

JOURNEY

FREEDOM!



Traveler's Handbook:
Uprooting generational
heart-attitudes and roots

Traveler's Handbook:
Uprooting generational
heart-attitudes and
roots

There is a balm in
Gilead that heals
the wounded
soul ... in is found
in the Healing
Hands of our Abba
Father

Amanda Buys' Spiritual Covering

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The Priestly Blessing ...

Numbers 6:24-26

“²⁴ The LORD bless thee, and keep thee: ²⁵ The LORD make his face shine upon thee, and be gracious unto thee: ²⁶ The LORD lift up his countenance upon thee, and give thee peace.”

The Priestly Blessing ...

Hebraic Translation

"YHVH will kneel before you presenting gifts, and He will guard you with a hedge of protection, YHVH will illuminate the wholeness of His Being toward you, bringing order, and He will provide you with love, sustenance, and friendship, YHVH will lift up the wholeness of His Being and look upon you, and He will set in place all you need to be whole and complete."

The Priestly Blessing¹

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ:

and may he guard you the LORD may he bless you

May the LORD² bless you³ and keep you⁴

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְךָ:

and show you favor on you his face the LORD May he shine

May the LORD make His face⁵ shine⁶ upon you and be gracious⁷ to you

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם:

peace for you and establish on you his face the LORD may he lift up

May the LORD lift up⁸ his face to you and give you peace⁹

¹ This blessing is (ritually) recited (by the kohanim) during synagogue services during *Nesiat Kapayim* ("the Raising of the Hands"), though it is also recited over children on Friday night before the start of the Shabbat meal or as a bedtime blessing.

² The name *YHVH* (יהוה) represents God's attributes of love and mercy (מִדַּת הַרַחֲמִים), in contradistinction to the name *Elohim* (אֱלֹהִים), which represents God's attribute of justice and power as our Creator.

³ בְּרַכָּה (*b'rachah*). Jewish tradition considers this both material and spiritual prosperity. Pirkei Avot 3:15 says, "If there is no flour, there is no Torah," by which is meant that material benefits are intended to help you pursue study of Torah. The first occurrence of the word "blessing" in the Scriptures pertains to *pru urvu* (פְּרוּ וּרְבוּ), "be fruitful and multiply" (Gen. 1:22).

⁴ שָׁמַר (*shamar*): To guard, protect, heed, as in the exercise of diligent care. Only God has the power to secure the conferred blessing and keep it from turning sour or from fading away.

⁵ The word for "face" (פָּנִים) is plural with the 3rd person singular ending. It is considered metaphorical since God is incorporeal. The plural form is thought by some to indicate God's revealed and hidden attributes in creation.

⁶ The hiphil verb (יָאֵר) comes from the word "light" (אֹר), and is thought to refer to God's wisdom. "May God enlighten you" with His wisdom, i.e., the Divine Light that preceded the work of creation (Gen. 1:3).

⁷ May God grant you grace or favor (חֵן), i.e., to understand the "breadth and length and height and depth" of God's love (Eph. 3:18). Grace refers to the bestowal of an undeserved gift. The blessing is bestowed even though unearned or unmerited.

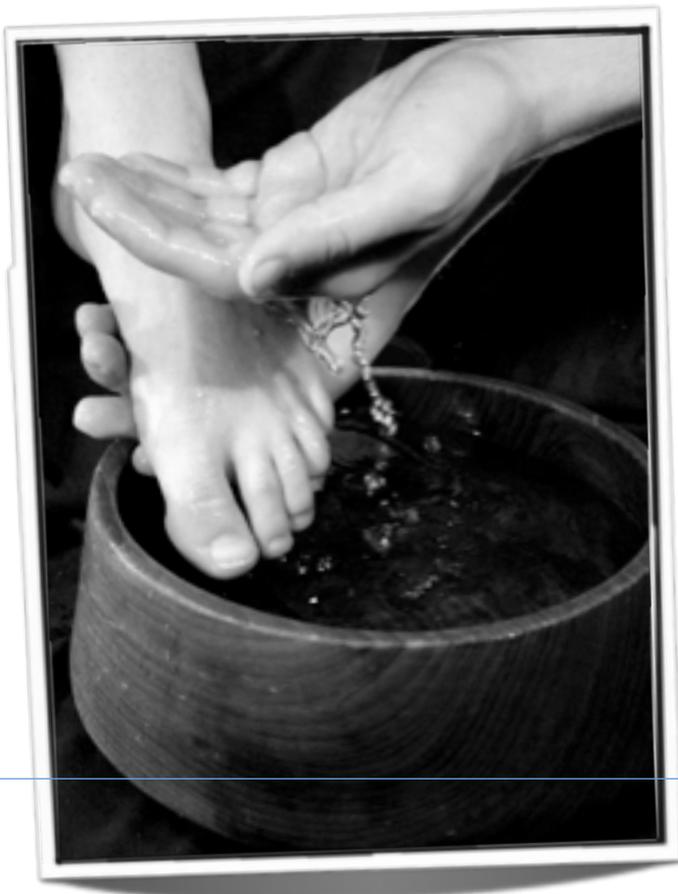
⁸ Since one's face is an indication of the heart's attitude, Rashi says that this means God will suppress His anger by "looking at you" (if God is angry at you, He "turns His face away" and refuses to admit your presence). The "lifting of face" also pictures God lifting you up as a father might lift up his child in joy. The "showing of face" indicates spiritual intimacy.

⁹ All of the other blessings are useless without the establishment of inner peace, and therefore it is the seal of the blessing. Shalom (שְׁלוֹם) is not simply the absence of strife, but a balance and harmony between the finite and infinite, the temporal and the eternal, the material and the spiritual realms. Shalom is a gift from Sar Shalom (שָׂר שְׁלוֹם), the Prince of Peace.

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Part 7:
The root of pride



The Spirit that operates in God's Kingdom is that of HUMILITY. When the disciples argued about who is the greatest, Y'shua [Jesus] called a child. Pride is a very difficult area to deal with, because we all resist the truth of pride in our lives. We are brain-washed from childhood – the world has a high value on pride, focusing on talents, abilities, family pride, nation pride, spiritual pride, and so forth.

Arrogance/pride is not a demon. It is an attitude of the heart that gives place to the enemy. Pride is an image that has been erected to hide inner feelings of worthlessness just as a tombstone is erected on a grave with rotting flesh and bones. Pride cannot be separated from rejection.

1 John 2:15-16 "15 Do not love or cherish the world or the things that are in the world. If anyone loves the world, love for the Father is not in him. 16 For

all that is in the world—the lust of the flesh [craving for sensual gratification] and the lust of the eyes [greedy longings of the mind] and the pride of life [assurance in one's own resources or in the stability of earthly things]—these do not come from the Father but are from the world [itself]."

*Jeremiah 9:23 "23 Thus says the Lord: **Let not the wise and skillful person glory and boast in his wisdom and skill; let not the mighty and powerful person glory and boast in his strength and power; let not the person who is rich [in physical gratification and earthly wealth] glory and boast in his [temporal satisfactions and earthly] riches;"***

*Galatians 6:14 "14 **But far be it from me to glory [in anything or anyone] except in the cross of our Lord Jesus Christ (the Messiah) through Whom the world has been crucified to me, and I to the world!"***

*Philippians 3:4-8 "4 Though for myself I have [at least grounds] to rely on the flesh. **If any other man considers that he has or seems to have reason to rely on the flesh and his physical and outward advantages, I have still more!** 5 Circumcised when I was eight days old, of the race of Israel, of the tribe of Benjamin, a Hebrew [and the son] of Hebrews; as to the observance of the Law I was of [the party of] the Pharisees, 6 As to my zeal, I was a persecutor of the church, and by the Law's standard of righteousness (supposed justice, uprightness, and right standing with God) I was proven to be blameless and no fault was found with me. 7 **But whatever former things I had that might have been gains to me, I have come to consider as [one combined] loss for Christ's sake.***

“8 Yes, furthermore, I count everything as loss compared to the possession of the priceless privilege (the overwhelming preciousness, the surpassing worth, and supreme advantage) of knowing Christ Jesus my Lord and of progressively becoming more deeply and intimately acquainted with Him [of perceiving and recognizing and understanding Him more fully and clearly]. For His sake I have lost everything and consider it all to be mere rubbish (refuse, dregs), in order that I may win (gain) Christ (the Anointed One),”

Isaiah 14:12-14 **“12 How have you fallen from heaven, O light-bringer and daystar, son of the morning! How you have been cut down to the ground, you who weakened and laid low the nations [O blasphemous, satanic king of Babylon!] 13 And you said in your heart, I will ascend to heaven; I will exalt my throne above the stars of God; I will sit upon the mount of assembly in the uttermost north. 14 I will ascend above the heights of the clouds; I will make myself like the Most High.”**

Habakkuk 2:4-5 “4 Look at the proud; his soul is not straight or right within him, but the [rigidly] just and the [uncompromisingly] righteous man shall live by his faith and in his faithfulness. 5 Moreover, wine and wealth are treacherous; the proud man [the Chaldean invader] is restless and cannot stay at home. His appetite is large like that of Sheol and [his greed] is like death and cannot be satisfied; he gathers to himself all nations and collects all people as if he owned them.”

Let’s have a look at the Hebrew understanding of pride ...

- **Z-(a)-D-o-N-(e)** [Strong’s Hebrew 2087], meaning:
 - Arrogance,
 - It is used within the context of “badness and/or wickedness”.

1 Samuel 17:28 **“28 Now Eliab his eldest brother heard what he said to the men; and Eliab’s anger was kindled against David and he said, Why did you come here? With whom have you left those few sheep in the wilderness? I know your **presumption** and evilness of heart; for you came down that you might see the battle.”**

Proverbs 11:2 **“2 When swelling and **pride** come, then emptiness and shame come also, but with the humble (those who are lowly, who have been pruned or chiseled by trial, and renounce self) are skillful and godly Wisdom and soundness.”**

Proverbs 13:10 **“10 By **pride** and insolence comes only contention, but with the well-advised is skillful and godly Wisdom.”**

- **G-(a)-(a)-V-(a)-H** [Strong’s Hebrew 1346/47, from the root word G-A-A-H], meaning:
 - Arrogance, haughtiness,
 - Swelling.

Job 35:12 **“12 [The people] cry out because of the **pride** of evil men, but He does not answer.”**

*Psalm 10:2, 4 “2 The wicked in **pride** and arrogance hotly pursue and persecute the poor; let them be taken in the schemes which they have devised. 4 The wicked one in the **pride** of his countenance will not seek, inquire for, and yearn for God; all his thoughts are that there is no God [so He never punishes].”*

*Psalm 36:11 “11 Let not the foot of **pride** overtake me, and let not the hand of the wicked drive me away.”*

*Isaiah 28:1, 3 “**WOE TO** [Samaria] the crown of **pride** of the drunkards of Ephraim [the ten tribes], and to the fading flower of its glorious beauty, which is on the head of the rich valley of those overcome and smitten down with wine! 3 With [alien] feet [Samaria] the proud crown of the drunkards of Ephraim will be trodden down.”*

*Proverbs 14:3 “3 In the fool’s own mouth is a rod [to shame] his **pride**, but the wise men’s lips preserve them.”*

- **R-(o)-K-(o)-S** [Strong’s Hebrew 7407] meaning “snare”.



*Psalm 31:20 “20 In the secret place of Your presence You hide them from the **plots** of men; You keep them secretly in Your pavilion from the strife of tongues.”*

What picture-meanings do we get?

- **Z-D-N** [Strong’s Hebrew 2087]
 - **ZAYIN**:
 - Represents a weapon which we can use:
 - To create or build peace, OR,
 - Go to war – this is almost always based on hurt or greed.
 - Movement – the thrust backwards/forwards, the movement of the weapon reflects this concept of movement.
 - The hidden meaning of the letter reveals the act of fornication with a woman.
 - This gives us a clearer picture of the meaning of the movement – it reveals actions without love, action based on self-interest.

- **DALET:**
 - Represents a door, a portal, an entrance.
 - The imagery is to look past the door – what is the function of a door? It is to reveal or bring forth that which is hidden or placed behind the door.
- **NUN:**
 - Represents the concept of:
 - A fish,
 - The action of sprouting or blossoming.
 - This latter action is only a part of the cycle of life – consequently every season will have a time to flourish and degenerate.

The picture formed is therefore something like this ... “pride is really a weapon used for self, an action without love where we ruthlessly push forward to take whatever we can find even if it means death”.

Another Hebrew word associated with pride is ...

- **G-H** [Strong’s Hebrew 1346/7]
 - **GIMMEL:**
 - A man dressed up as a camel.
 - **HEY:**
 - The Image of God in the house, however if we have not invited the Holy Spirit into our lives we have an empty container.

The picture formed here is this ... “without the Holy Spirit in our lives, man as the basic element of a household will strive to present himself for what he is not, by dressing up or putting on a mask”.

- **R-Q-S** [Strong’s Hebrew 7407]
 - **RESH:**
 - The head which without the Spirit of God will focus on:
 - To be in charge of,
 - To be in control.
 - And which will result in man becoming a task master (Egyptian) OR,
 - It can represent “poverty” which is represented by the pursuit of vain things – the action of doing things without success, AND,
 - Which leads to shame.
 - **QOF:**
 - Can be either a monkey or ape, OR,
 - Growth or holiness.

○ **SAMEKH:**

- Support, trust, fullness – however, if we are always unsuccessful this will lead to poverty and/or depression.

The picture formed by these letters reveal the following ... “a man whose life is focused on his ability to be a dictator/controller will react like the wild nature of a monkey, taking only for himself and because he fails to sow for the next generation, he leaves a legacy of poverty and depression”.

The image of pride ...

Remember the love vacuum? Rejection is closely tied to a strong root of pride/arrogance. Pride grows in the vacuum caused by rejection in order to compensate out of the pain, and thus builds its own self-image.

Very few of us really show who we are (rejected). Many build an image of who we would like to be – acceptable by us and others.



- The image of pride is erected to hide worthlessness. When a person has no self worth, then he believes in the image he himself has built.
- The image is two dimensional, built like a stage scene out of Hollywood. It is not real, but the person begins to believe in it. All his worth comes from that which he has built. Make-up, hair, fashion ... perfect?! Our value is in how we look! The image becomes like God. It is very important for the proud person to keep his eyes on the image – if he looks at his worthlessness, it can destroy him.
- The image of pride is a god that has to be satisfied, we are forced into giving in to the demands of the image instead of the Word of God. It then becomes idol worship.
- The image now becomes an idol, because all the person's energy is needed to maintain it ... I, my achievement, my successes, and so forth. He can support the props by WINNING (which makes him feel good); by oppressing others to exalt himself; by boasting about what he owns ... you are never relaxed and “normal”, but always false.
- Pride wants the image to be infallible. It is because the image occupies place of God and therefore it has to carry the image of God. Pride never wants to be wrong – this causes an unteachable spirit, which never says “I’m sorry” and also struggles to forgive yourself.

REMEMBER! Allow yourself a measure of fallibility. You can be wrong, but still have meaning and self worth!

Factors of pride ...

1. **ACHIEVEMENT** and **PERFORMANCE**:

- a. Definition? A person who is driven to accomplish things must maintain a high level of achievement – must excel.
- b. Description? High achiever, works harder, stays at work longer than anyone else, driven to achieve (workaholic). Pride is something you can't see in yourself. You are focused on outward appearances: stockings, hat, suit ... even spirituality, we judge according to our own standards.
- c. What is the **FRUIT**?
 - i. The result of achievement is that even though his work is a great success, he, in fact, has a problem with relationships.
 - ii. He will try to achieve for God and will build a relationship with God on the basis of his achievements. Sets very high standards for himself. God's Acceptance is received on the basis of his works.
 - iii. Pride makes him believe that he can please God. You do not receive from God what you deserve – but much, much more than you deserve! Y'shua [Jesus] paid for it all!
- d. **REMEMBER!** Our relationship with God is never built on the basis of our works, but always on the basis of His Grace. He accepts us just as we are. You cannot grow to be more acceptable for God. You are totally accepted.

2. **PERFECTIONISM** (intolerance).

- a. Definition? A person who sets himself standards higher than normal. By achieving these standards, he places himself above others and is critical of those who do not accept the same standards. He/she is proud of his/her perfectionism!
- b. Description? Lack of love, is indifferent to needs of others, insensitive, quick to judge, sharp tongue, critical and impatient. Puts high standards and possessions (cars, furniture, carpets, and so forth) above people.
- c. What is the **FRUIT**?
 - i. A critical spirit, harsh attitude towards yourself and others, that has a strictness of character as a result.
 - ii. Self-righteousness and spiritual pride. Tries to bargain with God – fasting, prayer, works, and so forth.
 - iii. Transfers rejection to children and spouse, because acceptance is based on achievement. Nothing is good enough! Rejects people if they do not perform or look like you want them to.
 - iv. Poor relationship with God. Sees God as a perfectionist and tries to achieve for Him. It is a high standard you set for yourself.
 - v. A life filled with works, but no relationship with God.

3. COMPETITION.

- a. Definition? Continual striving to be better than others – to be first, to be better, to gain recognition.
- b. Description? Selfish, self-willed, elevation of self, ambitious, jealous, focused on status – cars, house, clothes, titles, and so forth.

2 Corinthians 10:12 “12 Not that we [have the audacity to] venture to class or [even to] compare ourselves with some who exalt and furnish testimonials for themselves! However, when they measure themselves with themselves and compare themselves with one another, they are without understanding and behave unwisely.”



c. What is the **FRUIT**?

i. Enmity amongst people. In marriage or ministry, competition will destroy relationships.

*Galatians 5:26; 6:3 “26 Let us not become vainglorious and self-conceited, **competitive and challenging and provoking and irritating to one another, envying and being jealous of one another.** 3 For if any person thinks himself to be somebody [too important to condescend to shoulder another’s load] when he is nobody [of superiority except in his own estimation], **he deceives and deludes and cheats himself.**”*

ii. Compare ourselves with others continually ... size of church, home group, income, and so forth. Always want to be the best! Never promote yourself in ministry. God opens doors!

iii. Jealousy and envy. Discontent. Never break other ministries down. Build one another up!

4. UNFORGIVENESS (especially yourself).

- a. Description? Unforgiving, bitter, disapproving, alienated, hypersensitive, harsh.
- b. What is the **FRUIT**?
 - i. Guilt and condemnation. Basic problem is that he cannot forgive himself for the past and therefore he cannot accept God's Forgiveness. Condemnation stems from a sense of failure.
- c. REMEMBER! Pride will prevent him from forgiving himself, because he has destroyed the image that pride has built.
 - i. Bitterness and hatred, blames others.
 - ii. Blindness and deception. He fails to see himself and others as they really are.
- d. REMEMBER! Pride requires revenge not forgiveness. Pride will keep up a false sense of justice, against which man must defend himself.

5. **CRITICAL** and **SELF**-centered.

- a. Definition? Pride requires that a person centers only around himself and his own needs, and then demands the central role. He then becomes very critical of others.
- b. Description? Critical, judgmental, insensitive to the needs of others, demanding, and self-righteous.
- c. What is the **FRUIT**?
 - i. Will destroy a relationship by constantly correcting or judging the other person (Break one another down in company).
 - ii. Will focus on the bad points in every other person but only on his own good ones. Is blind to his own faults.
 - iii. Unteachable, finds it difficult to receive reproof.

6. **UNBELIEF**.

- a. Definition? Pride is independent and self-sufficient. To believe, one has to recognize a need, a limitation. Unbelief endeavours to establish his independence so that no one else is needed. Pride is the root of unbelief.
- b. Description? Independent spirit, self-sufficient, finds it difficult to receive, untouchable. To receive from God, you must realize and acknowledge you have a need. You must be able to receive from God and man.
- c. What is the **FRUIT**?
 - i. Strives with God for results. Seeks His blessings. Faith grows out of humility. Humility and faith seek after the goodness of God.
 - ii. Desires honour from people rather than honour from God. **PRIDE KILLS PRAISE** (kneeling, raising hands)! You are more worried about what people think than what God thinks!

What is the FRUIT¹ of pride?

- You feel very special and unique.
- Concentrate more on your rights and not your responsibilities.
- You hear about the problems of others and begin to criticize and attack – your heart is closed to receive ministry from these people.
- All forms of evil speaking and gossip.
- You feel you have the right to carry a grudge – bitterness.
- Self-pity, which is a bottomless pit – practice thankfulness to get out of it.
- Stingy with our possessions, money, and so forth.
- Sarcastic sense of humour.
- Impatience.
- False humility – wants to be begged.

¹ See the Scriptures ... Proverbs 6:16-17; Proverbs 16:5, 18, 19; Proverbs 26:12; Proverbs 15:25.

- You feel very special and unique.
- Expect to be consulted, feel hurt when someone else is chosen above you to give direction. Humility says, “if God wants to, then I will be involved”.
- Others must go through what you've been through. “In my days I walked by foot, now you will walk!”
- Jealous if others are blessed or used of God.
- Pride touches the honour of God.

Malachi 2:2 "2 If you will not hear and if you will not lay it to heart to give glory to My name, says the Lord of hosts, then I will send the curse upon you, and I will curse your blessings; yes, I have already turned them to curses because you do not lay it to heart."



- Accepts no weakness.
- Requires selective submission on any terrain – the doctrines of certain churches.
- Causes disloyalty, undermines authority.
- Unthankful – nothing is really good enough.
- Builds unity through doctrine, gifts, ministry ... and not on Cross.
- Concentrates on what has not been done.

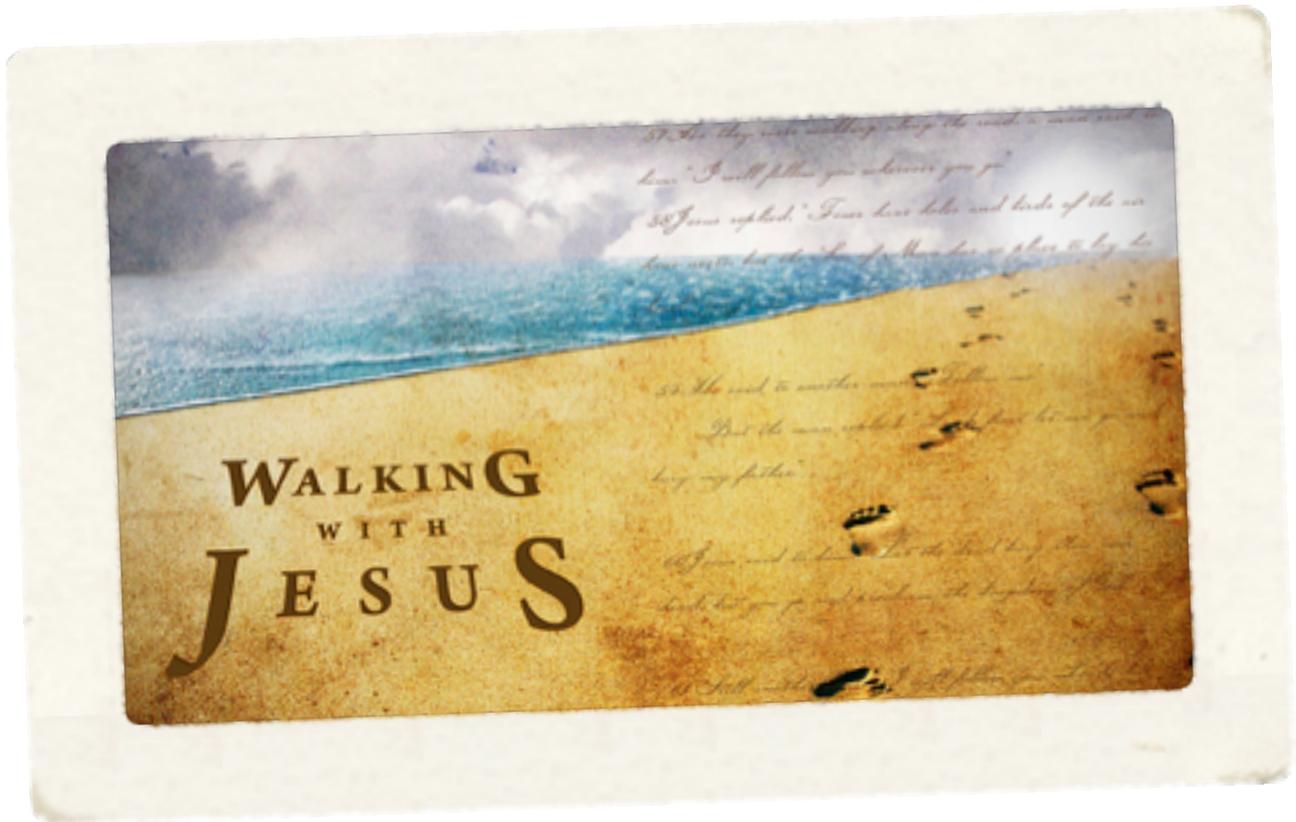
Proverbs 11:2 "2 When swelling and pride come, then emptiness and shame come also, but with the humble (those who are lowly, who have been pruned or chiseled by trial, and renounce self) are skillful and Godly Wisdom and soundness."

How do we cut down the ROOT of pride?

- Ask God to show you the deception of pride.
- Receive the truth that your self-worth and meaning come from God and not from who you are or what you have achieved.
- Repent of the sin of pride (deep repentance of your actions).
- Loose the image of pride – allow God to break the image, so that he can bring the true person that you really are, to the fore.

- REMEMBER! Change the motivation of your heart from pride to LOVE. Ask yourself ... why are you doing what you're doing? Do not do it for people – do it for God only.

The root of every sin and evil is pride. Where the Spirit of the Lord is, there is liberty. Humility² frees you to be yourself but pride binds you. Pride comes out of the heart and is mainly dealt with through true repentance. When you say ... “praise God, I’m free of pride!” then you really have a problem!



Characteristics of humility ...

- Self-control, not easily hurt.
- An unruffled temperament – not obsessed with self.
- Teachable spirit. He realizes he is dependent on God, but nevertheless he is secure, because he realizes that he has all the power of God available to him.

Psalm 25:9 “9 He leads the humble in what is right, and the humble He teaches His way.”

Matthew 20:26-27 “26 Not so shall it be among you; but whoever wishes to be great among you must be your servant, 27 And whoever desires to be first among you must be your slave—“

² Additional Scriptures ... Isaiah 29:19; Proverbs 15:33; Psalm 10:17; Psalm 9:12.

The Hebrew Language

The Hebrew Language ...

What's the context? It is so important to ask – and answer – this question, particularly when studying the Scriptures. We need to know what the meaning, understanding, culture, and value system of the text was in the language and time the text was written. Our modern-day mindsets cause us to define words within today's meanings, understanding, culture, and value systems ... however, this is often quite a way off from what was the original – and intended – understanding.

The Scriptures were written thousands of years ago in HEBREW, and in an Eastern-Semitic culture. If this is truth, then can we come to a different interpretation of any given passage?



In order to expand our study and understanding of the Word, we need to have a “crash course” in the original language the text was written, ancient Hebrew.

Ancient Hebrew has an alphabet of TWENTY-TWO letters. Obviously, words are written using a combination of these letters [note, there are no vowels]. However, what makes this language even more of an “adventure” is that each individual letter of the alphabet has a unique meaning, picture [symbolism], and number. This means, you can study and understand the plain text as is ... and you can study further by delving into the individual symbolism of the letters. Often, doing this kind of study brings out further meaning and richness to the passage. You will find that we have used this type of study – examining the picture-meaning of the Hebrew words – throughout our materials. We have found this such a blessing in our own understanding of the Scriptures, and trust you will enjoy it just as much! Truly, God's Word is ALIVE!

Ancient Hebrew³

Ancient Hebrew						
Early	Middle	Late	Name	Picture	Meaning	Sound
			El	Ox head	Strong, Power, Leader	ah, eh
			Bet	Tent floorplan	Family, House, In	b, bh(v)
			Gam	Foot	Gather, Walk	g
			Dal	Door	Move, Hang, Entrance	d
			Hey	Man with arms raised	Look, Reveal, Breath	h, ah
			Waw	Tent peg	Add, Secure, Hook	w, o, u
			Zan	Mattock	Food, Cut, Nourish	z
			Hhet	Tent wall	Outside, Divide, Half	hh
			Tet	Basket	Surround, Contain, Mud	t
			Yad	Arm and closed hand	Work, Throw, Worship	y, ee
			Kaph	Open palm	Bend, Open, Allow, Tame	k, kh
			Lam	Shepherd Staff	Teach, Yoke, To, Bind	l
			Mem	Water	Chaos, Mighty, Blood	m
			Nun	Seed	Continue, Heir, Son	n
			Sin	Thorn	Grab, Hate, Protect	s
			Ghah	Eye	Watch, Know, Shade	gh(ng)
			Pey	Mouth	Blow, Scatter, Edge	p, ph(f)
			Tsad	Man on his side	Wait, Chase, Snare, Hunt	ts
			Quph	Sun on the horizon	Condense, Circle, Time	q
			Resh	Head of a man	First, Top, Beginning	r
			Shin	Two front teeth	Sharp, Press, Eat, Two	sh
			Taw	Crossed sticks	Mark, Sign, Signal, Monument	t

³ http://elshaddainministries.us/hebrewalphabet_old.html

Modern Hebrew⁴ ...

MARK	NAME	PRONOUNCED	TRANSLITERATION
א	Aleph	Silent letter	‘ (or none)
ב/בּ	Bet / Vet	b as in boy (no dot: v as in vine)	b / v
ג/גּ	Gimmel	g as in girl	g
ד/דּ	Dalet	d as in door	d
ה	Hey	h as in hay	h
ו	Vav	v as in vine; “consonantal vowel”	v
ז	Zayin	z as in zebra	z
ח	Chet	ch as in Bach	ch (or h)
ט	Tet	t as in time	t
י	Yod	y as in yes; “consonantal vowel”	y
כ/כּ	Kaf/Khaf *	k as in kite (no dot: ch as in bach)	k / kh
ל	Lamed	l as in look	l
מ/מּ	Mem *	m as in mom (sofit form)	m
נ/נּ	Nun *	n as in now (sofit form)	n
ס	Samekh	s as in son	s
ע	Ayin	Silent letter	‘ (or none)
פ/פּ	Pey/Fey *	p as in park (no dot: ph as in phone)	p / ph
צ/צּ	Tzade *	ts as in nuts (sofit form)	ts / tz
ק	Qof	q as in queen	k (or q)
ר	Resh	r as in rain	r
ש/שּ	Shin/Sin	sh as in shy (s as in sun)	sh / s
ת/תּ	Tav	t as in tall	t

* Has a different form when it occurs at the end of a word (sofit).

⁴ www.hebrew4christians.com