

JOURNEY FREEDOM!



Traveler's Handbook:
Uprooting generational
heart-attitudes and roots

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Uprooting generational
heart-attitudes and
roots

There is a balm in
Gilead that heals
the wounded
soul ... in is found
in the Healing
Hands of our Abba
Father

Amanda Buys' Spiritual Covering

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The Priestly Blessing ...

Numbers 6:24-26

“²⁴ The LORD bless thee, and keep thee: ²⁵ The LORD make his face shine upon thee, and be gracious unto thee: ²⁶ The LORD lift up his countenance upon thee, and give thee peace.”

The Priestly Blessing ...

Hebraic Translation

"YHVH will kneel before you presenting gifts, and He will guard you with a hedge of protection, YHVH will illuminate the wholeness of His Being toward you, bringing order, and He will provide you with love, sustenance, and friendship, YHVH will lift up the wholeness of His Being and look upon you, and He will set in place all you need to be whole and complete."

The Priestly Blessing¹

יְבַרְכֶּךָ יְהוָה וַיִּשְׁמְרֶךָ:

and may he guard you the LORD may he bless you

May the LORD² bless you³ and keep you⁴

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנֶּנְךָ:

and show you favor on you his face the LORD May he shine

May the LORD make His face⁵ shine⁶ upon you and be gracious⁷ to you

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם:

peace for you and establish on you his face the LORD may he lift up

May the LORD lift up⁸ his face to you and give you peace⁹

¹ This blessing is (ritually) recited (by the kohanim) during synagogue services during *Nesiat Kapayim* ("the Raising of the Hands"), though it is also recited over children on Friday night before the start of the Shabbat meal or as a bedtime blessing.

² The name *YHVH* (יהוה) represents God's attributes of love and mercy (מִדַּת הַרַחֲמִים), in contradistinction to the name *Elohim* (אֱלֹהִים), which represents God's attribute of justice and power as our Creator.

³ בְּרַכָּה (*b'rachah*). Jewish tradition considers this both material and spiritual prosperity. Pirkei Avot 3:15 says, "If there is no flour, there is no Torah," by which is meant that material benefits are intended to help you pursue study of Torah. The first occurrence of the word "blessing" in the Scriptures pertains to *pru urvu* (פְּרוּ וּרְבוּ), "be fruitful and multiply" (Gen. 1:22).

⁴ שָׁמַר (*shamar*): To guard, protect, heed, as in the exercise of diligent care. Only God has the power to secure the conferred blessing and keep it from turning sour or from fading away.

⁵ The word for "face" (פָּנִים) is plural with the 3rd person singular ending. It is considered metaphorical since God is incorporeal. The plural form is thought by some to indicate God's revealed and hidden attributes in creation.

⁶ The hiphil verb (יָאֵר) comes from the word "light" (אֹר), and is thought to refer to God's wisdom. "May God enlighten you" with His wisdom, i.e., the Divine Light that preceded the work of creation (Gen. 1:3).

⁷ May God grant you grace or favor (חֵן), i.e., to understand the "breadth and length and height and depth" of God's love (Eph. 3:18). Grace refers to the bestowal of an undeserved gift. The blessing is bestowed even though unearned or unmerited.

⁸ Since one's face is an indication of the heart's attitude, Rashi says that this means God will suppress His anger by "looking at you" (if God is angry at you, He "turns His face away" and refuses to admit your presence). The "lifting of face" also pictures God lifting you up as a father might lift up his child in joy. The "showing of face" indicates spiritual intimacy.

⁹ All of the other blessings are useless without the establishment of inner peace, and therefore it is the seal of the blessing. Shalom (שְׁלוֹם) is not simply the absence of strife, but a balance and harmony between the finite and infinite, the temporal and the eternal, the material and the spiritual realms. Shalom is a gift from Sar Shalom (שָׂר שְׁלוֹם), the Prince of Peace.

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Part 3:
The root of
rejection



Man has today lost his self-identity. There is an inability to associate with other people. A successful person is one who is free to have good relationships; one who is free to be the person whom God has created him to be. To have material and financial success – being a successful businessman, sportsman, minister – does not make a successful person out of you.

We were created for RELATIONSHIPS! What are some good ingredients for healthy and beneficial relationships? Love, trust, and fellowship.

We are the result of experiences from the past. We are born into a family unit, and in this unit we grow up and mature through relationships. The family meets our basic desires for love and acceptance. We get our self-image, self-worth, self-identity from this unit and especially from our fathers. Should the

father fail to communicate love and

acceptance, the result will be a love vacuum, and out of this vacuum grows rejection. There can be a root of rejection coming through generations. Rejection can be inherited as well as communicated. It is very painful to know and feel that nobody wants you around – you are just in the way. The enemy wants to cripple us in our soul area (personality) so that we cannot grow up to be what God intended us to be.

Isaiah 53:1-3 "1 WHO HAS believed (trusted in, relied upon, and clung to) our message [of that which was revealed to us]? And to whom has the arm of the Lord been disclosed? 2 For [the Servant of God] grew up before Him like a tender plant, and like a root out of dry ground; He has no form or comeliness [royal, kingly pomp], that we should look at Him, and no beauty that we should desire Him. 3 He was despised and rejected and forsaken by men, a Man of sorrows and pains, and acquainted with grief and sickness; and like One from Whom men hide their faces He was despised, and we did not appreciate His worth or have any esteem for Him."

Let's look at the HEBREW understanding of rejection ...

An analysis of the Scriptures shows that there is only one word to describe this ACTION:

- **N-(a)-(a)-S** [Strong's Hebrew 3988] meaning:
 - To spurn,
 - To abhor,
 - To cast away,
 - To reprobate.

1 Samuel 8:7 “7 And the Lord said to Samuel, Hearken to the voice of the people in all they say to you; for they have not **rejected** you, but they have **rejected Me**, that I should not be King over them.”

Jeremiah 2:37 “37 From [Egypt] also you will come away with your hands upon your head, for the Lord has **rejected** those in whom you confide, and you will not prosper with [respect to] them.”

Jeremiah 6:19 “19 Hear, O earth: behold, I am bringing evil upon this people, the fruit of their thoughts (their schemes and devices) because they have not listened and obeyed My words, and as for My law, they have **rejected it**.”

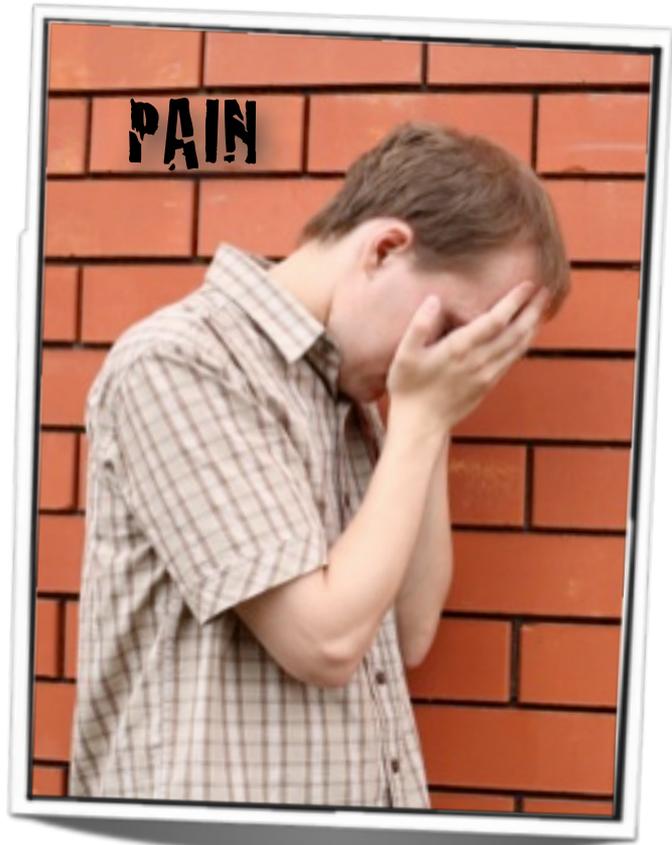
Jeremiah 7:29 “29 Cut off your hair [your crown, O Jerusalem] and cast it away, and take up a lamentation on the bare heights, for the Lord has **rejected** and forsaken the generation of His wrath.”

- **NUN:**

- A fish,
- The action of sprouting or blossoming,
- The latter action is only a part of the cycle of life – consequently every season will have a time to flourish and to degenerate.

- **SHIN:**

- To lean on or support,
- To surround or encircle and it is exactly this last action which needs further analysis. The process of enclosing causes us to be closed off from God and fellowman.
- To the extent that this action of encircling is enforced to a greater degree, we could find that our focus on self-interests will be greater than our interest in God and fellowman.



What picture-meaning do we get?

Man, who has slipped into a path of degeneration due to the pain and the humiliation experienced, will use this as a weapon to close himself off from God. He will “lean on” the pain to sustain him in his path of destruction.

Factors regarding REJECTION ...

1. *The basic needs of a child¹ are:*

- Love.
- Acceptance.
- Identity (sense of belonging) ... who are you? Where do you come from? Where do you fit in?
- Recognition – value.
- Determination – purpose.



NOTE! Love must be communicated² so that it can be received! There are four ways to show love:

- Eyes – windows of your soul.
- Voice.
- Touch – holding hands.
- Time.

¹ For additional study, please see our book *“The JOY Of The LORD Is My Strength”*, available from the website or for order from the office.

² For additional study, please see our book *“Arrows In The Hand Of The Warrior”*, available for download from the website, or for order from the office.

2. An unfulfilled need causes a vacuum in which rejection grows. Every child has an emotional tank that keeps him going. If this tank is filled daily with love and acceptance, the child will function well. If not, you will find there are some emotional bruises and wounds ...
3. A child receives his own identity and sense of worth from his relationship with his father.
4. Rejection maims and destroys the whole person. We have no defense against rejection.
5. Rejection will create an unstable relationship with God – it produces a spirit of competition, coupled with the need to perform to be acceptable.

Psalm 131:1-2 “1 LORD, MY heart is not haughty, nor my eyes lofty; neither do I exercise myself in matters too great or in things too wonderful for me. 2 Surely I have calmed and quieted my soul; like a weaned child with his mother, like a weaned child is my soul within me [ceased from fretting].”

SOURCES of rejection.

We have built a materialistic society that has left children with a deep need of love. Fathers leave the upbringing of children to the mothers. People should be loved and things should be used! The parents are too busy, their thoughts are busy with their own interests, or they are too lazy to communicate with their children. Today, the generation gap is in fact a communication gap.

1. The DEEPEST ROOT, *parent-child relationships*.

- Before birth – A mother can communicate rejection to her unborn baby, a mother transfers to her child that which she herself has.
- Adopted children – Most are rejected by their natural mother and experience a sense of being cast out. When doing their bloodlines, the children need to be cut free from both their biological parents as well as their adopted parents – four bloodlines need to be dealt with.
- Divorce – A child feels that he is rejected by the parent who left home. The child feels he/she has to choose sides. A divorce is emotionally worse than death. The child is in the middle and experiences hatred/hurt from both parents.
- Parents who cannot communicate³ love.
- Parents who suffer from rejection cannot communicate love. Often, these parents will show love by working for children – they feel ashamed to express love.
- Parents who are alcoholics/addicts – they will have unstable moods, and/or speaks a lot of nonsense.
- Substitute love with giving presents/things. This results in a generation of people who cannot give of themselves. Often, the children commit suicide.

³ For additional study, see our book “*Communicating Love*”, available from the website or for order from the office.

- Busy with your own thoughts/things ... love implies to give time and attention to someone else.
- Critical, requires perfection – parents will only give acceptance if the child performs according to the parents' values. The child knows that he has to earn his parents' love and a yoke of slavery is placed upon him/her.
- Objectives parents set for children – force the child to do what mom/dad could not do.
- Discipline by rejecting – the parent shows his disapproval by rejecting the child. It cuts the child off and he feels unworthy, and this creates a negative self-image. Note, this also includes ignoring the child.
- The parent projects an image of an unworthy person on the child. Satan will use this to put the child in bondage. For example, if a son fears his father, he will also fear his manhood.

2. PEER-GROUP *relationships*.



- Cruel remarks when the child is overweight, physical disabilities, freckled, and so forth.
- Cliques and exclusivity – can cause self rejection.
- Lack of achievement (sports, academics, prize-giving, prefects, and so forth).

3. SOCIETY and *culture*.

- Racism causes rejection in minority groups (inferiority).
- Poverty (lack of clothing, shoes, children's homes, orphanages, and so forth).
- The non acceptance of certain social norms brings rejection.

4. Physical CHANGES in the body – *different stages of growth*.

- Insensitive remarks can cause serious wounds. The result is rejection of self. To be able to receive love, a person must accept and love him/herself.

Isaiah 45:9 "9 Woe to him who strives with his Maker!—a worthless piece of broken pottery among other pieces equally worthless [and yet presuming to strive with his Maker]! Shall the clay say to him who fashions it, What do you think you are making? or, Your work has no handles?"

5. CLIENTS, business, and *work*.

- When clients go to someone else you can experience it as rejection.

RESULTS of rejection.

1. *Emotional immaturity.*

- Maturity comes only through relationships and a person that cannot accept love and acceptance, will be immature and insecure.
- As an adult you are selfish and want your own needs met. You over-react – you see all criticism as further rejection. You take everything up as "personal".
- Emotional, social and spiritual maturity comes from the love and acceptance of the father.
- An unfulfilled need will be projected in marriage a girl who did not receive her father's love, will look for that love in her marriage.



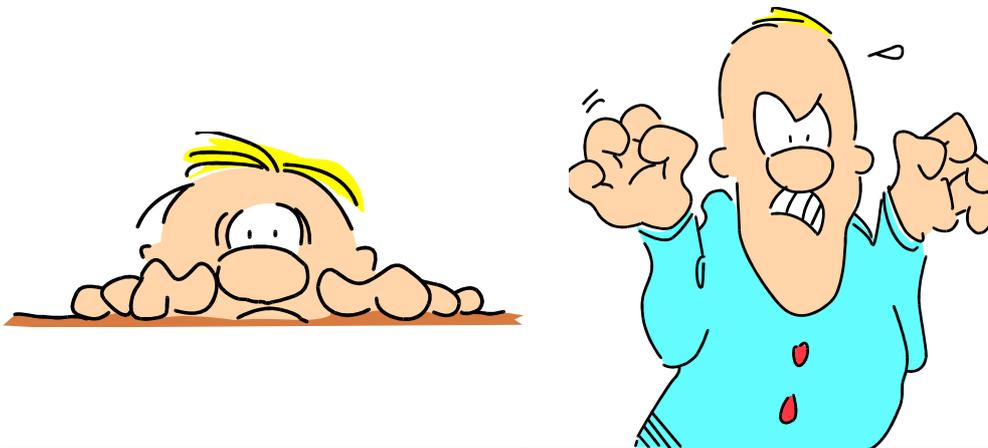
2. *Fear and loneliness.*

- Cannot communicate or associate well with people.

- Afraid to allow people close to them for fear of further rejection. Dominated by fear of rejection.
- Need warmth and love, nevertheless the person becomes hard and puts people off (“I am going to reject you before you reject me”).

Healing can only take place through good relationships – but a rejected person does not want to build relationships. You must continually give such a person LOVE. For example, a young man teased by older brothers – called a sissy, “moffie”, wimp, and so forth, has a great potential to end up as a homosexual ... a very lonely man, seeking love so desperately. This will result in:

- On the INSIDE, he will be filled with insecurity, loneliness, fears, self-pity, arrogance and imagination.
- OUTWARDLY, he will be one of two extremes:



Ahab.	Jezebel
Reserved.	Competitive (root of pride).
Passive, no ambition.	Aggressive.
Competitive spirit.	Shy.
Dream world, lives in the future (the grass is always greener on the other side).	High achiever.
Non-competitive.	Must compete to experience a sense of self-worth - failure is a tragedy!
Imaginary concept of “who he is” is totally false.	Self-rejection.
Sees himself as a victim - “poor me”.	

3. **Self-rejection.**

- Always wants to please others, always looks for attention and approval.
- Negative self image, accepts the rejection of others as an indication of his own unworthiness.
- Accepts the way others evaluate them instead of their own or God's Evaluation. Must always know what others think of you. Not looking for compliments – you are looking for value. All people must like you. You have no opinion of your own – you just go with the flow!
- Compare themselves to others.

*2 Corinthians 10:12 “12 **Not that we [have the audacity to] venture to class or [even to] compare ourselves with some who exalt and furnish testimonials for themselves! However, when they measure themselves with themselves and compare themselves with one another, they are without understanding and behave unwisely.”***

4. **Critical spirit (of themselves and others) [Matthew 7:3].**

- Loss of self-identification (sense of belonging).
- Rejection destroys a person's self-identification (schizophrenics and homosexuals have no father image). The two roots of homosexuality are rejection and rebellion (in a stable home a child is taught boundaries and this gives him security and a sense of belonging).
- Seeks identity somewhere else. For example, teenagers in a peer group, adults in a church, club or occupation, fashion, pop stars, and so forth.
- Women become blank pieces of paper for their husbands to write on – they cannot make their own choices/decisions. They have no opinion of their own – this is clearly a spirit of slavery.

*What does **GOD** say? You will know who you are when you know
WHOSE you are!*

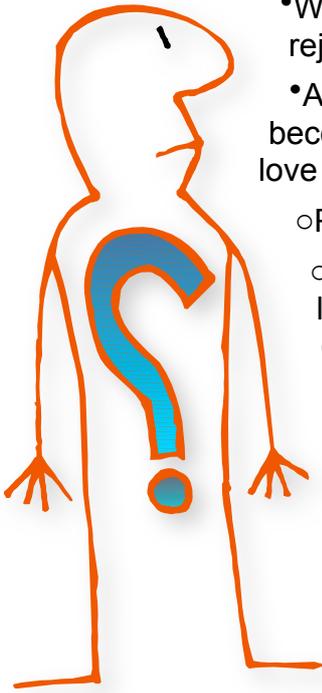
5. **Unstable relationship with God [Psalm 27:10].**

- A child without the love of a father will find it difficult to build a stable relationship with God as Father.
- A child who grows up with rejection will rather accept rejection from God than His Love, they will always read negative Scriptures.

James 2:13 “Mercy triumphs over judgment.”

- A person suffering from rejection will have a relationship with God based on works and he works HARD to be accepted by God.

6. A “love vacuum” – you become demanding.



•When love is not communicated, it creates a vacuum out of which rejection grows.

•Anything that you use to fill the need in that **love vacuum**, will become an idol, an object of worship. Only Y’shua [Jesus] can fill a love vacuum. Nevertheless people try to fill it with:

○People,

○No person can ever fill a love vacuum – “I must find someone to love me.” Singles think marriage will fulfill them – LIE! You need to grow up and mature to a place that you are able to be a GIVER! Your spouse cannot fill the vacuum, nor your pastor or counselor.

○The person who has a love vacuum, tends to draw others into this vacuum and suck the life out of them. The spouse and/or friends feel suffocated and dominated ... “Love me enough to make me feel good!”

○Example of a love vacuum in a marriage (Proverbs 30:23):

▪Spouse is SUFFOCATED – the vacuum sucks life out of them.

▪Spouse is WORSHIPPED – they become the centre of your life, and you manipulate them.

▪ Spouse is BOUND – requirements are made that cannot be met, there is a reaction of hate and jealousy (cannot have their own friends).

○ The person with a love vacuum becomes jealous and possessive, domineering and has a controlling spirit. Will require the other person's attention continually, and if it is refused, they feel rejected. It becomes a one-way relationship with one person who gives and the other who takes. Do not want to share the person.

▪ NOTE! Don't allow the needs of another person to control you, otherwise you become their slave!

○ Emotional Blackmail:

▪ Marriage – “If you really love me you will ... ”

▪ Threats of suicide.

▪ Parent-child relationships – “I am your mother!” The relationship is used to cause guilt on the other party.

▪ Friendship (within homosexuality, the emotional ties are very strong – the weaker one gets sucked in).

○ Objectives and possessions.

○ Pleasures.

○ Career – workaholic.

○ Intellectualism – degrees.

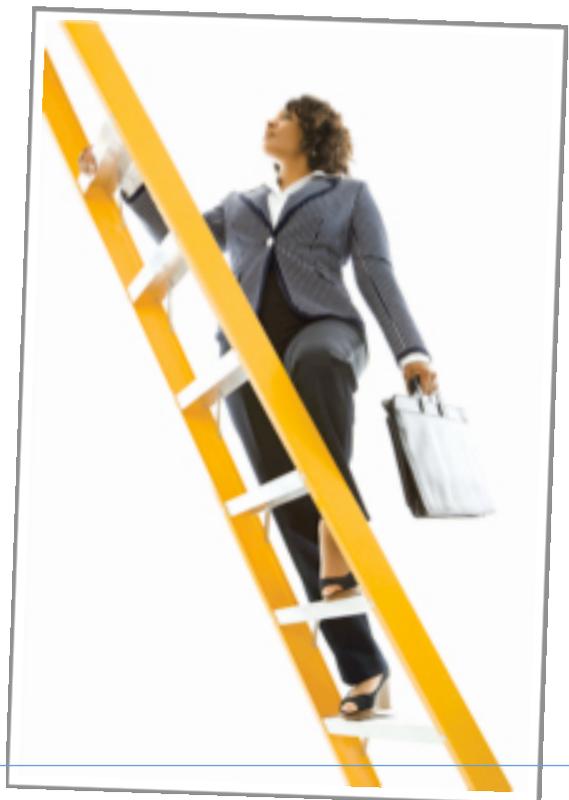
○ Free sexual relationships – jump from bed to bed (the physical can never satisfy the spiritual).

○ Become totally self-centered – “it’s all about ME!”

- Pleasure, self-gratification.
- Sex, lust, and perversity (love without a commitment).
- REMEMBER! If you cannot receive love emotionally and spiritually, the body becomes the instrument by which love is given or received.
- Religion:
 - “Saviour image” (Jim Jones for example).
 - The broken person wants followers and tries to keep them dependent on him. He has a need to feel important and wants to be needed – this could be the motivation for starting a ministry. Some people become religious to fulfill a need.
- Drugs and alcohol.

7. *Seeking position and recognition.*

- A person in a vacuum of rejection seeks a position of leadership because it is there that he finds self worth. He will find it difficult to be a servant, because it gives him no self-esteem.



How to be SET FREE from rejection ...

1. ***Forgive the ones who have rejected you*** ... loose the ones who have rejected you and then God can loose you. Forgiveness is a choice – it is a process and starts with a decision. If you cannot forgive, you will not be able to receive God's Love.

Hebrews 12:14 “14 Strive to live in peace with everybody and pursue that consecration and holiness without which no one will [ever] see the Lord.”

Remember, certain people hurt out of ignorance, not on purpose – it can be because of a careless attitude or they were just in a bad mood.

2. ***Y’shua [Jesus] carried your rejection:***

- a. Isaiah 52:14 – Y’shua [Jesus] was marred on the cross.
- b. Isaiah 53:1 3 – new shoot.
- c. Isaiah 54:4-6
- d. Isaiah 30:17
- e. Psalm 22:6

Messiah in you enables you to permanently walk in forgiveness. As our High Priest, Y'shua [Jesus] identifies with our rejection. He was rejected by the people closest to Him, as well as by the world. Give all your rejection to Him.

3. **Find your identity in our Messiah** and confirm the Image of the Father. Your name is written in God's Book. Value: He paid for you with His Blood.

*Isaiah 64:8 "8 Yet, O Lord, You are our Father; **we are the clay, and You our Potter, and we all are the work of Your hand.**"*



*Psalm 22:9-10 "9 Yet You are He Who took me out of the womb; **You made me hope and trust when I was on my mother's breasts.** 10 I was cast upon You from my very birth; from my mother's womb You have been my God."*

*Psalm 139:13-16 "15 My frame was not hidden from You when I was being formed in secret [and] intricately and curiously wrought [as if embroidered with various colors] in the depths of the earth [a region of darkness and mystery]. **16 Your eyes saw my unformed substance, and in Your book all the days [of my life] were written before ever they took shape, when as yet there was none of them.**"*

*Psalm 27:10 "10 Although my father and my mother have forsaken me, **yet the Lord will take me up [adopt me as His child].**"*

4. **Accept the fact that YOU are already ACCEPTED in the Beloved.**

*Ephesians 1:6 "6 [So that we might be] to the praise and the commendation of His glorious grace (favor and mercy), **which He so freely bestowed on us in the Beloved.**"*

5. **Find your identity in Messiah Y'shua [Jesus], that you are:**

- a. Made in His Image (2 Corinthians 3:18).
- b. New creation (2 Corinthians 5:17).
- c. His Workmanship.

*Ephesians 2:10 "10 **For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live]."***

6. **Accept yourself and receive the Father's LOVE** ... think as Father God thinks.

7. **Allow our Messiah to fill the love vacuum in your life** ... remember, John lay his head of the breast of Y'shua [Jesus]. How close can you get to Messiah? As close as you want to!

*Revelation 3:20 "20 **Behold, I stand at the door and knock; if anyone hears and listens to and heeds My voice and opens the door, I will come in to him and will eat with him, and he [will eat] with Me."***

*Jeremiah 17:5 -7 "5 **Thus says the Lord: Cursed [with great evil] is the strong man who trusts in and relies on frail man, making weak [human] flesh his arm, and whose mind and heart turn aside from the Lord.** 6 **For he shall be like a shrub or a person naked and destitute in the desert; and he shall not see any good come, but shall dwell in the parched places in the wilderness, in an uninhabited salt land.** 7 **[Most] blessed is the man who believes in, trusts in, and relies on the Lord, and whose hope and confidence the Lord is."***

*Proverbs 18:24 "24 **The man of many friends [a friend of all the world] will prove himself a bad friend, but there is a friend who sticks closer than a brother."***

*Song of Solomon 2:4,16; 8:5 "4 **He brought me to the banqueting house, and His banner over me was love [for love waved as a protecting and comforting banner over my head when I was near him].** 16 **[She said distinctly] My beloved is mine and I am His! He pastures his flocks among the lilies.** 5 **Who is this who comes up from the wilderness leaning upon her beloved? [And as they sighted the home of her childhood, the bride said] Under the apple tree I awakened you; there your mother gave you birth, there she was in travail and bore you."***

8. **Very IMPORTANT!** Spend a lot of time to study God's Word on how He feels about you. Let God's Word satisfy you. God does not expect the impossible from you. It's like a little child learning to walk. Draw on HIS LOVE until your vacuum is filled!
9. **FORGIVE** – even yourself – and give your hurt to Y'shua [Jesus].
10. **Break down the walls by the Power of the Holy Spirit.**
11. **Build "spiritual muscles", rooted in God's Word.**

12. **Discover you calling** (1 Peter 4:10).

13. **Renew your mind** (Romans 12:2).

John 16:33 “33 I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]”

14. Enter and possess your land!

15. Additional Scriptures:

- a. Philippians 4:13, 19
- b. 2 Timothy 1:7
- c. 1 John 4:4
- d. 1 Peter 5:7
- e. Romans 8:1, 31



The Hebrew Language

The Hebrew Language ...

What's the context? It is so important to ask – and answer – this question, particularly when studying the Scriptures. We need to know what the meaning, understanding, culture, and value system of the text was in the language and time the text was written. Our modern-day mindsets cause us to define words within today's meanings, understanding, culture, and value systems ... however, this is often quite a way off from what was the original – and intended – understanding.

The Scriptures were written thousands of years ago in HEBREW, and in an Eastern-Semitic culture. If this is truth, then can we come to a different interpretation of any given passage?



In order to expand our study and understanding of the Word, we need to have a “crash course” in the original language the text was written, ancient Hebrew.

Ancient Hebrew has an alphabet of TWENTY-TWO letters. Obviously, words are written using a combination of these letters [note, there are no vowels]. However, what makes this language even more of an “adventure” is that each individual letter of the alphabet has a unique meaning, picture [symbolism], and number. This means, you can study and understand the plain text as is ... and you can study further by delving into the individual symbolism of the letters. Often, doing this kind of study brings out further meaning and richness to the passage. You will find that we have used this type of study – examining the picture-meaning of the Hebrew words – throughout our materials. We have found this such a blessing in our own understanding of the Scriptures, and trust you will enjoy it just as much! Truly, God's Word is ALIVE!

Ancient Hebrew⁴

Ancient Hebrew						
Early	Middle	Late	Name	Picture	Meaning	Sound
			El	Ox head	Strong, Power, Leader	ah, eh
			Bet	Tent floorplan	Family, House, In	b, bh(v)
			Gam	Foot	Gather, Walk	g
			Dal	Door	Move, Hang, Entrance	d
			Hey	Man with arms raised	Look, Reveal, Breath	h, ah
			Waw	Tent peg	Add, Secure, Hook	w, o, u
			Zan	Mattock	Food, Cut, Nourish	z
			Hhet	Tent wall	Outside, Divide, Half	hh
			Tet	Basket	Surround, Contain, Mud	t
			Yad	Arm and closed hand	Work, Throw, Worship	y, ee
			Kaph	Open palm	Bend, Open, Allow, Tame	k, kh
			Lam	Shepherd Staff	Teach, Yoke, To, Bind	l
			Mem	Water	Chaos, Mighty, Blood	m
			Nun	Seed	Continue, Heir, Son	n
			Sin	Thorn	Grab, Hate, Protect	s
			Ghah	Eye	Watch, Know, Shade	gh(ng)
			Pey	Mouth	Blow, Scatter, Edge	p, ph(f)
			Tsad	Man on his side	Wait, Chase, Snare, Hunt	ts
			Quph	Sun on the horizon	Condense, Circle, Time	q
			Resh	Head of a man	First, Top, Beginning	r
			Shin	Two front teeth	Sharp, Press, Eat, Two	sh
			Taw	Crossed sticks	Mark, Sign, Signal, Monument	t

⁴ http://elshaddainministries.us/hebrewalphabet_old.html

Modern Hebrew⁵ ...

MARK	NAME	PRONOUNCED	TRANSLITERATION
א	Aleph	Silent letter	‘ (or none)
ב/בּ	Bet / Vet	b as in boy (no dot: v as in vine)	b / v
ג/גּ	Gimmel	g as in girl	g
ד/דּ	Dalet	d as in door	d
ה	Hey	h as in hay	h
ו	Vav	v as in vine; “consonantal vowel”	v
ז	Zayin	z as in zebra	z
ח	Chet	ch as in Bach	ch (or h)
ט	Tet	t as in time	t
י	Yod	y as in yes; “consonantal vowel”	y
כ/כּ	Kaf/Khaf *	k as in kite (no dot: ch as in bach)	k / kh
ל	Lamed	l as in look	l
מ/מּ	Mem *	m as in mom (sofit form)	m
נ/נּ	Nun *	n as in now (sofit form)	n
ס	Samekh	s as in son	s
ע	Ayin	Silent letter	‘ (or none)
פ/פּ	Pey/Fey *	p as in park (no dot: ph as in phone)	p / ph
צ/צּ	Tzade *	ts as in nuts (sofit form)	ts / tz
ק	Qof	q as in queen	k (or q)
ר	Resh	r as in rain	r
ש/שּ	Shin/Sin	sh as in shy (s as in sun)	sh / s
ת/תּ	Tav	t as in tall	t

* Has a different form when it occurs at the end of a word (sofit).

⁵ www.hebrew4christians.com