

JOURNEY

FREEDOM!



*Traveler's Handbook:
Spying out the land*

Traveler's
Handbook:
Spying out
the land

We see the
land ... The LORD
our God has
given us a GOOD
land, a land
flowing with milk
and honey ...
Let us enter in!

Amanda Buys' Spiritual Covering

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The Priestly Blessing ...

Numbers 6:24-26

“²⁴ The LORD bless thee, and keep thee: ²⁵ The LORD make his face shine upon thee, and be gracious unto thee: ²⁶ The LORD lift up his countenance upon thee, and give thee peace.”

The Priestly Blessing ...

Hebraic Translation

"YHVH will kneel before you presenting gifts, and He will guard you with a hedge of protection, YHVH will illuminate the wholeness of His Being toward you, bringing order, and He will provide you with love, sustenance, and friendship, YHVH will lift up the wholeness of His Being and look upon you, and He will set in place all you need to be whole and complete."

The Priestly Blessing¹

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ:

and may he guard you the LORD may he bless you

May the LORD² bless you³ and keep you⁴

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְךָ:

and show you favor on you his face the LORD May he shine

May the LORD make His face⁵ shine⁶ upon you and be gracious⁷ to you

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם:

peace for you and establish on you his face the LORD may he lift up

May the LORD lift up⁸ his face to you and give you peace⁹

¹ This blessing is (ritually) recited (by the kohanim) during synagogue services during *Nesiat Kapayim* ("the Raising of the Hands"), though it is also recited over children on Friday night before the start of the Shabbat meal or as a bedtime blessing.

² The name *YHVH* (יהוה) represents God's attributes of love and mercy (מִדַּת הַרַחֲמִים), in contradistinction to the name *Elohim* (אֱלֹהִים), which represents God's attribute of justice and power as our Creator.

³ בְּרַכָּה (*b'rachah*). Jewish tradition considers this both material and spiritual prosperity. Pirkei Avot 3:15 says, "If there is no flour, there is no Torah," by which is meant that material benefits are intended to help you pursue study of Torah. The first occurrence of the word "blessing" in the Scriptures pertains to *pru urvu* (פְּרוּ וּרְבוּ), "be fruitful and multiply" (Gen. 1:22).

⁴ שָׁמַר (*shamar*): To guard, protect, heed, as in the exercise of diligent care. Only God has the power to secure the conferred blessing and keep it from turning sour or from fading away.

⁵ The word for "face" (פָּנִים) is plural with the 3rd person singular ending. It is considered metaphorical since God is incorporeal. The plural form is thought by some to indicate God's revealed and hidden attributes in creation.

⁶ The hiphil verb (יָאֵר) comes from the word "light" (אֹר), and is thought to refer to God's wisdom. "May God enlighten you" with His wisdom, i.e., the Divine Light that preceded the work of creation (Gen. 1:3).

⁷ May God grant you grace or favor (חֵן), i.e., to understand the "breadth and length and height and depth" of God's love (Eph. 3:18). Grace refers to the bestowal of an undeserved gift. The blessing is bestowed even though unearned or unmerited.

⁸ Since one's face is an indication of the heart's attitude, Rashi says that this means God will suppress His anger by "looking at you" (if God is angry at you, He "turns His face away" and refuses to admit your presence). The "lifting of face" also pictures God lifting you up as a father might lift up his child in joy. The "showing of face" indicates spiritual intimacy.

⁹ All of the other blessings are useless without the establishment of inner peace, and therefore it is the seal of the blessing. Shalom (שְׁלוֹם) is not simply the absence of strife, but a balance and harmony between the finite and infinite, the temporal and the eternal, the material and the spiritual realms. Shalom is a gift from Sar Shalom (שָׂר שְׁלוֹם), the Prince of Peace.

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PREFACE

This is the fifth and final manual-group, the *“Traveler’s Handbooks”*, in the *“Journey2Freedom”* course. In the previous manuals we have studied:

- *“Man’s Purpose And The Gifts Of The Spirit”*

We discovered that each and everyone of us have been created by **God the Father** with a **UNIQUE** purpose and destiny. In fulfilling this **purpose**, God has placed within each of us a special combination of **gifts**. When we discover our gifts, and **develop** them, we are able to walk in **God’s Destiny** for us ... as well as being able to bless and **help others**. We also learnt how to **protect** our gifts from attack.

- *“Generational Blessings”*

Each and every one of us have been given a **piece of land**, a garden. This land represents ourselves, as well as our **family**. We studied the important and vital role of the **father** – how it is his job to keep, protect, and **nurture** the garden of our family. As **priest** of the home, a father has a mandate to **bless** his children. This **blessing** is not simply speaking words of encouragement – but **role-modeling**, training, and **teaching** our children to walk in **God’s Ways** and **SH’MA** His Voice in **LOVING** obedience. It is a father that establishes our **identity** and gives us **significance** ... and it is a father’s **purpose** to bring up his children in the LORD, leaving behind a **generational legacy** of righteousness.

- *“Blessings And Curses Over Motherhood”*

Just as important is the role of the father, so is the role of the **mother** to **nurture** and bond with her children. It is from our mothers that we learn to **develop** and interact in **relationships** ... we learn to either **LOVE** or FEAR, depending on our mother’s nurturing.

- *“Understanding water baptism (MIKVAH) and the baptism of the Holy Spirit”*

In order to possess and enter our land, we must be **empowered** and equipped! Both the water baptism [**mikvah**] and baptism in the **Holy Spirit** set us apart as unto the LORD, and empower us to walk this journey with **success**. The baptism in water [**mikvah**] of repentance is our declaration of **following Messiah** Y’shua [Jesus] as King and LORD ... it is our “change of status” from slavery and bondage to **NEW life** in Messiah. Baptism in the Holy Spirit is our receiving our own **special** prayer language – we now speak God’s Language! The Holy Spirit is also our **Perfect Counsellor**, directing and guiding our steps on this journey. He guides us into all **Truth**, strengthens us, and brings us **refreshing**.

- "Journey2Freedom – The Three Traveler's Handbooks"

Finally, like Israel in the Book of Deuteronomy, we are standing on the **border**, looking into the land. We have **come out** of Egypt, been through the Red Sea [**mikvah**], received the **Covenant** at Mount Sinai, and learnt the lessons of the **wilderness**. We are ready to enter and POSSESS the land. We have seen the **giants** and places of strongholds – and yet we know we have the **VICTORY** in Messiah! He will **lead us** into battle, and grant us the victory. Are you **ready** for the battle?



In this manual, we will be explaining the **warfare** ... just what the enemy is, how he and his kingdom **operate**, and the **weapons** we have in **Messiah** to fight. God has given us the land – His Fullness, Wholeness, and **FREEDOM** in Messiah – but we must **possess** it, we must fight. Are you **prepared** to take action? The **WILL** to possess the land is going to be one of the most important factors in gaining the **VICTORY**. The rest is just basic, straight-forward, **battle tactics** and warfare strategy. The motto? **Know** your enemy ... and be on the **offensive**.

Deuteronomy 1:21 "21 Behold, the Lord your God has set the land before you; go up and possess it, as the Lord, the God of your fathers, has said to you. Fear not, neither be dismayed."

We end this manual by looking at "the **other side** of the coin" – dealing with EMOTIONAL roots and pain. Satan does not only put us in bondage ... but he also **bruises** us. These bruises grow roots, which we will **need to face** and root out of our lives. The roots we will be looking at are: bitterness, **rejection**, rebellion, and pride. We will work through **forgiveness** and learn to **let go** of the past so that we can **embrace** our PURPOSE and destiny in Messiah Y'shua [Jesus]!

Introduction

Introduction

We have studied *“Man’s Purpose And The Gifts Of The Spirit”* and learned how to “grow” our spirits by speaking blessings over each other. We have discovered what our spiritual gifts are, and how we can be a blessing to the Body of Messiah. We also learned about the attacks against our gifts and how to guard and protect that which the LORD has given to each one of us.

We then studied *“Generational Blessings”* and how God had intended for each one of us to be blessed by an earthly father. God’s Heart has always been for His children to be blessed and protected by a daddy that is the “strongman” of the family.

We then looked at the role of the mother in the family, and how important her presence is in the lives of her loved ones.



We are now ready to start dealing with the enemy who has moved into our lives through the wrong choices our forefathers and we have made.

Primary purpose of this course ...

The primary purpose of this “Journey2Freedom” is God’s Primary Purpose. His Primary Purpose for us as individuals is stated in a number of different places in the Scriptures.

Basically, He wants us transformed and conformed into the Image of Messiah Y’shua [Jesus]. He wants Godly offspring that exhibit His Nature and Character – that think like He does, talk like He talks, and that view themselves and others as He views them.

In other words ... Abba Father wants children that are like their Daddy.

2 Corinthians 3:18 "18 And all of us, as with unveiled face, [because we] continued to behold [in the Word of God] as in a mirror the glory of the Lord, **are constantly being transfigured into His very own image in ever increasing splendor and from one degree of glory to another; [for this comes] from the Lord [Who is] the Spirit.**"

Romans 8:29 "29 For those whom He foreknew [of whom He was aware and loved beforehand], He also destined from the beginning [foreordaining them] **to be molded into the image of His Son [and share inwardly His likeness], that He might become the firstborn among many brethren.**"

As this is accomplished, we are able to increasingly love Him with an unconditional love, an *agape* love ... and being filled with this love, we can give it out to others. *Agape* is His Image, since "God is *Agape* [Love]".

Being "born again" ...

This is step one on the journey – the start. We apply the Blood of the Lamb upon the doorposts of our hearts ... we turn away from and come OUT of "Egypt" and it's system.

John 3:3-7 "3 Jesus answered him, I assure you, most solemnly I tell you, that **unless a person is born again (anew, from above), he cannot ever see (know, be acquainted with, and experience) the kingdom of God.** 4 Nicodemus said to Him, How can a man be born when he is old? Can he enter his mother's womb again and be born? 5 Jesus answered, I assure you, most solemnly I tell you, unless a man is born of water and [even] the Spirit, he cannot [ever] enter the kingdom of God. [Ezek. 36:25-27.] 6 What is born of [from] the flesh is flesh [of the physical is physical]; and what is born of the Spirit is spirit. 7 Marvel not [do not be surprised, astonished] at My telling you, **You must all be born anew (from above).**"



The first step in the process of being conformed into the Image of Messiah is to be born again – to be "converted", to be born "from above". The Holy Spirit places God's Incorruptible Seed inside of us, and we become a son of God.

1 Peter 1:23 "23 **You have been regenerated (born again), not from a mortal origin (seed, sperm), but from one that is immortal by the ever living and lasting Word of God.**"

We call this step **JUSTIFICATION** – we are made "just-as-if-we-never-sinned", clothed and covered with Y'shua's [Jesus] Righteousness.

Being made "holy/perfect" ☺ separated, set apart, and purified.

*1 Peter 1:15-16 "15 But as the One Who called you is holy, **you yourselves also be holy in all your conduct and manner of living.** 16 For it is written, **You shall be holy, for I am holy.**"*

At the moment of being born again, we "legally" become "holy" [justified], because God sees us in accordance with the results of the cross. We are clothed with Y'shua's [Jesus] Righteousness. However, if we look "underneath" this Righteous Covering, there are for sure some areas that are not "holy" or "perfect". Becoming holy and perfect – were Y'shua's Righteousness and Image is worked into every area of our life – is a journey, one step at a time. This process is called SANCTIFICATION. God the Father works in us and walks with us, making us bit by bit into His Likeness – that we become sons of our Father ... a people set apart and walking according to His Ways. We see this exemplified in Israel's journey.

After coming out of Egypt, God brought His REDEEMED People [those who applied the blood to their doorposts and came out of Egypt] to Mount Sinai and gave them His Instructions, what is called the Torah. We see that the Torah was both God's Marriage Covenant [in Hebrew this is called a "ketubah"] and His Instructions in how we live, walk, and act as His Beloved Bride. Remember, those who came out of Egypt were slaves ... God as Father has to teach us how to walk in His Ways, how to be His sons and daughters, and this is the journey of sanctification. You see, although Israel came out of Egypt ... there was still so much of Egypt – it's systems, values, and mindsets – in the people. It is the same with us. When we receive Y'shua [Jesus] as Messiah and King, we are instantly separated and set apart out of "Egypt" – the kingdom of darkness – into Messiah and His Kingdom. Our ownership is transferred from satan to God ... we are separated and set apart unto God, just as He is separate [Holy] from the world.

*Colossians 1:13 "13 [The Father] has delivered and drawn us to Himself out of the control and the dominion of darkness and has transferred us into the kingdom of the Son of His love, 14 **In Whom we have our redemption through His blood, [which means] the forgiveness of our sins.**"*

This journey of sanctification is also the journey of possessing our land – destroying the giants and strongholds of darkness that have taken up residence, either through our forefathers or our own choices, and keeping us from the FULLNESS of Messiah. Sanctification – through the VICTORY of Messiah – is "evicting" these giants and strongmen, so that ALL our land may be under the rule and reign of the King!

Another way of understanding the process of sanctification is to think of it in terms of farming. When we come to Messiah, we receive His Incorruptible Seed – a seed-form of the Essence and Nature of God. The process of sanctification is allowing, nurturing, and growing this Seed that is may sprout up, take over, and bring forth Fruit – Good Fruit filled with LIFE and love – of It's own kind. Just like a seed planted in a physical garden, we can help this Seed to grow by nourishing it and protecting it ... we can also hinder It's growth by not giving it nourishment, or allowing weeds to come up to stifle It.

Cooperating with the Holy Spirit ...



As we have learnt in the previous manual¹, both the mikvah [water baptism] of repentance and the baptism of the Holy Spirit are our “equipments” of EMPOWERMENT in order to walk out this journey, to possess our land. The Holy Spirit is the DYNAMITE-Power of God within us, strengthening our faith, enabling us to speak God’s Language ... we learnt that the basic responsibility of the Holy Spirit is to promote, activate, and energize the sanctification process in each of our lives. We can co-operate with the Holy Spirit and help the process along – which, by the way, is the best approach – or, we can resist the Holy Spirit and hinder or even stop the process. Please beware however ... resisting the Holy Spirit is never a good idea. He is determined to have a fit Temple for both Himself and us to live in, and we are wise to let go of the things that displease God and that are harmful to us. He has many, much better "things" for us anyway. Remember too, that the Holy Spirit is our Perfect Counsellor! He guides and leads us on this journey ... the wise traveler will head His Gentle Promptings and seek His Insight.

Salvation is an ongoing decision ...

Just as our initial salvation is a choice we must make, likewise the continuation of our salvation is an ongoing choice. Paul admonishes us to actively choose to work with the Holy Spirit, striving to be cleansed of "all filthiness of flesh and spirit". There is a purpose in this ... it is to "perfect" [complete, walking in wholeness and fullness] ourselves and to work towards holiness, and then to walk along side and help others.

¹ *“Journey2Freedom – Understanding Water Baptism And The Baptism Of The Holy Spirit”*

2 Corinthians 7:1 "1 **THEREFORE, SINCE** these [great] promises are ours, beloved, **let us cleanse ourselves from everything that contaminates and defiles body and spirit, and bring [our] consecration to completeness in the [reverential] fear of God.**"

Can we really do this? Can we really "cleanse ourselves" from the filthiness of our flesh? The Scriptures answer yes ... so, how do we do this?



Being cleansed ...

There are many ways and/or disciplines of holiness leading to sanctification. Reading and/or meditating on the Word of God – the Bible – praying in one's natural or in the Spirit language, listening to the Holy Spirit, worship, and so forth. Each of these different ways is a part of the process, if we will embrace them.

It is the Holy Spirit who does the cleansing ... but we have to co-operate.

As the Holy Spirit shows us areas of uncleanness in our lives, we must respond in obedience and do the necessary forgiving, releasing, repenting, and praying for healing and restoration.

With the help of the Holy Spirit, we can break curses, do self-deliverance, and heal our emotional wounds ... thereby doing spiritual warfare for ourselves. Or, for those who have deep-seated problems, we can allow other Christians to minister to us, ones that have been trained by the Holy Spirit to help us deal with areas we don't know how to, or that we don't even know exist.

Being Stuck ...

No matter how well we pursue the spiritual disciplines, it seems that each of us, sooner or later, runs into walls, barriers, and obstacles of some sort, that, seemingly, we can't break through.

Some of us have this happen right after we are born again. Our obstacles are already "in place", obvious, and have us "stuck". And we don't know how to get "unstuck". We need help from others, and "we need it NOW!"

Pride, independence, rebellion, unforgiveness ... the Holy Spirit knows how to work with us no matter what.

Some of us would like to "just do it" on our own, without needing help from others. There is possibly an element of pride in this attitude, because God seems to have deliberately put us in families, and made us dependent on each other. In fact, James clearly states that we are to call on the elders in the church and pray for each other when we have need. It doesn't matter whether we would like to do it on our own or not. Stuck or not, like it or not, we are dependent on each other.

*James 5:14-16 "14 Is anyone among you sick? **He should call in the church elders (the spiritual guides). And they should pray over him, anointing him with oil in the Lord's name.** 15 And the prayer [that is] of faith will save him who is sick, and the Lord will restore him; and if he has committed sins, he will be forgiven. 16 Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed and restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]."*

The need for formal counseling-therapy ...

There have always been those in the church/community who are the "elders" – those who have grown in the LORD, matured, gained God's Wisdom and peace [shalom], and who are ruled by the Holy Spirit rather than by their carnal nature. These are the ones who we naturally go to for help.

Formalizing the counseling-therapy should promote safer, more effective ministry ... leading to faster maturing, healed saints.

All that we are doing in this "Journey2Freedom" series is putting together the study material and formalizing this natural occurrence – training and equipping mature followers of Messiah Y'shua [Jesus] to be more effective at their "job" than they might be otherwise.

Setting up a "Journey2Freedom" school is simply setting up a system so that more of people can be effectively helped – and healed – safely. This way, the entire church/community can grow and mature in the LORD ... even that "stuck" person, or the one who would like to be "independent".

Why some don't seek help ...

There are some unfortunate misconceptions that really block people from getting counseling therapy when they need it. We want to expose these misconceptions, and help you think through them. Please don't let any of these misconceptions keep you from God's further healing and freedom.

Deadly misconceptions:

1. I was perfected at the time of my salvation.
2. My past no longer affects me once I am saved.
3. Once saved, I will AUTOMATICALLY grow up into the Image of Messiah.

These are vicious misconceptions that cause passivity in this walk. They cause us to put up with hassles and oppression from demons; they cause guilt and discouragement; and they hinder our maturing into Godliness. In extreme cases, these misconceptions can cause us to reject our faith and to walk away from Messiah Y'shua [Jesus]. Over all, they are very deadly. Let's look at them one by one.

- **I was perfected at the time of my salvation.**

This misconception really blocks people from receiving much needed help. If we are supposed to be "perfected", then we're not supposed to need help, much less ask for it. Right? We are not supposed to have any problems! We are supposed to "have it all together".

So if we have problems, this really puts us in a bind. Where can we go for help? How can we testify about the "overcoming" life if we are not "overcoming"? It can be a major cause of confusion and of "giving up" on this journey, following after Messiah.

If I'm already perfected, why am I acting the way that I am, and feeling the way that I feel?

The concept, "I was perfected at the time of my salvation", comes from a misinterpretation of a very wonderful verse of Scripture:

2 Corinthians 5:17 *"17 Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!"*

This verse tends to be interpreted: "Old things are passed away, so they don't have any effect on me ... now I'm a new creature, and have no problems". It is also interpreted that there are no "open doors" from the past through which the enemy can work. Let's look at an example.

Let's say that you have a terrible problem with rejection, and you get "saved". You will likely still have your terrible problem with rejection. It is the exception rather than the rule that you will be delivered from rejection and its effects on and in your life at the time of your salvation. What is the truth? This rejection issue is so rooted, has so many interconnections, has so much "legal" ground, that it is not easily eliminated. God will have you work through most of the different aspects of rejection before you will be completely free. It's not that God can't heal you, but He does follow His Word.

There are usually "legal" transactions that have to occur, such as forgiving someone or confessing sin. You have a part to play. For instance, you might have to make some decisions that nullify previous decisions made by yourself and your ancestors.

What if you are saying to yourself, "I'm a new creation, I don't have any right to still feel rejection". What happens? Well, what happens is that a lot of self-condemnation, frustration, and a sense of failure will likely develop in your life.

Proper understanding of the spiritual realm and sanctification ...

It is true that once our spirit comes alive with the rebirth, we are a new creature ... our spirit is instantly regenerated. However, that doesn't mean that the body and the soul [including our mind] are regenerated. They are still in the process of becoming new, through the sanctification process. Other Scriptures wouldn't make any sense if this weren't true. Actually, all we have to do is look around at other people to know that this is truth ... or we can look into the mirror.



When we read 2 Corinthians 5:17 in context, we see that Paul is talking about the spiritual realm. He refers to not knowing Messiah any longer after the flesh, but after the spirit.

Further, when we look up the Greek verb in the phrase "all things are become new", we find the word *ginomai* translated as "are become".

Ginomai is a perfective verb tense, which has to do with a past event that has ongoing consequences, not completed consequences. A "long-winded" translation might be ... **"all things are become, and are continuing to become, new"**.

Our past salvation was an "event", and it continues to have ongoing consequences. We don't know about you, but we are glad that God's Salvation continues to work in our lives. We would hate to be stuck in our past – or current – condition.

In terms of other Scriptures that do or do not support the "perfected" concept, we don't have to search the whole Bible – although there are many other Scriptures that apply. All we have to do is to move back two chapters and ahead two chapters. We can stay in the same book with the same author, and let him give us more understanding about his writings. In Second Corinthians, we read in context that:

*2 Corinthians 3:18 “18 And all of us, as with unveiled face, [because we] continued to behold [in the Word of God] as in a mirror the glory of the Lord, **are constantly being transfigured into His very own image in ever increasing splendor and from one degree of glory to another; [for this comes] from the Lord [Who is] the Spirit.”***

We would not need to be transformed into Messiah's Image from glory to glory if we have already arrived. There is a strong implication of time, of progress, of a sequence of events leading us through the transformation process – the sanctification process.

Now, looking ahead two chapters at the other passage:

*2 Corinthians 7:1 “**THEREFORE, SINCE** these [great] promises are ours, beloved, let us cleanse ourselves from everything that contaminates and defiles body and spirit, **and bring [our] consecration to completeness in the [reverential] fear of God.**”*

Again, this verse implies a time process for cleansing and perfecting holiness. Even more, **it squarely lays a responsibility upon us to do, or to be involved in, the cleansing.** Our understanding of this is ... it is our responsibility to make ourselves available to the Holy Spirit, and to be obedient to His Directions, so that He can do the actual cleansing.

Neither of these two verses gives us any room to be "perfected" at salvation. They both have a time aspect, a process, a series of "ongoing consequences" ... a JOURNEY. There are numerous other Scriptures that also contain the same time aspect, implying an ongoing process and action. Some examples are:

*Romans 12:2 “2 Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], **but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude],** so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you].”*

*2 Timothy 2:21 “21 So **whoever cleanses himself** [from what is ignoble and unclean, who separates himself from contact with contaminating and corrupting influences] will [then himself] be a vessel set apart and useful for honorable and noble purposes, consecrated and profitable to the Master, fit and ready for any good work.”*

*James 1:21, 27 “21 **So get rid of all uncleanness** and the rampant outgrowth of wickedness, and in a humble (gentle, modest) spirit receive and **welcome** the Word which implanted and rooted [in your hearts] contains the power to save your souls. 27 External religious worship [religion as it is expressed in outward acts] that is pure and unblemished in the sight of God the Father is this: to visit and help and care for the orphans and widows in their affliction and need, and to keep oneself unspotted and uncontaminated from the world.”*

1 John 3:3 "3 And everyone who has this hope [resting] on Him cleanses (purifies) himself just as He is pure (chaste, undefiled, guiltless)."

If we are already perfected, all these verses about what we need to do to grow and to be clean and to be sanctified wouldn't need to be in the Bible. So, we need to not be deceived by the misconception that we are supposed to be perfect already. If you have accepted this lie, let us encourage you to let go of it.

- **My past no longer affects me once I am saved.**

The good news is that our past is truly forgiven. The price for our sins has been paid through the cross of Messiah Y'shua [Jesus]. The bad news, however, is that the past does still effect us.

Our body and soul/mind are still "in process". Past habits of sin and ongoing weaknesses of the flesh need correcting. The beliefs of the mind, the continued action of ancestral curses, the hurts to our soul and spirit, and the influence of demonic spirits, still need to be attended to. We don't get rid of all the demonic oppression just because we get saved.

Sometimes we are gloriously set free in some area, for example, from addiction to alcohol, or lust, or cigarette smoking. Sometimes, God just sovereignly moves and sets us free. Generally however, this wonderful freedom does not just "come" to every area of our life ... it is a process of step-by-step gaining more ground, and walking in more freedom and healing.

There is also the danger of walking in DENIAL of your past. Remembering the TRUTH of who you are and where you come from, will progressively make you free! You need to embrace the truth of your past and deal with every sinful detail before the LORD, and then you will be set free and delivered.

God wants us to come to Him, grab hold of Him, and receive His Healing for ALL areas in our lives. It is wise to go back into the past and bring the various issues before God and do what is necessary to cleanse them. Then, we can move into the future without the past jeopardizing us, without needing to dwell on it.

- **Once saved, I will automatically grow up into the Image of Messiah.**

This is the third misconception. It would be nice, really nice, if it were true. After all, puppies grow up into dogs and kittens into cats, so we should just automatically grow up into the Image of Messiah. Right? No, unfortunately, we don't.

We have to make an ACTIVE stand. All the way through, the Bible addresses the issue of being active in our walk of faith. This concept is very prevalent. We can't get away from it.

Particularly in the Epistles, Paul writes admonishing us to be active as we "put off the old man", and we "put on the new man". That's action. Engage in warfare, overcome evil with good, overcome satan, repent, turn away from ... ACTION, participation, and co-operation with the Holy Spirit. In each of these commands, we are told to DO something. We are to be active and engage ourselves with the Truth, working with the Holy Spirit, so that we will grow spiritually and mature in the things of God.

Do you know what will happen if we just stand still, if we become passive? We will go backwards. When we let the flesh go its own way without fighting against it, it will take us back into sin. When we don't know how to stand against demonic forces, they will push us backwards. Demons encourage the flesh. So, we have to become active, actively engaged in the process of our cleansing and our standing against the enemy. Otherwise, we will not only not automatically "grow up", but we will slide back into immaturity.



Once we realize that we have powerful spiritual weapons to fight with that make us victorious, our concept changes of what it means to be in God's army.

There are two more verses we would like you to have in your arsenal of weapons concerning the need for us to choose, to be active, in order to receive God's Healing and FREEDOM.

*Romans 8:13 "13 For if you live according to [the dictates of] the flesh, you will surely die. But if through the **power of the [Holy] Spirit** you are [habitually] putting to death (making extinct, deadening) the [evil] deeds prompted by the body, **you shall [really and genuinely] live forever.**"*

*Colossians 3:1-2 "1 IF THEN **you have been raised with Christ [to a new life, thus sharing His resurrection from the dead], aim at and seek the [rich, eternal treasures] that are above, where Christ is, seated at the right hand of God. 2 And set your minds and keep them set on what is above (the higher things), not on the things that are on the earth.**"*

Lastly, it is hard to be an overcomer if we are passive. Let these Scriptures encourage you.

It is time to let go of all misconceptions concerning our need for further healing, once we have been saved. It is time to get rid of any other misconceptions we have about God and His Kingdom. Now is the time to receive all that He has for us, whether it comes directly from the Holy Spirit, or indirectly through one of God's human instruments.

Foundational principles ...

We need to understand the connection between God's Torah – His Instructions, Commandments, Teaching, Will, and Intent – and our walk as a disciple of Messiah.

Psalms 119:165 "165 Great peace have they who love Your law [Torah]; nothing shall offend them or make them stumble."

You might be saying ... "We are New Testament Christians, we don't have to worry about the Torah [Law] – you know, Paul writes in Romans [6:14], 'Ye are not under the law, but under grace'."

In the West we have received incorrect teachings about the word "law" – we were taught it is a list of rules of "do's" and "don'ts" ... it's legalism, religious acts – "we are now not under the Law – we are now free! We are under grace!"

However, the correct translation of the word Law/Torah² is God's Instructions, Teaching, Commandments ... the Revelation of His Will and Intent.

If you believe you are no longer under the law, we invite you to come along with us. We will help you gain an appreciation for God's Instructions, Teaching, the Revelation of **God's** Will and Intent, and how to be in harmony with it. The bottom line of what we want you to receive from this chapter is this.

God's Torah [Law] – His Instruction, Teaching, the Revelation of God's Will and Intent – very much applies to us as followers of Messiah Y'shua [Jesus], as well as to everyone else. There are consequences, sometimes severe consequences, for violating or breaking God's Law, even for Christians. It is far wiser to conform with and align with God's Instructions, than try to fight or buck them. It is similar to trying to swim upstream versus downstream. God says, "Get with the flow!" God has provided a way to get free of past mistakes, failures, sin, and so forth. We are not necessarily trapped. But, once free, walk in obedience from now on.

By the way, it is true that we are living "under" grace, but it's not true that we can ignore the Law/Torah – God's Instructions, Teaching, the Revelation of God's Will and Intent – which is the implied conclusion when we take the above quoted scripture out of context.

Let's start by being clear about what type(s) of Law we are talking about.

- **Natural law.**

There are natural, physical laws that God put into effect on day one of Creation (Genesis 1:3-5). Light was released, and with it, all of the laws of physics, chemistry, metallurgy, meteorology, and so forth, came into action.

² For additional study, please see our book "*Law vs. Grace*", available from the website or for order from the office.

By the end of the second day, material had been created out of raw energy; the land and sky was in place. Starting on day three, God began to bring forth living creatures. He established the biological and physiological laws, such as the biochemical laws, laws of reproduction, and so forth.

The most important law, the one that He really wanted us to understand, was stated at least twice for each group of living creatures. That is, each one produces [reproduces] after his own kind (Genesis 1:11-25). It is here that the universal law of sowing and reaping was put into action – the “Principle of the Seed”³.

God then crowned His creation by creating man in His Image. He gave man not only the ability to reproduce his physiological nature, but to also reproduce God's Spiritual Abilities and Characteristics.

We will continue to talk about some of these laws, because God uses the natural to teach us about the spiritual, about Him. This is what we call the “Law of Parallels”. Paul teaches us that the natural/physical comes FIRST ... then the spiritual.

*1 Corinthians 15:46-49 “46 But it is not the spiritual life which **came first, but the physical** and then the spiritual. 47 The first man [was] from out of earth, made of dust (earthly-minded); the second Man [is] the Lord from out of heaven. [Gen. 2:7.] 48 Now those who are made of the dust are like him who was first made of the dust (earthly-minded); and as is [the Man] from heaven, so also [are those] who are of heaven (heavenly-minded). 49 And just as we have borne the image [of the man] of dust, so shall we and so let us also bear the image [of the Man] of heaven.”*

⇒ God gave Adam a Commandment – the first law requiring obedience.

*Genesis 2:17 “17 But of the tree of the knowledge of good and evil and blessing and calamity **you shall not eat**, for in the day that you eat of it you shall surely die.”*

God gave a Commandment that included the consequence if the Commandment was disobeyed. Adam (and Eve) had been clearly informed. They disobeyed anyhow, and experienced the result – death. First, the spiritual death as they lost fellowship with God ... and then the physical death.

God had given a Law [Instruction], a Commandment, and they violated it. They experienced the consequences. To this day, we as their children too experience the consequence. We now know about good and evil. We could have been spared all that this represents.

- *The Law of Moses.*

As we have already mentioned, the Torah is God's Instruction, Teaching, the Revelation of God's Will and Intent.

³ For additional study, see our book “A Messianic Perspective of Sukkot”, available from the website or for order from the office.

Many years later, God has Moses written down and codify His Law into the first five books of the Bible – the Torah [Pentateuch]. This Law had different parts dealing with moral, ceremonial, and civil aspects of God's Covenant with Israel ... but this Law did not originate with Moses.

We have many Scriptural examples of men showing that they knew how to relate to God, how to obey His Law and Commandments [His instruction, Teaching, the Revelation of God's Will and Intent] well before Moses. For example, Cain and Abel both brought a sacrifice to God (Genesis 4:3-5). Enoch (Genesis 5:22, 24) and Noah (Genesis 5:29-9:29) both knew God and had fellowship with Him. Abraham gave a tithe to Melchizedek (Genesis 14:17-20), and was known for the many altars (Genesis 12:8, 13:4, 18, 22:9) to God that he built.



All of this shows us that God's Law [His instruction, Teaching, the Revelation of God's Will and Intent] was in place, that it was "in operation" before His formal Covenant with Israel through Moses.

Much of the Law is applicable to all of mankind. We see proof of this in the Prophets, as they bring Oracles or Burdens (Isaiah 13:1, 19:1, 23:1; Nahum 1:1) against the various nations of the earth that were violating God's Law. They were going to experience the consequences of their disobedience.

Note, when the Scriptures refer to the "Law", it is usually the Torah ... sometimes the Psalms and Prophets are included.

- *The Torah - God's Law [His instruction, Teaching, the Revelation of God's Will and Intent] .*

In one sense, all "Law" is a representation of God. Since God cannot lie, because everything that He says "happens", what we see as Law shows us God.

The Book of Romans states this explicitly.

*Romans 1:20 "20 For ever since the creation of the world His invisible nature and attributes, that is, **His eternal power and divinity, have been made intelligible and clearly discernible in and through the things that have been made (His handiworks).** So [men] are without excuse [altogether without any defense or justification]."*

We feel that God's Nature, Character, Heart, Desires, Plans, and so forth are seen through His Torah [His instruction, Teaching, the Revelation of God's Will and Intent ... that is why the Psalmist could express his love of the Torah in such a powerful way.

When we separate out the ceremonial and cultural aspects of the Law/Torah, and leave the natural, moral, and relational aspects, in general, what we have left is a picture of God and His dealings with mankind.

- *The Torah - God's Law - and the New Testament follower of Messiah.*

In the New Testament, Y'shua [Jesus] makes it clear that we are still subject to the moral Law of God. He not only repeats the Ten Commandments, but He extends them. The sin is not "just" in breaking of the Commandment by "doing" something, but in breaking the Commandment by what seems to be a lesser action, but just "thinking" about doing something.

For example, He extends the penalty for murder to being angry at one's brother (Matthew 5:21-22), and He equates lusting after a woman in one's heart to actually committing adultery (Matthew 5:27-28).

There is an essential difference between us at this time in history and the Israelites back then under the Law of Moses.

We are free of the ceremonial, many of the civil (cultural), and all of the physical actions that they had to observe for righteousness' sake. God was using these requirements in the natural to teach them – and us – about the spiritual.

For example, Paul makes it very clear in Galatians that we do not have to be circumcised (a physical act) in order to be in Covenant with God.

*Galatians 5:6 "6 For [if we are] in **Christ Jesus, neither circumcision nor uncircumcision counts for anything, but only faith activated and energized and expressed and working through love.**"*

The New Testament makes it clear that the Law we are to observe now involves God's Moral Commandments and His Conditional Promises. In order to gain His Promises of salvation, forgiveness, healing, freedom from demonic torment, and so forth ... there are conditions we have to meet. We do it by faith, through the provisions that Y'shua [Jesus] has made available to us. Walking according to God's Instructions [Torah] enable us to both possess our land and receive God's Blessings.

Deuteronomy 4:1-2 "NOW LISTEN and give heed, O Israel, to the statutes and ordinances which I teach you, and do them, that you may live and go in and possess the land which the Lord, the God of your fathers, gives you. 2 You shall not add to the word which I command you, neither shall you diminish it, that you may keep the commandments of the Lord your God which I command you."

Abuses of the Law ...

In our introduction to this chapter, we quoted a person who believes that the Law doesn't apply to him because, "Ye are not under the law, but under grace" (Romans 6:14). This person is in danger of abusing the Law and failing to mature in his walk after Messiah Y'shua [Jesus]. He could go to either of the following extremes:

- ⇒ The "Libertarian" feels totally free of any restraint. He is free to indulge himself anyway and at anytime that he wants. There are no consequences because he is "under grace – Messiah bought my freedom!". Carnal pleasures of the mind and body occupy his time and energy. He doesn't know what this walk of following after Y'shua [Jesus] is really all about. He doesn't know Y'shua [Jesus] as LORD. He is deceived.
- ⇒ The "Cheap Grace" extreme is similar to the "Libertarian", but also has some differences. He knows that he continually sins, that his decisions are controlled by his flesh, and that he is not advancing in maturity ... he always has another excuse as to why he is not able to take control of his life and become a serious disciple of Y'shua [Jesus]. His "ace in the hole" is his total trust in God's Faithfulness to His Word. He knows that God is "faithful and just" to always forgive us when we confess our sin and ask forgiveness. So, every time he sins, he just asks for forgiveness. It's that simple. Or is it?
- ⇒ The most likely extreme for a person to adopt is to be "indifferent". He doesn't understand the Law/Torah. He doesn't know its purpose, except to give God an opportunity to be upset with the Israelites. He's just glad that Y'shua [Jesus] came and died on the cross, so that he doesn't have to be bothered by the Law. He's glad that he is able to live under the New Testament, where all he has to do is "love everybody".

God's Law IS.

Just as the force of gravity is always in operation, so likewise the laws of the spiritual kingdom are also in operation. They are ALWAYS in operation. God's Law "IS".

The Laws of God operate whether someone is saved or unsaved. He "sendeth rain on the just and on the unjust" (Matthew 5:45). They operate all of the time, day or night, summer or winter.

We can't "break" God's Law. All we can do is *violate* it. The Torah – His Instruction, Teaching, the Revelation of **God's** Will and Intent – remains unbroken. We are the ones *broken* on His Law (Matthew 21:44).

The consequence of violating any part of His Law is built into the universe. The Law contains its own result, just as a seed knows how to grow itself into the correct plant or animal – after it's own kind. God doesn't "push a button" to set the consequence in action. It just starts happening. God doesn't have to pay any attention to it at all. It's just there.

For example, if we get angry at someone and deal with it in a sinful way, there are consequences put into action. There will be a result ... sooner or later.

One last thing ... God has not had a legislative meeting in Heaven and repealed any part of His Law, nor has He added any parts.

God's Torah/Word STANDS.



*Matthew 24:35 "35 Sky and earth will pass away, **but My words will not pass away.**"*

Parallel passages include:

*Mark 13:31 "31 Heaven and earth will perish and pass away, **but My words will not perish or pass away.**"*

*Luke 21:33 "33 The sky and the earth (the universe, the world) will pass away, **but My words will not pass away.**"*

Even though we are in the New Testament period, we cannot ignore the Torah – God's Instruction, Teaching, the Revelation of **God's** Will and Intent.

The Old Testament shows us the Law/Torah, the New Testament clarifies it and modifies some of it for us as believers in Y'shua [Jesus]. We remain subject to it and He expects us to obey it. Being a disciple of Y'shua [Jesus] does not automatically separate us from the consequences of God's Law. Because His Law IS.

How did Y'shua [Jesus] relate to the Torah?

What was Y'shua's [Jesus'] Attitude toward the Torah – God's Instruction, Teaching, the Revelation of HIS Will and Intent? What did He think about it? Was He subject to the Torah [Law] ... or not?

Y'shua [Jesus] speaks in Matthew, saying:

*Matthew 5:17-18 "17 Do not think that I have come to do away with or undo the Torah [Law] or the Prophets; I have come not to do away with or undo **but to complete and fulfill them.** 18 For truly I tell you, until the sky and earth pass away and perish, not one smallest letter nor one little hook [identifying certain Hebrew letters] will pass from the Torah [Law] until all things [it foreshadows] are accomplished."*

Likewise in Luke, Y'shua [Jesus] says,

*Luke 24:44 "44 Then He said to them, This is what I told you while I was still with you: everything which is written concerning Me in the **Law of Moses and the Prophets and the Psalms must be fulfilled.**"*

The Law pointed to Y'shua [Jesus], and He came to fulfill it. He made it clear that the wrap-up of the ages would not occur until all be fulfilled in the Law.

*Luke 16:17 "17 Yet it is easier for heaven and earth to pass away **than for one dot of the Law to fail and become void.**"*

Y'shua's [Jesus'] Heart was not to break, or to be above, nor ignore the Torah [Law], but to fulfill the Torah [Law]. The Life He lived, He lived according to the Torah [Law]. It was a sin-free life, by being obedient in every way to the Father.

He was the sinless, spotless Lamb that met all of the requirements of the Law. He was the Perfect Sacrifice. He was willing to die a painful death in order to fulfill prophecy.

*Matthew 26:53-54 "53 Do you suppose that I cannot appeal to My Father, and He will immediately provide Me with more than twelve legions [more than 80,000] of angels? 54 **But how then would the Scriptures be fulfilled, that it must come about this way?"***

He honored and respected the Torah [Law]. It was His Absolute Standard. His First Coming was a part in fulfilling the Law. Likewise, His Second Coming will be part of the fulfilling the Law.

How does God expect us to relate to the Torah [Law]?

God expects us to LOVING obey and fulfill the Law. We see this in the Sermon on the Mountain, in all of the Beatitudes, and all of the Commandments Y'shua [Jesus] gives us.

Y'shua [Jesus] says in Matthew:

*Matthew 5:19 "19 Whoever then breaks or does away with or relaxes one of the least [important] of these commandments and teaches men so shall be called least [important] in the kingdom of heaven, **but he who practices them and teaches others to do so shall be called great in the Kingdom of Heaven."***

Y'shua [Jesus] gives us a clear admonishment to not break the Commandments, nor to teach others to do so. We are to loving obey the Torah [Law] of God, to do the Instructions of God, so that we are in alignment with God and Messiah in fulfilling all that He wants us to do. We obey out of LOVE!

Results of violating God's Torah [Law] ...

If we – and our ancestors – had not violated the Law of God, there is a possibility we would not have any problems. Isn't that an amazing thought? We wouldn't need others to pray with us! But in reality, the reason we need ministry, whether formal counseling or not, is that we and our ancestors DID and are violating the Law of God. When people come for counseling, we should be asking, "How are they living contrary to the Torah [Law] of God – His Instruction, Teaching, the Revelation of **God's Will and Intent?**"

When we violate God's Torah [Law], several things begin to happen. There are CONSEQUENCES.



- *Natural consequences activated.*

An "effect" goes out from us and triggers, or sets in motion, the natural consequence. We discussed this earlier in "God's Law IS," making the point that the consequences are "built in" to the Torah [Law]. The consequence might be minor or major, a nuisance or a calamity, depending on whether we are activating blessings or cursing, whether we are being obedient or in rebellion.

- *Pain.*

One consequence seems to almost always occur – PAIN. People come for counseling because they are in pain. Turmoil, confusion, torment, guilt, shame, anger ... the list goes on and on. Pain drives us to God. Y'shua [Jesus] promises SHALOM [peace] – peace that is not understood (John 14:27; Philippians 4:7). Receiving God's Shalom [Peace] is conditional upon doing things God's Way.

- *Spiritual separation.*

A very important consequence is a spiritual SEPARATION from God.

Isaiah 59:2 "2 But your iniquities have made a separation between you and your God, and your sins have hidden His face from you, so that He will not hear."

Even for believers, when we sin, there is a degree of separation that occurs. How much and for how long depends on many factors. God's Father Heart has provided a way for the separation to be rectified, reconciled, and ended.

- *Give "Place".*

Unfortunately, when we sin, we give legal opportunity for demonic oppression. In Ephesians, Paul shows this clearly when he writes:

Ephesians 4:26-27 "26 When angry, do not sin; do not ever let your wrath (your exasperation, your fury or indignation) last until the sun goes down. 27 Leave no [such] room or foothold for the devil [give no opportunity to him]."

A "place" is like legal ground. It is an "inhabited" space, a snare. Other Scriptures expressing this concept are 2 Corinthians 2:11 and 2 Timothy 2:26.

In Proverbs we have an interesting little verse.

Proverbs 26:2 "2 Like the sparrow in her wandering, like the swallow in her flying, so the causeless curse does not alight."

This verse shows that an "undeserved" [KJV has "causeless"] curse cannot find a place to "rest", or land. It has "no place". On the other hand, when we or our ancestors sin, we give a "place". Satan uses these opportunities to do his work of stealing, killing and destroying (John 10:10).

During this “*Journey2Freedom*” series, we want to explore to find those places that have given opportunity for curses and demonic oppression, and then to bring God's Healing, VICTORY, and Freedom.

Solution for violating God's Torah [Law] . . .

The only difference between believers in Y'shua [Jesus] and the rest of the world is that we have a remedy when we break God's Law, and we have the choice of allowing the Holy Spirit help us not break God's Law.



When a non-believer breaks the Law and experiences the consequences, he gets more and more burdened and oppressed. He has no way to get free of the load. Believers do not necessarily escape the consequences – depending on the type of consequences and how rapidly they respond – but we do have a solution for the penalty that comes from breaking the Law.

The fundamental place to receive help is the CROSS of Messiah. Let us just add here that the cross is the place of judgment. Here is where the consequences of all of the violations of God's Torah [Law] were poured out on One Man, the Man Y'shua [Jesus].

This is one of the main reasons that He came, to save us from the judgments of the Law, such as "an eye for an eye, a tooth for a tooth", and so forth. When we receive Y'shua [Jesus], the Anointed One, as our Messiah and Savior, we are in a position to receive His substitutional carrying of the judgments due us.

Being saved from the judgments of God does not usually happen automatically. We have to know God's Remedy. We have to receive it by FAITH, and we must meet God's Conditions.

It is interesting that the Torah [Law] contains within itself the provisions for getting free from the Law! Isn't that fascinating? The very thing that draws the line and states, "On this side of the line is sin, on this other side is obedience" also contains the promises that point the way out of the trap (curse) of violating the Law.

These are the promises that show us how to be saved and legally have our citizenship transferred to the Kingdom of God. These are the promises for healing.

There is one catch though. These are all conditional promises. In these promises, God says, "If you will do THAT, I will do THIS". They all have what we call the "If Then" clauses.

We must **appropriate** Messiah's redeeming work on the cross because it made the way possible for us to "enter into" God's Promises and Covenant. The key point in every case will be, are we willing to meet God's Condition?

Let us give you one very important example. Let's look at God's Conditional promise in First John. John writes,

*1 John 1:9 "9 If we [freely] admit that we have sinned and confess our sins, **He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action]."***

When and if we do our part – confess our sins – God will do His part – forgive us and cleanse us from the resulting unrighteousness, because He is Faithful and Just.

Specific laws relevant to counseling-therapy ...

There are a number of laws that are relevant. They can affect us spiritually, both negatively and positively. The Holy Spirit is calling us to "go with the flow", that is go with God's Laws, be in harmony with God's Torah, so that we may LIVE – that His Instructions may work to our benefit rather than to our detriment.

The laws that we want to include in this discussion are:

- Sowing and reaping,
- Multiplication,
- Time to harvest,
- Believing in your heart.

These laws are all intimately interrelated and are all operating at the same time. They have a combined impact. But we will look at them one at a time.

- *Sowing and reaping.*

In Genesis 1, God declared that everything was to reproduce after its own kind. The basic principle is that living "things" will produce seed that has all of the information needed to bring forth a harvest of like "things".



When seed is planted, it normally sprouts and grows in a mature plant, producing a harvest. If the soil is bad, fertilizer is lacking and water is unavailable, there may be a stunted crop, or even a crop failure. But normally, in God's Kingdom there is a harvest. If the seed is planted in good soil, a harvest of thirty, sixty, or even a hundred-fold is possible (Mark 4:20). This principle is not restricted to the physical. This is a general law that is valid at all levels: at the spiritual level, the soulish level, as well as at the physical level.

In Galatians, Paul declares this for us.

Galatians 6:7-8 "7 Do not be deceived and deluded and misled; **God will not allow Himself to be sneered at** (scorned, disdained, or mocked by mere pretensions or professions, or by His precepts being set aside.) [He inevitably deludes himself who attempts to delude God.] **For whatever a man sows, that and that only is what he will reap.** 8 For he who sows to his own flesh (lower nature, sensuality) will from the flesh reap decay and ruin and destruction, but he who sows to the Spirit will from the Spirit reap eternal life."

Paul says, "Do not be deceived". Don't be confused about this, don't be mistaken, this is reality. God's Kingdom is such that wherever we plant our seed, that's where we will reap the harvest. Whatever type of seed is planted, in general, that is what we will get in return. In Exodus, we read the Law of Retribution, which follows the principle of "like" resulting in "like".

*Exodus 21:23-25 “23 But if any damage follows, **then you shall give life for life, 24 Eye for eye, tooth for tooth, hand for hand, foot for foot, 25 Burn for burn, wound for wound, and lash for lash.”***

Other Scriptures setting forth this same principle include Matthew 7:1 – “Judge not, that you be not judged” – Romans 2:1-3, and:

*Isaiah 3:10-11 “10 Say to the righteous that it shall be well with them, **for they shall eat the fruit of their deeds. 11 Woe to the wicked! It shall be ill with them, for what their hands have done shall be done to them.”***

If we sow wicked seed, we will receive a wicked harvest.

The Laws of Sowing and Reaping, of Retribution, of Judging, are still in operation today. If we get angry and blast someone, we plant seeds of anger in the soulish realm and the spiritual realm. We are setting ourselves up to receive a harvest of anger coming back at us.

If we say, "My dad is just a horrible guy who beat me up all the time ... he is no good", we have judged our father, and set the stage to enter into the same sins and to receive that same kind of judgment. In families of alcoholics, the children are likely to say, "I will never be like my dad (or mom)". They usually become alcoholics as well, as a resulting of planting judging seeds and then reaping.

The Law of Sowing and Reaping is a wonderful Law, if used to plant Godly Seeds. But it is so universal in function that it can work against us when we are un-Godly in any realm.

Be sensitive to this Law in your life. It can be the source of much trouble. But all consequences of violating God's Law of Sowing and Reaping can be taken to the cross, where the action of the harvest can frequently be stopped, even when it has been continuously increasing.

- *The Law of Multiplication.*

God has designed a seed so that it reproduces after its own kind. He has also designed a seed to produce a plant or animal capable of producing many more seeds, capable of multiplication. God seems to always want increase, more fruit, more sons, INCREASE (John 15:8). God is the God of multiplication.

So, as the cycle of planting, harvesting, planting again, and harvesting again, continues, there should be a surplus of seed each time. This seems to be true for every type of seed, whether soulish or spiritual seeds, whether the seeds are positive (Godly) or negative (un-Godly).

As with a natural crop, where the actual yield depends on many factors such as rainfall, soil quality, sunshine, and so forth, the actual yield from soulish and spiritual seeds can vary greatly, depending on the conditions.

Unfortunately, it seems we can have more faith for negative seeds than we can for positive seeds. It seems that we go back to, and "think again" about our fears and worries, about our "what if's". It's easier to have fear and the expectation of bad things happening than it is for good things happening. So our harvest of negative seeds frequently is greater than from our positive seed planting.

This is why having our ***minds renewed*** is important and why we go into such depth in studying how these Laws relate to strongholds of the mind. We want to help you stop the planting of negative seeds and accelerate the planting and multiplication of positive, Godly seeds. We want the yield in the parable of the sower to be good fruit.

Mark 4:20 "20 And those sown on the good (well-adapted) soil are the ones who hear the Word and receive and accept and welcome it and bear fruit—some thirty times as much as was sown, some sixty times as much, and some [even] a hundred times as much."

It takes faith to carry us through the transition time, the time to harvest, because we have the old, negative seed being harvested while the new crop is developing.

- *The time to harvest.*



It takes time between planting a seed and reaping the harvest from that seed, sometimes a short and sometimes a long time. It takes about nine months for humans to have a baby. It takes two years for elephants to have their babies. In Genesis we read:

Genesis 8:22 "22 While the earth remains, seedtime and harvest, cold and heat, summer and winter, and day and night shall not cease."

God says that there is a rhythm, there is a cycle, there is an elapse of time between seedtime and harvest.

*Ecclesiastes 11:1 "1 CAST YOUR bread upon the waters, **for you will find it after many days.**"*

*Galatians 6:9 "9 And let us not lose heart and grow weary and faint in acting nobly and doing right, **for in due time and at the appointed season we shall reap, if we do not loosen and relax our courage and faint.**"*

*Hebrews 6:12 "12 In order that you may not grow disinterested and become [spiritual] sluggards, but imitators, behaving as do those who through faith (by their leaning of the entire personality on God in Christ in absolute trust and confidence in His power, wisdom, and goodness) and **by practice of patient endurance and waiting are [now] inheriting the promises.**"*

Each of these verses emphasizes the time requirement.

The Hebrews passage is particularly hard for those of us who are "now faith" people. We don't like the word "patience". We want what we are "believing for" NOW, not later, not needing to use patience.

Well, faith is "now," but there is still a time to harvest. Abraham never saw the fulfillment of many of the promises God gave him, but his descendants did, and even we, as his spiritual descendants, benefit from his promises.

As we change our un-Godly beliefs into Godly beliefs, we need to allow a time before the new harvest comes. If we continue to work with the Godly beliefs, good seeds will be planted and things will begin to change.

- *Believing in your heart.*

This Law is the first three Laws already mentioned all wrapped up into one. To illustrate this Law, we will go to Mark, where God has given us a key verse for this Law. When we receive the revelation(s) contained in this verse, and how it relates to all realms of life, we will have received a tremendous revelation.

*Mark 11:22-24 "22 And Jesus, replying, said to them, Have faith in God [constantly]. 23 Truly I tell you, whoever says to this mountain, Be lifted up and thrown into the sea! and does not doubt at all in his heart but believes that what he says will take place, it will be done for him. 24 **For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it].**"*

In Mark 11:23, Y'shua [Jesus] is stating a general spiritual principle. We know that, because verse 11:24 starts with "therefore", indicating that a conclusion is about to be made from the general principle just stated.

Y'shua [Jesus] says that "anyone" – or in the KJV "whosoever" – who can "say", "not doubt", and "believe", will thereby receive what he said. "Anyone" includes saved or unsaved, worthy or unworthy, righteous or unrighteous. It doesn't matter.

Anyone, whosoever, including you and I, can receive what we say if we don't doubt in our heart. Again, unfortunately, we seem to do better with this Law in the negative, un-Godly realm than in the positive, Godly realm.

For example, if we believe in our heart that we are no good, that we will be rejected, that everyone hates us, that we will be abandoned, and that no one is ever going to relate to us in any positive kind of way; and, if we believe hundred percent and have great faith (fear) for this, "it will be done for "us" (him)". In other words, we will receive the negative things that we are "believing for", even if we really don't want them!

Those things that we "believe in our heart" do come out of our mouths! As Y'shua [Jesus] said:

Matthew 15:18 "18 But whatever comes out of the mouth comes from the heart, and this is what makes a man unclean and defiles [him]."



This fact provides another motivation to have our hearts healed, so we can speak out of a healthy heart rather than a sick one. We don't want to defile ourselves any more than we already have; we don't want to plant any more of the wrong kind of seeds.

Let's look once more at "what we say". Even if we don't actually speak out what is in our heart, when we think a thought repeatedly, such as "I'm just a rejected person", the circulating thoughts can plant seeds and build an expectancy just as much as if we actually said the words out loud.

This expectancy will eventually bring forth a harvest. We want to help you identify and understand the negative things (strongholds) that are in your mind, so that God's Solution for violating His Law can be brought to bear on the problem. We can help you bring to a stop what you do not want in your life.

In verse 24, Y'shua [Jesus] draws the conclusion that we should apply the general spiritual principle for Godly, positive results. He is indicating that we should apply the Law to the things that God puts on our hearts to pray for. He is encouraging us to be wise and apply God's Laws in a way that furthers the Kingdom, furthers the blessings, and furthers the promises that He has made available to us.

Be wise, don't do it the old way, the worldly way, the "before we got saved way", when you operated out soulish hurts and unrenewed minds. Apply the keys that He has given us and get free!

Psalm 19:7-14 “7 **The Torah [Law] of the Lord is perfect, restoring the [whole] person; the testimony of the Lord is sure, making wise the simple.** 8 **The precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is pure and bright, enlightening the eyes.** 9 **The [reverent] fear of the Lord is clean, enduring forever; the ordinances of the Lord are true and righteous altogether.** 10 **More to be desired are they than gold, even than much fine gold; they are sweeter also than honey and drippings from the honeycomb.** 11 **Moreover, by them is Your servant warned (reminded, illuminated, and instructed); and in keeping them there is great reward.** 12 **Who can discern his lapses and errors? Clear me from hidden [and unconscious] faults.** 13 **Keep back Your servant also from presumptuous sins; let them not have dominion over me! Then shall I be blameless, and I shall be innocent and clear of great transgression.** 14 **Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my [firm, impenetrable] Rock and my Redeemer.”**



Part I:
The position of
the Body of
Messiah in the
world

The position of the Body of Messiah in the world ...

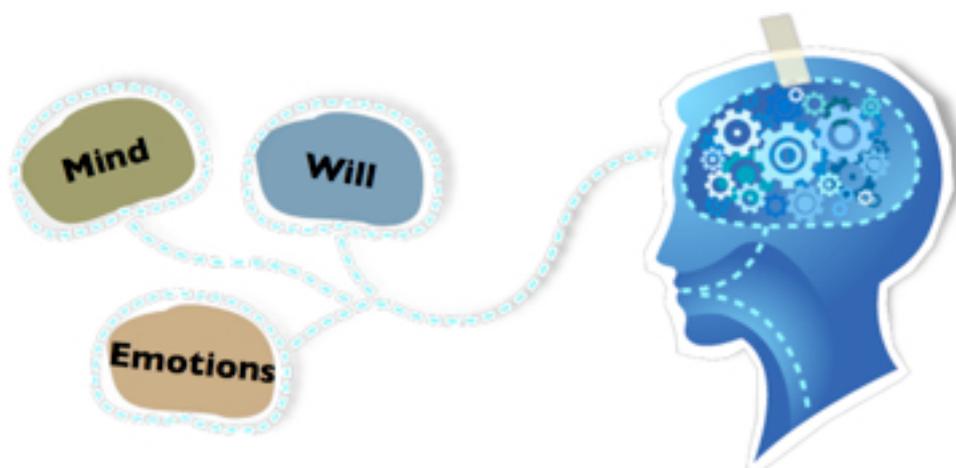
What happens the instant we are saved by Y'shua [Jesus]? At our conversion?



Spirit	Soul	Body
Our spirit is BORN AGAIN and made new!	Our soul is still in “darkness” and must be renewed by the Truth and washing of the Word. [James 1:21]	Although our bodies are healed and kept in health by the Wounds of Y'shua [Jesus], they are only TEMPORARY dwellings.

This series is about taking back and possessing our “land” of the spirit and soul, bring restoration. This possessing our land is a process, the journey of sanctification.

As we have learnt, we are made up of three parts: body, soul, and spirit. Our soul consists of three parts: mind, will, and emotions.



After rebirth you still have the same unrenewed mind – your thoughts are a product of past experiences. We are all controlled by our thoughts – which we call strongholds.

Proverbs 23:7 “7 For as he thinks in his heart, so is he. As one who reckons, he says to you, eat and drink, yet his heart is not with you [but is grudging the cost].”

You can be subject to patterns of behavior – these are thought patterns in your mind. Examples include rejection, fears, addiction, pills, strife, and so forth.

In this “*Journey2Freedom*” series, you must take your mind back from the enemy. You need to heal the emotions that were wounded by bruises from your past. And you need to get deliverance from a passive will that is bound in so many areas ... you need to be taught to resist and stand up and FIGHT!

James 4:7 “7 So be subject to God. Resist the devil [stand firm against him], and he will flee from you.”

You must KNOW the enemy, know his weapons, and know his tactics to be able to fight back! Do not be willing to live in defeat any longer!

The problem with today's believers ...

The main problem in the Body of Messiah is an attitude of **passiveness** in spite of all the attacks of the enemy. So many of us are like the Egyptians back in the days of Moses. We have “frogs” – demonic oppression, curses, disease, sickness, and so forth – running around in every nook and cranny of our lives, and yet we remain passive and “comfortable”. When Moses asks pharaoh when he would like the plague to be stopped ... Pharaoh answers, “TOMORROW”!



*Exodus 8:8-10 “8 Then Pharaoh called for Moses and Aaron, and said, Entreat the Lord, that He may take away the frogs from me and my people; and I will let the people go that they may sacrifice to the Lord. 9 Moses said to Pharaoh, Glory over me in this: dictate when I shall pray [to the Lord] for you, your servants, and your people, that the frogs may be destroyed from you and your houses and remain only in the river. 10 And [Pharaoh] said, **Tomorrow.** [Moses] said, Let it be as you say, that you may know that there is no one like the Lord our God.”*

Are you ready to get rid of the “frogs” of your life? Or content to wait until “tomorrow”, somewhere down the line?

God's children live their lives on a much lower level than what God has intended for them, they suffer under the bondages of the enemy instead of experiencing the wonderful freedom of the Holy Spirit. A person with a passive attitude will never conquer and take possession of his inheritance. The Kingdom of God is confirmed by a principle of confrontation. The devil is only moved by a power stronger than himself.

In this manual, you will discover how to wage war against the enemy – to reach out to break down strongholds in your life, so that you will be established as an overcomer, a redeemed and powerful child of God.

*Deuteronomy 1:8 “8 Behold, **I have set the land before you; go in and take possession of the land** which the Lord swore to your fathers, to Abraham, to Isaac, and to Jacob, to give to them and to their descendants after them.”*

*Luke 16:16 “16 Until John came, there were the Law and the Prophets; since then the good news (the Gospel) of the kingdom of God is being preached, and **everyone strives violently to go in [would force his own way rather than God’s way into it].**”*

*Deuteronomy 2:24 “24 **Rise up, take your journey, and pass over the Valley of the Arnon. Behold, I have given into your hand Sihon the Amorite, king of Heshbon, and his land; begin to possess it and contend with him in battle.**”*

*Matthew 11:12 “12 And from the days of John the Baptist until the present time, the Kingdom of Heaven has endured violent assault, and **violent men seize it by force [as a precious prize—a share in the heavenly kingdom is sought with most ardent zeal and intense exertion].**”*

Remember, the Old Testament was written as an example and warning for us. As such, we will be using many examples from the Books of the Old Testament – particularly the Books [the Torah] dealing with Israel's journey out from Egypt and into the Promised Land.

*1 Corinthians 10:6-7 “6 Now these things are examples (warnings and admonitions) for us not to desire or crave or covet or lust after evil and carnal things as they did. [Num. 11:4, 34.] 7 **Do not be worshipers of false gods** as some of them were, as it is written, The people sat down to eat and drink [the sacrifices offered to the golden calf at Horeb] and rose to sport (to dance and give way to jesting and hilarity). [Exod. 32:4, 6.]”*

What has been given to you is not automatically yours. Y'shua [Jesus] died for the whole world ... but not everybody is saved. The "abundant life" is not automatic.

John 10:10 "10 The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows)."

Confrontation.

There are only three ways people typically react to the need to fight:



We need to make the decision to become ACTIVE in this walk and to FIGHT!

- The land will not be taken into possession without a fight/battle against the giants and strongmen.
- The Kingdom of God will only be established through confrontation.
- Y'shua [Jesus] healed the sick and expelled demons. He confronted the kingdom of darkness.
- Every believer is an extension of the Kingdom of God. You cannot AWOL. You do not volunteer. It is compulsory.

Are you a prisoner of war ... or a soldier of the light?

- The Kingdom is birthed by force (Matthew 11:12; Luke 16.16).
- The enemy works and confirms his strongholds in darkness. His works must be exposed and confronted.



- Important note, every time there is a confrontation of kingdoms, God's Kingdom **ALWAYS** wins. Resist in His Power.
- The land of victory – the promised land of inheritance in Messiah – you will enter into only with a fight!

There are only three ways people typically react to the need to fight ...

God's Will is the BEST Land.

God promised the Land of Canaan to Israel, promised them victory over the giants and strongholds ... but they still had to fight for it!

*Deuteronomy 1:8 "8 Behold, I have set the land before you; **go in and take possession of the land** which the Lord swore to your fathers, to Abraham, to Isaac, and to Jacob, to give to them and to their descendants after them."*

Did you know Y'shua [Jesus] is our spiritual "Joshua"? In fact, the name Joshua means "savior and deliverer". It was under Joshua's authority that the powers of the principalities were broken.

*Joshua 11:23 "23 So **Joshua took the whole land**, according to all that the Lord had spoken to Moses, and Joshua gave it for an inheritance to Israel according to their allotments by tribes. And the land had rest from war."*

Joshua 12:24 “24 The king of Tirzah, one. In all, thirty-one kings.”

In the above passages we see that thirty-one kings were conquered together with many inhabitants.

Messiah Yshua [Jesus] has broken the power of satan over us!

Colossians 1:13 “13 [The Father] has delivered and drawn us to Himself out of the control and the dominion of darkness and has **transferred us into the kingdom of the Son of His love,**”

Colossians 2:15 “15 [God] disarmed the principalities and powers that were ranged against us and made a bold display and public example of them, in **triumphing over them in Him and in it [the cross].**”

1 John 3:8 “8 [But] he who commits sin [who practices evil] is of the devil [takes his character from the evil one], for the devil has sinned (violated the divine law) from the beginning. **The reason the Son of God was made manifest (visible) was to undo (destroy, loosen, and dissolve) the works the devil [has done].**”

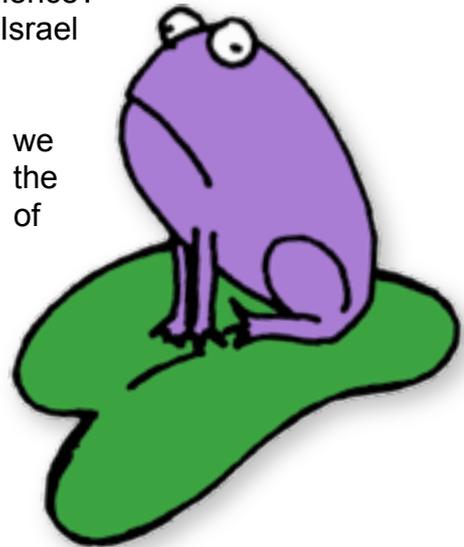
Conflict.

We must deal with the presence of the enemy! Sadly, we learn from the Scriptures that Israel⁴ did not heed the Commandments of the LORD and did not take possession of the whole Land promised to them (Judges 1:19, 21, 24, 27, 28).

What was the result of Israel's passivity and disobedience? The inhabitants of the Land that were not destroyed by Israel became thorns in their flesh – even until today!

As believers we must learn a very valuable lesson ... we have to get rid of ALL the traces of the enemy – ALL the “frogs” in our lives! We must deal with ALL the words of the enemy in our:

- Spirit,
- Mind,
- Will,
- Emotions,
- And body.



Always REMEMBER, you will never be so spiritual that you won't have to fight! Our walk and journey is that of warfare.

⁴ It is interesting to note, that none of the Tribes – except for Judah – obeyed the LORD in taking full possession of their allotted inheritance.

We have to learn to deal with a kingdom that has been established for around six thousand years. What has been given to us as our inheritance in Messiah must be taken into POSSESSION ... this is a command!

*Judges 3:1-4 “NOW THESE are the nations which the Lord left to prove Israel by them, that is, all in Israel who had not previously experienced war in Canaan; 2 **It was only that the generations of the Israelites might know and be taught war**, at least those who previously knew nothing of it. 3 The remaining nations are: the five lords of the Philistines, all the Canaanites, the Sidonians, and the Hivites who dwelt on Mount Lebanon from Mount Baal-hermon to the entrance of Hamath. 4 **They were for the testing and proving of Israel to know whether Israel would listen and obey the commandments of the Lord, which He commanded their fathers by Moses.”***

What do we learn from this Scripture? Israel's enemies were to teach them warfare and would Israel LISTEN and OBEY God's commandments! Joshua deals with the TOP structure of the KINGS ruling in Canaan. The Tribes who went in to possess the land had to deal with the presence of the enemy.

WARNING! 2½ of the Tribes⁵ decided not to enter the Promised Land! They were happy to just stand and look at the Land of Milk and Honey!



The parallel in the New Testament is that Y'shua [Jesus] has conquered the top structure – satan and his kingdom – but He tells us we are to deal with the presence of the enemy still occupying our promised land!

*Matthew 28:18,20 “18 Jesus approached and, breaking the silence, said to them, All authority (all power of rule) in heaven and on earth has been given to Me. 20 **Teaching them to observe everything that I have commanded you**, and behold, I am with you all the days (perpetually, uniformly, and on every occasion), to the [very] close and consummation of the age. Amen (so let it be).”*

⁵ For additional study, see our “Warrior Bride” series.

In this warfare, we have been given armor.

Ephesians 6:10-12 “10 In conclusion, **be strong in the Lord** [be empowered through your union with Him]; draw your strength from Him [that strength which His boundless might provides]. 11 **Put on God’s whole armor** [the armor of a heavy-armed soldier which God supplies], that you may be able **successfully to stand up against** [all] the strategies and the deceits of the devil. 12 For we are not wrestling with flesh and blood [contending only with physical opponents], but against the despotisms, against the powers, against [the master spirits who are] the world rulers of this present darkness, against the spirit forces of wickedness in the heavenly (supernatural) sphere.”

We see the parallel between Judges 3 and Ephesians 6:

Judges 3	Ephesians 6
Five Philistine Lords	Principalities
Canaanites	Powers
Sidonians	Rulers of Darkness
Hivites	Evil Spirits

WE ARE IN WARFARE!



2 Corinthians 10:3-4 “3 For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons. 4 **For the weapons of our warfare are not physical [weapons of flesh and blood],** but they are mighty before God for the overthrow and destruction of strongholds,”

How can we deny the fact that we are in war? The TRUTH is the basis of deliverance.

*John 8:32 "32 And you will know the Truth, and the **Truth will set you free.**"*

TRUTH – God’s Word – is our solid foundation. Satan is a liar and functions on the principle of deception.

*John 8:44 "44 You are of your father, the devil, and it is your will to practice the lusts and gratify the desires [which are characteristic] of your father. He was a murderer from the beginning and **does not stand in the truth, because there is no truth in him.** When he speaks a falsehood, he speaks what is natural to him, for he is a liar [himself] and **the father of lies and of all that is false.**"*

*2 Corinthians 11:3 "3 But [now] I am fearful, lest that even as the **serpent beguiled Eve by his cunning**, so your minds may be corrupted and seduced from wholehearted and sincere and pure devotion to Christ. [Gen. 3:4.]"*

Ignorance concerning satan is not “spirituality”.

*Hosea 4:6 "6 **My people are destroyed for lack of knowledge**; because you [the priestly nation] have **rejected** knowledge, I will also reject you that you shall be no priest to Me; seeing you have forgotten the law of your God, I will also forget your children."*

*2 Corinthians 2:11 "11 To keep Satan from getting the advantage over us; **for we are not ignorant of his wiles and intentions.**"*

Do not think you are so spiritual that you will not have to fight. Decide with your will to fight, then God’s Power is immediately there to carry you through.

Do you know that there is a curse on those who do not do spiritual warfare?

*Jeremiah 48:10 "10 **Cursed be he who does the work of the Lord negligently** [with slackness, deceitfully]; and **cursed be he who keeps back his sword from blood** [in executing judgment pronounced by the Lord]."*

Satan will challenge the believer, but:

- His works must be opposed by a Stronger Power – Y’shua [Jesus].
- The cross is the focal point of satan’s defeat.
- His works must be destroyed and his presence must be driven out.

Every battle is entered into with one word ...

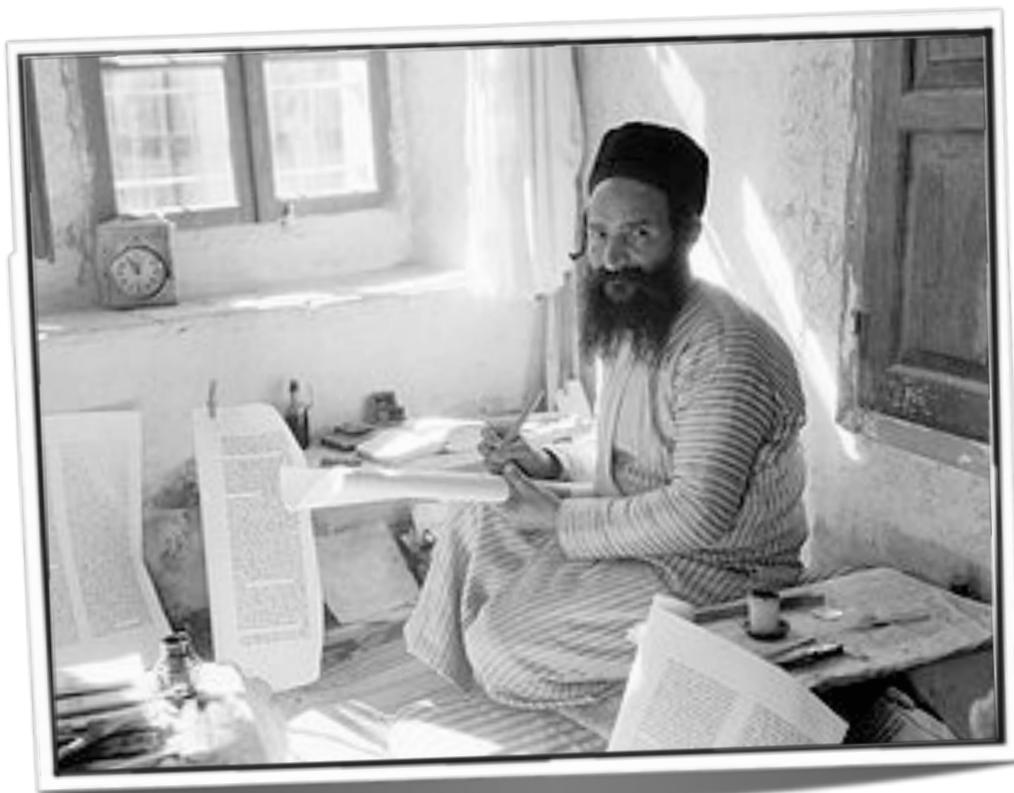
VICTORY!

The Hebrew Language

The Hebrew Language ...

What's the context? It is so important to ask – and answer – this question, particularly when studying the Scriptures. We need to know what the meaning, understanding, culture, and value system of the text was in the language and time the text was written. Our modern-day mindsets cause us to define words within today's meanings, understanding, culture, and value systems ... however, this is often quite a way off from what was the original – and intended – understanding.

The Scriptures were written thousands of years ago in HEBREW, and in an Eastern-Semitic culture. If this is truth, then can we come to a different interpretation of any given passage?



In order to expand our study and understanding of the Word, we need to have a “crash course” in the original language the text was written, ancient Hebrew.

Ancient Hebrew has an alphabet of TWENTY-TWO letters. Obviously, words are written using a combination of these letters [note, there are no vowels]. However, what makes this language even more of an “adventure” is that each individual letter of the alphabet has a unique meaning, picture [symbolism], and number. This means, you can study and understand the plain text as is ... and you can study further by delving into the individual symbolism of the letters. Often, doing this kind of study brings out further meaning and richness to the passage. You will find that we have used this type of study – examining the picture-meaning of the Hebrew words – throughout our materials. We have found this such a blessing in our own understanding of the Scriptures, and trust you will enjoy it just as much! Truly, God's Word is ALIVE!

Ancient Hebrew⁶

Ancient Hebrew						
Early	Middle	Late	Name	Picture	Meaning	Sound
			El	Ox head	Strong, Power, Leader	ah, eh
			Bet	Tent floorplan	Family, House, In	b, bh(v)
			Gam	Foot	Gather, Walk	g
			Dal	Door	Move, Hang, Entrance	d
			Hey	Man with arms raised	Look, Reveal, Breath	h, ah
			Waw	Tent peg	Add, Secure, Hook	w, o, u
			Zan	Mattock	Food, Cut, Nourish	z
			Hhet	Tent wall	Outside, Divide, Half	hh
			Tet	Basket	Surround, Contain, Mud	t
			Yad	Arm and closed hand	Work, Throw, Worship	y, ee
			Kaph	Open palm	Bend, Open, Allow, Tame	k, kh
			Lam	Shepherd Staff	Teach, Yoke, To, Bind	l
			Mem	Water	Chaos, Mighty, Blood	m
			Nun	Seed	Continue, Heir, Son	n
			Sin	Thorn	Grab, Hate, Protect	s
			Ghah	Eye	Watch, Know, Shade	gh(ng)
			Pey	Mouth	Blow, Scatter, Edge	p, ph(f)
			Tsad	Man on his side	Wait, Chase, Snare, Hunt	ts
			Quph	Sun on the horizon	Condense, Circle, Time	q
			Resh	Head of a man	First, Top, Beginning	r
			Shin	Two front teeth	Sharp, Press, Eat, Two	sh
			Taw	Crossed sticks	Mark, Sign, Signal, Monument	t

⁶ http://elshaddainministries.us/hebrewalphabet_old.html

Modern Hebrew⁷ ...

MARK	NAME	PRONOUNCED	TRANSLITERATION
א	Aleph	Silent letter	‘ (or none)
ב/בּ	Bet / Vet	b as in boy (no dot: v as in vine)	b / v
ג/גּ	Gimmel	g as in girl	g
ד/דּ	Dalet	d as in door	d
ה	Hey	h as in hay	h
ו	Vav	v as in vine; “consonantal vowel”	v
ז	Zayin	z as in zebra	z
ח	Chet	ch as in Bach	ch (or h)
ט	Tet	t as in time	t
י	Yod	y as in yes; “consonantal vowel”	y
כ/כּ	Kaf/Khaf *	k as in kite (no dot: ch as in bach)	k / kh
ל	Lamed	l as in look	l
מ/מּ	Mem *	m as in mom (sofit form)	m
נ/נּ	Nun *	n as in now (sofit form)	n
ס	Samekh	s as in son	s
ע	Ayin	Silent letter	‘ (or none)
פ/פּ	Pey/Fey *	p as in park (no dot: ph as in phone)	p / ph
צ/צּ	Tzade *	ts as in nuts (sofit form)	ts / tz
ק	Qof	q as in queen	k (or q)
ר	Resh	r as in rain	r
ש/שּׁ	Shin/Sin	sh as in shy (s as in sun)	sh / s
ת/תּ	Tav	t as in tall	t

* Has a different form when it occurs at the end of a word (sofit).