellor can pray and work through all roots / issues that the Holy Spirit may be highlighting.

In working through the checklist, mark a *check* if you or your ancestors have had involvement in the point listed. If you are able to answer specifically (if there are several points listed in one box), we encourage you to do so in the space provide.

Divination

Divination is discovering hidden knowledge, foretelling, foreseeing future events, and/or fortune-telling.

Involvement in DIVINATION	Ancestors	Self
Astrology, horoscopes, zodiac signs ...		
Amulets (tiger's claw, shark's tooth, horse-shoe, mascots, talisman, and so forth) ...		
Blood, hair, saliva analysis using witchcraft methods ...		
Tarot cards ...		
Spinning knife ...		
Palmistry, reading of palms ...		
Graphology, interpretation of handwriting ...		
Dowsing or witching for water, minerals, underground cables, or finding out the sex of an unborn child using a divination rod, pendulum, twig, and/or planchette (Hosea 4:12) ...		
Un-Scriptural dream interpretation, as with the books by Edgar Cayce ...		
Pyramidology (mystic powers associated with models of pyramids) ...		
Crystal ball ...		
Past life readings ...		
Tea leaf or coffee cup readings ...		
Character analysis ...		
Fortune cookies at Chinese restaurants ...		
Turning apple stem ...		
Wish on a shooting star ...		
Wish on a eyelash ...		
Wishbone wishes ...		
Reading of intestines ...		
Fortune-telling with a scepter ...		
Wedding cake under pillow ...		
Scratching out of names to find out name of future spouse ...		
Blowing birthday candles and wishing ...		
Throwing the bones (dolos) ...		
Other ...		

Witchcraft and Magic

Witchcraft is the manipulation, intimidation, and domination of supernatural forces for one's own ends. Magic includes books thereon or any related subject.

Involvement in WITCHCRAFT and MAGIC	Ancestors	Self
Involvement in WHITE magic, including:		
Writing names on paper and burning it to ashes ...		
Calling of names in four corners of room ...		
Looking in mirror at midnight ...		
Biorhythms with the moon (Deuteronomy 4:19) ...		
Chicken wishbones ...		
Chain letters ...		
Blowing warts to moon or planting it into a potato or plant, blowing over body parts to the moon, and so forth ...		
Magic potions, herbs, and/or powders ...		
Malay magic (Slamaaiers) ...		
Nails/hair planted to keep away evil spirits, or to stop occultic happenings ...		
Driving in pegs on the corners of a plot to chase away evil spirits ...		
Involvement in BLACK, red, green, neutral magic, and/or DEATH magic (where the name of a sickness plus a written spell is cast into a coffin or grave), including:		
Swearing oaths ...		
Firewalking or dancing around so-called "holy" fires ...		
Satanism ...		
Witchcraft (manifestations can include stomach pains and nausea) ...		
Witchdoctor, including consultations, medicines, charms, and so forth ...		
Voodoo ...		
Songomas, Njangas, Muti ...		
Numerology ...		
Kabalah ...		
Ashes ...		

Spells, hexes, curses, as well as the use of symbols ...		
Incantations ...		
Sorcery ...		
Water witching, hydromancy (divination by viewing images in water) ...		
Mind control and telepathy (manipulating and control others through your mind-power) ...		
Harassment by psychic means ...		
Ventriloquism (not simple puppetry) ...		
Evil thoughts ...		
Water witching ...		
Burying objects ...		
Graveyard experiences ...		
Ancestral worship (including the rituals done at funerals, and at the times of dedication) ...		
Rubbed with the contents of animal stomachs ...		
Items nailed to a tree ...		
Items thrown into the sea, river, and/or dam ...		
Idolatry (anything you worship that is not God) ...		
Incense burning ...		
Cuts, burnings, and/or piercings on the body ...		
Hairstyles with occult themes (punk, goat's, and/or devil's tail) ...		
Pestering through psychic powers ...		
Sleep-paralysis ...		
Other ...		

Spiritism

Involvement in SPIRITISM	Ancestors	Self
Séances and/or trances ...		
Materialization (physical appearance of demons during séances) ...		
“Trumpet speaking” (a medium’s demonic way of speaking) ...		
Apportations (objects appear in the air) ...		
Spirit raps (demons answer through rapping sounds) ...		
Spirit photography (mediums allow the dead to appear through familiar or familial spirits) ...		
Imaginary friends and/or escape escorts ...		
Automatic writing and/or drawing ...		
Playing with the glass ...		
Spirit guides ...		
Ouija board ...		
Table rapping ...		
Telekinesis (allowing objects to move or stop without physically touching them) ...		
Consultation with a medium ...		
Consultation with a psychic healer ...		
Consultation with a clairvoyant ...		
Consultation with a familiar spirit ...		
Reincarnation (including déjà vu experiences) ...		
Astral traveling (Ecclesiastes 12:6, silver cord) ...		
Psychic experiences or gifts (reading time with your mind) ...		
Psychic phenomena (including imaginary friends) ...		
Psychokinesis (lighting fires, fusing light bulbs, and so forth) ...		
Poltergeist (noisy ghost) ...		
Psychometry (contact points including bangles and/or jewelry) ...		
Stigmata (“wounds of Jesus”, blood from idols and/or statues) ...		
Non-Christian exorcism (including “rescue circles”) ...		
Science fantasy (including “Star Wars”, “Star Trek”, and “E.T.”) ...		
Levitation (person moving above ground) ...		

Related literature (Edgar Cayce, Lobsang Rampa, Aleister Crowley, Manley Hall, and so forth) ...		
Santeria (organization) ...		
Astara (organization) ...		
Other ...		

ESP (Extra Sensory Perception)

Involvement in ESP	Ancestors	Self
Telepathy (knowing another's thoughts) ...		
Second sight (born with caul) ...		
Visionary dreams or prophetic insight NOT from the Holy Spirit (examples of this include Jeanne Dixon and Nostradamus) ...		
Clairsentience (irrational diagnosis of illness (examples include concentration, crystal ball gazing, and/or touching with the hand) ...		
Pendulum rod (cork/hair tied to a hair or cotton thread to determine baby's gender) ...		
Other ...		

Mysticism

Mysticism is that belief that man can acquire spiritual truth through intuition by fixed meditation, human reason being set aside.

Involvement in MYSTICISM	Ancestors	Self
Seeing demons (NOT as a gift from the Holy Spirit) ...		
Hearing demons ...		
Demons tormenting you ...		
Not believing in demons ...		
Sex with demons (spiritual spouses) ...		
Transcendental meditation (concentration, "moving to higher levels") ...		
Eastern forms of meditation ...		
Yoga (kundalini) ...		
Reiki ...		
Eckankar (soul traveling) ...		
Shiahatsu ...		
Martial arts (including Karate, Judo, Kung Fu, Ninja, Maya Kiri, and so forth) ...		
I Ching (occultic textbook) ...		
Hypnosis (Deuteronomy 18:10; Romans 6:16) ...		
New Age ...		
Ikabana flower arrangements (sun worship) ...		
Bonsai trees ...		
Burning of incense ...		
Fung Shei ...		
Mind expansion to higher consciousness through drugs (DMT), music, mind-techniques, meditation, drawing and colouring mandalas and so forth ...		
Other ...		

New Age and/or Occult Alternative Medicine

Much research has been done today that much of what was first thought as “occult” is actually scientific. However, it is VERY important to know the source of the power being used. The person performing and/or prescribing the treatment methods must be a born-again believer. You must distinguish between scientific methods, and those using the occult and/or New Age.

Involvement in ALTERNATIVE MEDICINE	Ancestors	Self
Chiropractics ...		
Homeopathy ...		
Aromatherapy ...		
Reflexology ...		
Acupuncture ...		
Kinesiology ...		
Other ...		

False Religions

This includes cults, metaphysics, and related literature.

Involvement in FALSE RELIGIONS	Ancestors	Self
Mormonism ...		
Rosicrucianism ...		
Jehovah's Witness ...		
Swedenborgianism (Church of the New Jerusalem) ...		
The Way International (The Christian Education Society) ...		
The Family ...		
Bahai ...		
Scientology (L. Ron Hubbard) ...		
The OLD Worldwide Church of God (under the leadership of Herbert Armstrong), Plain Truth Magazine (please note, the NEW leadership of this organization has repented and corrected their ways) ...		
Moonies ...		
Old/New Apostolic Church ...		
Hare Krishna ...		
Christian Science ...		
Buddhism ...		
Children of God ...		
Zen ...		
New Thought ...		
Islam ...		
Unity School of Christianity ...		
Hinduism ...		
Spiritual Frontiers Fellowship ...		
Black Muslim Church ...		
Christadelphians ...		
Indian Occult Rituals ...		
Rastafarianism ...		
Any/all teaching of a guru ...		
Other ...		

Secret Societies and/or Organizations

Secret societies require a blood oath with the organization, group, and/or persons.

Involvement in SECRET SOCIETIES	Ancestors	Self
Freemasonry ...		
Ossewa Brandwag ...		
Afrikanerbond, Broederbond ...		
Hitler/Nazi movement, SS ...		
Fraternity ...		
Sorority ...		
Ku Klux Klan ...		
Order of Darkness ...		
The Brotherhood ...		
The Brotherhood of Ram ...		
Sons of Satan ...		
The Order, Temple of Set ...		
Eastern Star ...		
Knights of Columbus ...		
Rainbow Girls ...		
Sworn falsely (Zechariah 5:1-4) ...		
Gangsterism (name the gang you were in or the number gang in prison - 26, 27, 28)...		
Other ...		

Non-Secret Societies

Non-secret societies require an un-Biblical pledge, oath, and/or loyalty.

Involvement in NON-SECRET SOCIETIES	Ancestors	Self
Clubs ...		
Gangs (including biker's gangs) ...		
Humanistic organizations (including peace, green-peace, feminist movements) ...		
Un-Biblical government parties (such as Communism) ...		
Other ...		

Miscellaneous Occult Involvement

Involvement OCCULT/DEMONIC OPENINGS	Ancestors	Self
3D pictures ...		
False teachings/literature on UFO's, aliens, fallen angels, and/or nephilim (for example, "Chariots of the Gods" by Erik von Danieken) ...		
Superstitions (thirteen, eleven, black cat, crow, salt shaker falling over, wedding cake under pillow, opening umbrella in the house, lucky charms, and so forth) ...		
Hallucinations ...		
Nightmares, night tremors ...		
Un-Godly TV, films, movies (all horror; specific titles include "Star Wars", "The Omen", "Rosemary's Baby", "Bridie Murphy", "The Believers", "Angel Heart", "The Serpent And The Rainbow", "The Lord of the Rings", "Harry Potter", "Twilight", "Avatar", "Charmed", "Ghost Whisperer", "Medium", "X-Men", and so forth) ...		
Un-Godly video/computer games (including violent games; specific titles include "Ben Ten", "Zelda", "Second Life", "Avatar", and so forth) ...		
Un-Godly literature (specific titles include "Twilight", "Harry Potter", "Sun Signs" by Linda Goodman, books by Norman Vincent Peale, books by Jonathan Livingstone Seagull, books by Dale Carnegie, books by Stephen King, and so forth) ...		

Occult literature, including “The Greater World”, “The Sixth and Seventh Books of Moses”, “The Other Side”, “The Book of Venus”, books by Levi Dowling, books by Arthur Ford, Johann Greber, Andrew Jackson Davis, Anton Le Vay, Ruth Montgomery, John Newborough, Dennis Wheatley, and so forth ...		
Occult (Deuteronomy 7:25-26) jewelry (hexagram and pentagram, hand of Fatima), objects, and/or symbols (including Zodiac charms, yin-yang, Ankh “cross of life”, peace sign, crescent sign, Eprechaun’s staff, dragons, Buddha, Hindu, and Chinese deities, horse-shoes, and so forth) ...		
Eastern objects/symbols (including art, carpets, statues, idols, and so forth) ...		
Folklore (sinterklaas, father Christmas, Easter bunny, Easter eggs, fairy tales, fairies, gnomes) ...		
Visiting of pagan temples and/or places of worship (2 Kings 5:18) ...		
Visiting of burial grounds (such as Indian holy men, African culture) ...		
Worshipping (church) leaders/pastors instead of worshipping God, trusting in the flesh (Jeremiah 17:5-6) ...		
Un-Scriptural traditions (Constantine religion) ...		
Rituals (candles, incense) ...		
Condemnation (person must work/pay for forgiveness) ...		
Other ...		

Sexual Iniquities

Involvement in SEXUAL INIQUITIES	Ancestors	Self
Adultery (sexual encounter with the opposite sex outside of marriage) ...		
Fingering ...		
Uncovering (denudation) ...		
Sodomy (anal sex)...		
Harlotry ...		
Lesbianism and/or homosexuality ...		
Transvestism ...		
Pre-marital sex (fornication) ...		
Illegitimate children (Deuteronomy 23:2) ...		
Incest ...		
Rape ...		
Sex with demons (can manifest in dreams) ...		
Pedophilia (sexual attraction to children) ...		
Bestiality (sex with animals) ...		
Pornography ...		
Sadism (sexual pleasure from infliction of pain and suffering upon another) ...		
Masochism (sexual pleasure from infliction of pain, humiliation, and/or domination upon another) ...		
Sadomasochism (combination of the two above) ...		
Abortion/s ...		
Sex toys ...		
Prostitution ...		
Molestation ...		
Masturbation ...		
Strip shows ...		
Geisha Girls ...		
Frigidity (lacking sexual responsiveness) ...		
Transsexuality, or desire thereof ...		
Seduction (Delilah) ...		
Switching partners (key parties, “swingers”) ...		
Sex orgies (including those for Satanism and the occult) ...		

Seen parents in nudity in perverse way ...		
Living together with partner ...		
More than one partner (three-some) ...		
Peeping Tom ...		
Lust ...		
Other ...		

Addictions, Dependencies, and/or Escapes

Involvement in ADDICTIONS	Ancestors	Self
Alcohol ...		
Nicotine ...		
Caffeine ...		
Any/all drugs (legal and illegal), including cocaine, tik, downers/uppers, marijuana, ecstasy, and so forth ...		
Pornography ...		
Masturbation ...		
Demonic Music ...		
Gambling (Proverbs 16:33; Isaiah 65:11-15) ...		
Gluttony (over-eating) ...		
Bulimia and/or anorexia (Psalm 107:17-20) ...		
Sports ...		
Entertainment (including TV, movies, magazines, tabloids, video/computer games, Facebook, Twitter, and so forth) ...		
Other ...		

Miscellaneous Openings ...

Involvement in OTHER OPENINGS	Ancestors	Self
Playing/acting demonic roles in dramas ...		
Certain types of (sexual) dances (Hip-Hop, Eastern, and so forth) ...		
IUD (Copper T, Multi-load) ...		
Tattoo/s (Leviticus 19:26-28) ...		
False oaths ...		
Treason and/or betrayal ...		
Dirty language and swearing ...		
Touching of corpses ...		
Not breaking curse of Halaal sign on food ...		
Rejecting God's Voice/Calling ...		
Blaspheming God and/or the Bible ...		
Grieving the Holy Spirit, cursing God ...		
Eating food offered to idols (Hindu weddings) ...		
Dishonouring parents (Proverbs 20:20; Ephesians 6:2-3) ...		
Divorce ...		
Death wish (idle words) ...		
Manipulations, intimidation, domination, (charismatic) witchcraft, operating in a Jezebel spirit ...		
Ahab (inferiority) ...		
Breaking of promises ...		
Hate ...		
Rebellion ...		
Bitterness ...		
Unforgiveness ...		
Love of money ...		
Wreaths of flowers around head or neck (such as those used on tropical islands for protection against evil spirits) ...		
Jealousy, envy ...		
Pride, arrogance ...		
False, hypocritical ...		
Lies, deception ...		
Too talkative ...		

Fear, anxiety (panic-attacks) ...		
Misery, sadness, never happy, depression ...		
Insulting ...		
Impatient ...		
Sleeping too much ...		
Uneasy with others (not trusting) ...		
Divisive, argumentative ...		
Doubt, unbelief ...		
Disrespectful ...		
Forgetfulness, confusion, losing time (DID) ...		
Spiritual drought, uninterested in the LORD ...		
Long periods without praying ...		
Laziness ...		
Bad education ...		
Trauma (in an accident, loss of loved one, violence, abuse, and so forth) ...		
Shock (from an accident, abuse, and so forth) ...		
Any/all mental illness (bipolar, depression, insanity, paranoia, schizophrenia, and so forth) ...		
All fears and/or phobias (such as worry, heaviness, fear of death, fear of small spaces, fear of people, fear of authority, and so forth) ...		
Dismissed from work ...		
Broken relationships ...		
Orphaned ...		
Having been poisoned ...		
Arrested, imprisoned, jailed ...		
Hospitalized for any reason ...		
False accusations ...		
Persecution ...		
Other ...		

Bloodshed

Involvement in BLOODSHED	Ancestors	Self
Wars ...		
Incisions ...		
Self-mutilation (cutting) ...		
Hemophilia ("Bleeder") ...		
Murder ...		
Suicide ...		
Abortion/s ...		
Violence, strife, and/or fighting ...		
(Suppressed) anger ...		
Constant and violent arguing (self and witnessed) ...		
Cruelty, unfair treatment/judgment (Deuteronomy 27:25), abuse (physical, sexual, emotional) against women, children, animals, and/or any persons ...		
All forms of racism ...		
Revenge, payback ...		
Plundering ...		
Blood pact, oath, vow, and/or sacrifices ...		
Bird of ill omen (owl, crow, ravens) ...		
Other ...		

Finances and/or Possessions

Involvement in FINANCES and/or POSSESSIONS	Ancestors	Self
Theft ...		
Fraud ...		
Withholding tithes (Malachi 1:14, 3:8-10) ...		
Standing surety for someone ...		
Dishonest gain ...		
Greed ...		
Love of money (diggings, gambling) ...		
Bribery and corruption ...		
Lying, cheating ...		
Moving boundaries of property ...		
Fighting over inheritance ...		
Irresponsible spending ...		
Job failures/losses ...		
Poverty ...		
Stinginess (what the Scriptures term “evil eye”) ...		
Goddess of Fortune (reliance upon fortune, luck, or fate) ...		
Lottery ...		
Bonus obligations ...		
Betting ...		
Fah Fie ...		
Sweepstakes ...		
Ithuba ...		
Coin flipping (tossing) ...		
Dice throwing ...		
Casinos ...		
Other ...		

Prenatal and Birth Experience

Involvement in PRENATAL and BIRTH EXPERIENCE	Ancestors	Self
Conception (premarital, rape, lust, perversion, incest, and so forth) ...		
Not welcome, not accepted in the family ...		
Abnormal pregnancy ...		
Attempted abortion ...		
Shocks during pregnancy (accidents, trauma) ...		
Difficult and/or abnormal birth (umbilical cord around neck, delivery by forceps, C-section, induction) ...		
Place of birth ...		
Parents not content/accepting of gender ...		
Star sign ...		
Names (family names), nicknames ...		
Other ...		

Family Patterns

Please check if the following patterns are common in your immediate or extended family (which includes aunts, uncles, cousins, and so forth).

	Lack of intimacy in marriage (with your spouse).
	Women dominating men.
	Family secrets.
	Sexual iniquities.
	Deformity (physical and/or mental).
	Children idolized.
	Favoritism shown among children.
	Lack of communication between spouses.
	Idolatry (sports, beauty, children, spouse, and so forth).
	Incest.
	Illegitimate children.
	Lack of intimacy/communication between parents and children.
	Children not valued.
	Most family members are followers of Messiah Y'shua (Jesus).
	Most family members are NOT followers of Messiah Y'shua (Jesus).

