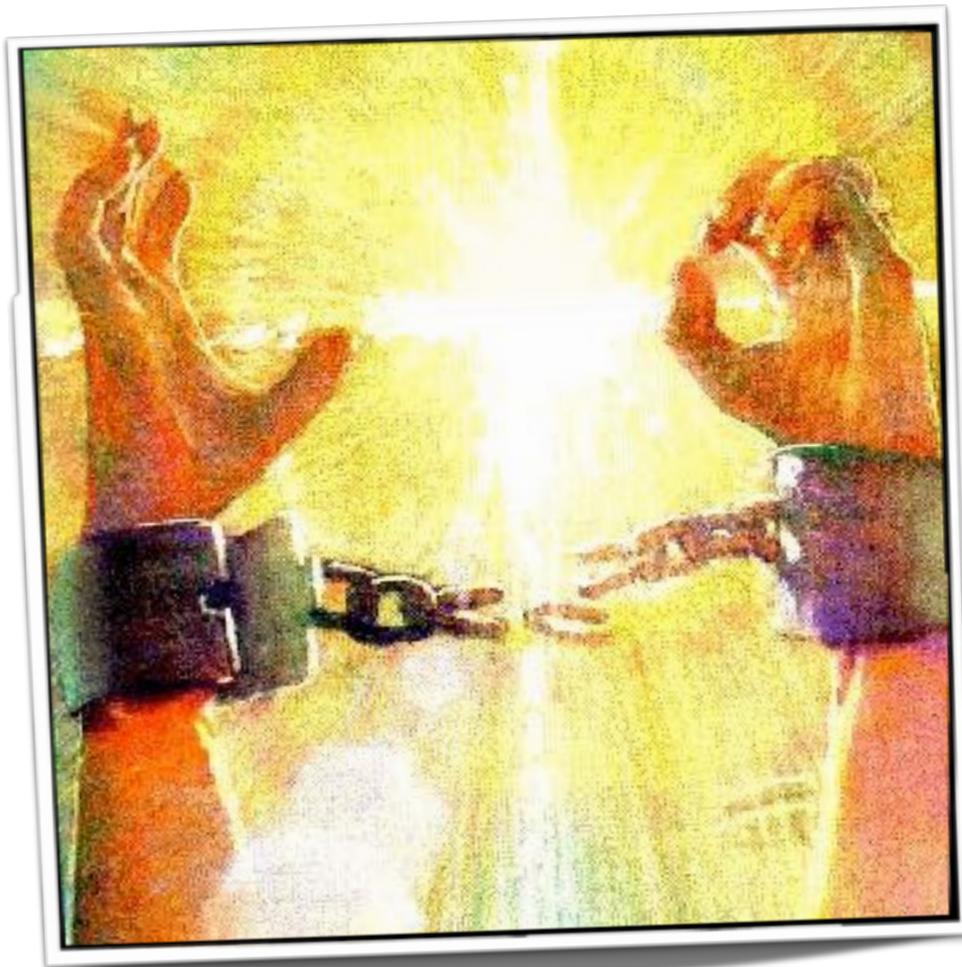


Prayers of Renunciation PTSD

(Post traumatic stress disorder)



Ephesians 6:10-12 "10 Finally, my brethren, *be strong* in the Lord, and in the *power* of his might. 11 Put on the whole *armour* of God, that ye may be able *to stand* against the wiles of the devil. 12 For we *wrestle* not against flesh and blood, but against *principality*es, against *power*s, against the rulers of the *darkness* of this world, against *spiritual wickedness* in high places."

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Preface

These prayers have been written according to personal opinions and convictions, which are gathered from many counselling sessions and our interpretation of the Word of GOD, the Bible.

In no way have these prayers been written to discriminate against any persons, churches, organizations, and/or political parties. We ask therefore that you handle this book in the same manner.

What does it mean to renounce something?

To renounce means to speak of one's self. If something has been renounced it has been rejected, cut off, or the individual is refusing to follow or obey. Other words that fit with the subject of renunciations include refuse, repudiate, and resist. It is a joy to realize that by the act of our repentance, we can appropriate the finished work of Messiah Y'shua (Jesus). His shed Blood reverses all curses.

Scripture says:

Proverbs 28:13 *"He who covers his transgressions will not prosper, but whoever confesses and forsakes his sins will obtain mercy."*

We have seen the effect in so many people's lives of confessing, repenting, and turning away from the idolatry and demonic covenants that have permeated their very existence, unbeknown to them. The fact that this exists is truly an evil demonic plot against the Body of Messiah.

2 Corinthians 4:2 *"We have renounced disgraceful ways (secret thoughts, feelings, desires and underhandedness, the methods and arts that men hide through shame); we refuse to deal craftily (to practice trickery and cunning) or to adulterate or handle dishonestly the Word of GOD, but we state the truth openly (clearly and candidly). And so we commend ourselves in the sight and presence of GOD to every man's conscience."*

Y'shua (Jesus) calls us to be actively engaged seeking freedom and wholeness, no matter what our life experiences.

GOD's Word gives us a promise:

Isaiah 54:17 *"But no weapon that is formed against you shall prosper, and every tongue that shall rise against you in judgment you shall show to be in the wrong. This (peace, righteousness, security, triumph over opposition) is the heritage of the servants of the LORD (those in whom the ideal Servant of the LORD is reproduced); this is the righteousness or the vindication which they obtain from Me (this is that which I impart to them as their justification), says the LORD."*

Guidelines for using the prayers of renunciation ...

The Book of James highlights very clearly for us that there is a two-fold step in order to be released from all bondages.

James 4:7 *“So be subject to GOD. Resist the devil (stand firm against him), and he will flee from you.”*

The two-legged renunciation of occultic involvement is:

1. Confession of involvement.

To confess involvement, the prayer is read out loud, preferably with one or more witnesses present, as well as with a trained counsellor. The reason for this is so that the individual will have a memorial of remembrance of the renunciation prayer. These prayers are similar to proclamations ... as such we encourage you to declare them boldly and in faith, covered by the Blood of Messiah Y’shua (Jesus).

James 5:16 *“Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray (also) for one another, that you may be healed and restored (to a spiritual tone of mind and heart). The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available (dynamic in its working).”*

Only half of the renunciation process has been completed at this stage. The next part is very important. This is where the counsellor is essential.

2. Warfare ... resist the enemy.

The counsellor now comes in agreement with the individual and conducts spiritual warfare against the kingdom of darkness as the Holy Spirit leads to deal with each one of the elements that is contained in the prayer.

In writing these prayers, we have tried to highlight or bold certain key words — such as the powers of darkness involved and the effects of involvement — that we feel are important, and which need to be specially addressed.

The powers are rebuked, bound, uprooted from the bloodline, and commanded to become a footstool to the Messiah Y’shua (Jesus). Remember to also cut the individual loose from the man-made laws and institutions of the organization/s involved.

These prayers are however only a *guideline*.

If there are concepts or sections that the Holy Spirit highlights for you as you pray, then we encourage you to address these, and ask the Holy Spirit to direct you on how to bring the breakthrough.

Remember, He is our Perfect Teacher and Counsellor!

Psalm 110:1 “THE LORD (GOD) says to my Lord (the Messiah), Sit at My right hand, until I make Your adversaries Your footstool. (**Matthew 26:64; Acts 2:34; I Corinthians 15:25; Colossians 3:1; Hebrew 12:2.**)”

Hebrews 1:13 “Besides, to which of the angels has He ever said, Sit at My right hand (associated with Me in My royal dignity) till I make your enemies a stool for your feet? (**Psalm 110:1.**)

Hebrews 10:13 “Then to wait until His enemies should be made a stool beneath His feet.”

3. Restoration with the Kingdom of GOD.

Finally, the individual must choose to submit under the Law of Messiah Y’shua (Jesus).

Galatians 3:10 “And all who depend on the Law (who are seeking to be justified by obedience to the Law of rituals) are under a curse and doomed to disappointment and destruction, for it is written in the Scriptures, Cursed (accursed, devoted to destruction, doomed to eternal punishment) be everyone who does not continue to abide (live and remain) by all the precepts and commands written in the Book of the Law and to practice them.”

In conclusion, we leave you with the blessing commanded by the FATHER ... May He be your Shield, your Light, and Shalom (Peace). May He grant you the victory in all things, that you may learn of His Ways, and SH’MA¹ (hear and do).

Blessings!

¹ For additional study, please see the article “Sh’ma — A Hebraic Concept That Everyone Can Embrace” written by William G. Bullock, Sr., available from the website.

Declaration² of CONFIDENCE in GOD's Protection

No weapon that is formed against us shall prosper and every tongue, which rises against us in judgment, we do condemn. This is our heritage as servants of the LORD, and our righteousness is from You, O LORD of Hosts. If there are those who have been speaking or praying against us, or seeking harm or evil to us, or who have rejected us, we forgive them and, having forgiven them, we bless them in the Name of the LORD

Matthew 5:43-45 *“You have heard that it was said, You shall love your neighbor and hate your enemy; But I tell you, Love your enemies and pray for those who persecute you, To show that you are the children of your FATHER Who is in heaven; for He makes His sun rise on the wicked and on the good, and makes the rain fall upon the upright and the wrongdoers (alike).”*

Romans 12:14 *“Bless those who persecute you (who are cruel in their attitude toward you); bless and do not curse them.”*

Now we declare, O LORD, that You and You alone are our GOD, and besides You there is no other — a just GOD and Saviour, the FATHER, the Son and the Spirit — and we worship You!

We submit ourselves afresh to You this day in unreserved obedience. Having submitted to You, LORD, we do as Your Word directs. We resist the devil — all his pressures, his attacks, and his deceptions, every instrument or agent he would seek to use against us. We do not submit! We resist him, drive him from us and exclude him from us in the Name of Y'shua (Jesus). Specifically, we reject and repel infirmity, pain, infection, inflammation, malignancies, allergies, viruses and every form of witchcraft.

Finally, LORD, we thank You that through the sacrifice of Y'shua (Jesus) on the cross, we have passed out from under the curse and entered into the blessing of Abraham, whom You blessed in all things — exaltation, health, reproduction, prosperity, victory and GOD's Favour.

Galatians 3:13-14 *“Christ purchased our freedom (redeeming us) from the curse (doom) of the Law (and its condemnation) by (Himself) becoming a curse for us, for it is written (in the Scriptures), Cursed is everyone who hangs on a tree (is crucified); To the end that through (their receiving) Christ Jesus, the blessing (promised) to Abraham might come upon the Gentiles, so that we through faith might (all) receive (the realization of) the promise of the (Holy) Spirit.”*

AMEN!

² Written by Derek and Ruth Prince

Sealing-Off Prayer BEFORE Deliverance

Dear Heavenly FATHER, we come to You in the Name of Messiah Y'shua³ (Jesus Christ) of Nazareth. We thank You that You are GOD Almighty and that You are The Great I AM.

We thank You that You have given us the Holy Spirit to be the Counsellor, Standby, Advocate, Teacher, the Deliverer.

We thank You for Your Presence and for Your Deliverance Anointing — it is the Anointing that will break the yoke.

Come and fill us with Your Spirit, Compassion, Love, Discernment, Word of Knowledge, Wisdom, Interpretation, and Insight.

We as Your children choose to crucify the flesh so that nothing from ourselves will be transferred here. We clothe ourselves with Your Priestly Garments to fulfill the calling You have upon our lives. Open our spiritual eyes and ears FATHER.

Thank You FATHER, that You have given us all the power over the enemy and that nothing shall in any way harm us.

Luke 10:19 *“Behold! I have given you authority and power to trample upon serpents and scorpions, and (physical and mental strength and ability) over all the power that the enemy (possesses); and nothing shall in any way harm you.”*

We forbid any interference with the work of the Holy Spirit.

FATHER, we come against any communication lines (according to **Ephesians 6:12**) between, the powers, world-rulers, principalities, spiritual hosts, and demonic hosts in the air, earth, heavenlies, and under the earth. We close off all entrances and exits, in the Name of Messiah Y'shua (Jesus Christ).

We ask that all spiritual cameras and recorders be smashed in Name of Messiah Y'shua (Jesus Christ). We come against any witches, witch doctors, magicians, and wizards in the Name of Messiah Y'shua (Jesus Christ). We cut off all communication with satan himself and close the doors in the Name of Messiah Y'shua (Jesus Christ).

We forbid any spirit from the outside to enter this place for whatever reason, and we forbid any evil spirit to be sent to any other place or person as a result of what happens here.

³ *Y'shua* (Hebrew) is Jesus' real name, which means “Salvation”. We have no problem with the name “Jesus” — it is merely the Greek transliteration of “Y'shua”. Jesus is the name most of us grew up with. Remember though, Y'shua was a Jew, of the Tribe of Judah, not a Greek. It's sort of like this ... when you come to know someone's real name, you want to use it, hence the use of *Y'shua* instead of Jesus. Another powerful reason to use Y'shua is that every time you say His Name, you are proclaiming “Salvation”. You will also note in some places, we have used the real Name of the FATHER, YHVH. The Name is made up of the Hebrew letters, **Y**od-**H**ey-**V**av-**H**ey, and is most commonly pronounced “Yahweh” or “Jehovah”. Again, we have chosen to use this, as YHVH is the FATHER's Name.

We now forbid any reinforcement of power from the side of satan in the Name of Messiah Y'shua (Jesus Christ). FATHER, we ask for confusion into the enemy's camp.

FATHER we ask You to set up Your warring angels in this room and arrest any human spirit, dead human spirit, spirit guide, familiar spirit ... and remove them to become the footstool of our King Messiah Y'shua (Jesus Christ).

We bind every evil spirit in this place and forbid any violence, manifestations, and tormenting in the Name of Messiah Y'shua (Jesus Christ).

We refuse any meditation circles — isolate any power of demonic forces from each other in the Name of Messiah Y'shua (Jesus Christ).

We forbid and bind any hypnosis and self-hypnosis, meditation, physic powers in the Name of Messiah Y'shua (Jesus Christ) of Nazareth. We isolate the powers one from another in Name of Messiah Y'shua (Jesus Christ).

We cleanse the four elements — water, air, fire, and earth — with the Blood of Name of Messiah Y'shua (Jesus Christ).

We ask You, FATHER, to cover all mirrors with Your Blood and seal off the gateways in Name of Messiah Y'shua (Jesus Christ).

We come against any spells, rituals, incantations, hexes, sacrifices, curses, or altars raised up against us and the person.

Thank You that You blow out all candles which may have been lit in rituals against us in Name of Messiah Y'shua (Jesus Christ). Thank You that all curses are reversed into blessings.

FATHER, we ask that You seal off this room with Your Precious Blood, that You will hide us in the Spirit and declare this room as holy ground.

FATHER, we ask You to send Your ministering angels to come and minister to us in Name of Messiah Y'shua (Jesus Christ) according to:

Hebrews 1:14 *“Are not the angels all ministering spirits (servants) sent out in the service (of GOD for the assistance) of those who are to inherit salvation?”*

We surrender to You, Holy Spirit of GOD, because we know that it is not by might, nor by power, but by Your Spirit (**Zechariah 4:6**) says the FATHER!

We ask that You cover our loved ones and we place all circumstances under Your Control and Protection (our finances, marriages, relationships, ministries). We now bind satan's kingdom here on earth just as it is bound in heaven.

We ask You FATHER to prepare the heavenly courtroom and that all the demons and familiar spirits come and take their places.

We ask You FATHER to be the Judge, Y'shua (Jesus) the Advocate, and the Holy Spirit the Witness.

Thank You for Your Word:

Revelation 12:11 *“And they have overcome (conquered) him by means of the blood of the Lamb and by the utterance of their testimony, for they did not love and cling to life even when faced with death (holding their lives cheap till they had to die for their witnessing).”*

... we have overcome the enemy by the Blood of the Lamb and the word of our testimony!

In the Name of Messiah Y'shua (Jesus),

AMEN!

Post Traumatic Stress Disorder (PTSD)

Person involved in an act of violence. The mind finds it difficult to cope with what has happened. The body responds with high levels of stress. Emotional wounds usually follow – trauma affects the whole body.

Isolation

- The person feels as if he / she has been invaded by another person. They feel isolated and rejected.

Depression and suicidal thoughts

- This is common in people with PTSD. They may say “I cannot communicate with people about my feelings, because they do not understand me.” With PTSD, substance abuse and excessive use of alcohol are common – this is how they treat themselves, self medication.

Anger

- Anger usually manifests as fear. This may influence behaviour of the siblings. This can result that people may doubt the sanity of the person. Anger outbursts are common, this may be followed by violence.
- The individual may have behavioural problems, and be unable to cope with this. They then tend to withdraw from other people.

Emotional immaturity

- The partner usually complains that the person involved is cold and unable to show emotions. The individual handles the trauma by ignoring it and stepping out of the situation.

“Survival guilt”

- A question often asked is: “How did I survive - I am worthless”. The person usually distance or remove him/her from the trauma, feel guilty that he/she did nothing to prevent the trauma. This type of guilt can lead to self destruction.

Reactions that point to stress

- The person gets anxiety symptoms easily when confronted by loud noises. People usually describe themselves as being very sensitive. They react very quickly to any form of stimulus. Loud noises will cause a quick reaction, like falling flat on the ground. They may experience extremely uncomfortable emotions if someone approaches them from behind. They will even pull over to the side of the road to let someone from behind overtake them.

Repeating thought patterns

- The events are played back repeatedly in his/her mind – images of ideas or even perception may follow.

Dreams

- He / she feels the effect of events over and over again, as flashbacks, especially when under the influence of alcohol ... intense emotional feelings will follow when the events are relived.

Continuous use of stimulants may lead to

- Attempts to avoid communication about emotions, feelings, or conversations that are associated with the trauma.
- Avoidance of all activities, places or people that can be associated with the trauma.
- Loss of recollection of important aspects of the trauma.
- Decreased interest in important activities.
- Reduced expectation about the reality of future dreams may follow.
- Problems to fall asleep easily.
- Irritation and anger levels are usually high.
- People struggle to concentrate and may hyperventilate which may make them dizzy, leading to more anxiety.

It is critical that the person seeks help as soon as possible after the trauma. This will lead to emotional healing.

Can PTS be cured?

By GOD's Grace all things are possible!

Counselling the person

- Diagnose the traumatic incident.
- Communicate what you are going to do, and ask permission to counsel.
- Stand against any form of anxiety and depression that may lead to physical disease. Pray that this may be healed without causing any other harm.
- Command that all short and long term effects of the trauma, stress, fear, and physical wounds be healed. (Remember all thoughts in connection with molestations, rape, cutting, medical procedures, rejection, wounds and violence, words or curses, that are spoken out by parents or the perpetrator, must be addressed. In cases of rape: pray against the smells, feelings, noises, vibrations, and touches – do this slowly and allow the person to work through this.)
- Ask GOD to cut them loose from the second heaven, principalities, rulers and thrones.
- Ask GOD to close all roads, portals, and ways of contact.
- Cancel any assignments by familiar spirits of the family, especially where they are suffering from nightmares.

- Ask GOD about any captivity of the person as a result of the trauma. Ask that the person be integrated over time, dimension and space. It is usually necessary support the person through all the phases. Ask the person to keep you fully informed at all time.
- Pray for connection between the various parts of the brain.
- Ask GOD to restore sleep patterns.
- Pray that the reaction to any stimulus that is connected to the trauma will be healed and that the person will function normally.
- Ask the person to command his spirit-man to turn towards GOD during the night, so that they can receive from GOD what they need to function the following day.

Commonly felt emotions by individuals with PTSD are fear or anxiety, sadness or depression, guilt and shame, and anger and irritability. The symptoms mentioned above usually manifest because of these unsettled thoughts and emotions.

Now post-traumatic stress disorder is experienced by many people, but those who know the Lord and have a relationship with Him have at their fingertips GOD's help!

But GOD is a GOD who is able to reach deep down into our soul – our emotions and thoughts and will – and bring healing and freedom!

One can pray for a person suffering from PTSD by asking the Holy Spirit to bring transformation or renewal to his mind and healing of the heart and soul. This can help speed up progress in counselling, or even bring an instant miracle! The Holy Spirit is the best Counsellor and Comforter (**John 14:26**). He is also our Healer.

This, however, does not mean that counselling should be forgone and be replaced by prayer alone.

Because traumatic experience may have caused lies and fear to enter into the person's heart and the painful incident, wounded the person's soul, we could pray for healing or the soul and renewal of the mind.

Finding a Christian PTSD treatment counsellor is best but if perhaps there is a not a Christian counsellor on hand, then reading the scriptures and having someone pray will go a long way to helping with recovery.

There are so many passages in the Bible, especially in **Psalms**, that we can pray over a person with PTSD.

He or she may even read them and declare them over his or her mind, heart, will, spirit and body.

Symptom clusters associated with DID

It is useful to inquire about various aspects of the person's life and behaviour before a diagnosis is made. Symptoms indicating DID can be grouped together in clusters. Information about the following symptom clusters can be useful in the diagnostic process:

Post-traumatic stress disorder symptoms

- Sleep disturbances.
- Flashbacks of traumatic experiences.
- Alteration in concentration and attention.
- Physical symptoms.

PRAYER 1

Having said that, here are but some Scripture-based prayers that can help. Search out the Bible for more if you wish. But for now, you can use this prayer by simply filling in the blanks with the name of the person you are praying for:

Father, make Your presence known to _____ each and every single day, as the GOD who is near to the broken-hearted and who saves the crushed in spirit. **(Psalm 34:18)** For indeed You are.

In Your Name I speak healing and restoration upon each and every wound that was inflicted upon _____'s life. Thank You for healing and binding my friend's wounds! **(Psalm 147:3)**

Holy Spirit, expose the lies of the enemy that have entered my friend's life because of his / her trauma.

Y'shua, bring _____ to an encounter with Your Word. Reveal Your truth to my friend and let every lie be broken and let every mindset come into alignment with Your Word. GOD, wash _____ with Your Word. **(Romans 12:2)**

I declare that _____ will stand in agreement with Your Word that says only goodness and mercy shall follow him / her all the days of his / her life. **(Psalm 23, Jeremiah 29:11)**

Abba, I release a revelation of the Spirit of Sonship upon my friend right now. You have not given _____ a spirit of slavery to fall back into fear, but he / she has received the Spirit of adoption as sons, by whom he / she can cry "Abba! Father!" **(Romans 8:15)**

Reveal Your unfailing and everlasting love that conquers all fear!

Casts out fear from _____'s heart. **(1 John 4:18a)** Let Your love rain down upon him / her, bringing healing to his / her mind, emotions, will and spirit, even his / her body. Overwhelm _____ with Your healing power. Overwhelm him / her with Your loving presence.

For as high as the heavens are above the earth, so great is Your steadfast love toward _____; as far as the east is from the west, so far You remove _____'s transgressions from him / her. **(Psalm 103:11-12)**

You have purchased my friend for a price and that is through the Blood of Your Son Y'shua / Jesus. I declare freedom from every burden of fear, anxiety, depression, guilt, shame and anger, by the power of the Blood of Y'shua!

And I speak love, peace, freedom, wholeness, joy and thanksgiving.

In Y'shua / Jesus Name I pray.

Amen

PRAYER 2

Father.... I take authority over anything left over or hanging around in their room, or on their property that wants to insert itself, distract, disturb, interfere, or otherwise mess with the administration of this prayer.

I kick to the curb anything that will not bow its knee to the Name of the Lord Jesus Christ; anything that You, Father GOD, have not placed there, I give You no place either here or there, in Jesus Name.

Holy Spirit, I invite You to minister to _____, even as I am praying and declaring in their behalf.

I submit to You only; I give You the superiority in this place and in their personal space as I pray.

I thank You so much for what You have done for all of us, for what You have provided for all of us, and for what You have taught us and what You have shown us.

Father, in Jesus Name, I take authority over this time, this space, this place, this dimension in the Name of the Lord Jesus Christ.

Father, I ask You to disconnect _____ (name) from every 2nd heaven entity; principality, power, dominion, throne, ruler that gained access to _____ through the traumatic events they have suffered, including the purpose of inflicting further mental and physical torture and torment.

I specifically ask You to disconnect them from **fear, chaos, death, disorder and destruction**, including assignments of demonic entities and curses made by any ungodly priest, shamans, witches, and other local authorities, etc., from the lands their feet have trod.

I also ask You to cancel, break, shatter, cut off and destroy every contract and agreement that trauma has made with other entities, great and small, to make its attack more effective.

I ask You to cancel the assignment of any demonic entities against _____ as a result of these higher order agreements and contracts.

In the Name of Jesus, I remove any of the enemy's **marks, markers, devices or signposts** that have been install on, or around _____ as a result of what he / her experienced in his / her history.

I forgive any conscious or unconscious desire or request **to be made invisible to their enemies** when they suffered trauma in their history – and this has resulted in them becoming invisible to those who can aid or help them in any way in their now in their current lives.

Father, while I'm at it, would You disconnect them from the affects or assignments of **generationally transferred trauma**.

Father, if there is any portion of them that has been removed, is stuck, imprisoned, or held captive in any other time, space, place or dimension as a result of the trauma experienced, I ask You to immediately send Your angels to rescue them, release them and cause those portions of their humanity to be recovered from wherever it has been - I ask that You restore it to them and cleanse it of any defilement of any place it has been.

Cancel the assignment of any **familiar spirit** that has been assigned to it, to hold it there.

If there is any portion of themselves that they have dismissed because they believed it was not an acceptable part of them, was not worthy, caused them to be vulnerable, caused them to be more of a target of their enemies, or felt like it allowed them to be taken advantage of, Father, in Jesus Name, I pronounce them forgiven for dismissing, shutting down and rejecting that portion or part of themselves that they did not agree was good and worthy of accepting.

I ask You Father to restore it to them, reunify it to them so that it becomes a part of them in this time and this space and this dimension with peace and wholeness and acceptance.

I take authority over _____'s physical body for a few minutes, in Jesus Name, and I command his / her body to release all the long and short term effects of trauma, everything that it has held onto all the way down to the cellular level;

- From all the accidents, injuries,
- medical procedures, surgeries,
- invasive medical procedures,
- broken bones, cuts,
- hearing and deafness issues,
- vision and eye impairments.

I also command their bodies to release all the effects of trauma with respect to;

- rejection, abandonment,
- death, deep depression,
- divorce, loss of dreams, hopes, and aspirations....
- every time that they were robbed and stolen from,
- yelled or screamed at,
- pushed, shoved, beaten,
- held captive, shot, stabbed,
- subjected to explosive blasts,
- tortured and tormented,
- the emotional, spiritual and physical effects of childhood accidents and injuries,
- operations, invasive medical procedures,
- childhood fears,
- loss of a key loved one by death,

- witnessing the death, destruction, wounding or dismemberment of a fellow survivor,
- divorce or abandonment,
- rape, abuse (physical, mental, emotional or sexual),
- frequent moves,
- car accidents,
- major illnesses, broken bones,
- attempted suicide, deep depressions,
- near death experiences,
- catastrophic events that occurred as part of war,
- hurricanes and earthquakes,
- civilian casualties related to war and torture experiences,
- the effects of difficult childbirths, miscarriages or abortions.

I command your bodies to release the residual effects of;

- excess medication,
- incorrect or inadequate medications resulting from misdiagnosis,
- long-term illnesses,
- and the results of unnatural compensation by other organs, muscles, tendons and ligaments as a result of injuries.
- I command out of your bodies the results of shock, terror, torment and torture, whether it was personally experienced or witnessed.

And I declare that it will come out without harm or injury where ever it has been stored.

- I just command you to release it all (don't hang on to any of it) all of the pent up stress, tension, anxiety, worry ... the results of fear ... the fear of what tomorrow holds, fear of a filing economy, retirement, current and future health problems, fear for your parents and children.
- I command your body to release all of the effects of fear of the past, or fear of the future;

“How is all this going to work out? What is going to happen next?”

- Release all the issues regarding personal health, business, children, and spouses.
- I command all of that out of your body.
- You can't hang on to any of it, in Jesus Name; out of every bone, out of every piece of connective tissue, out of spines, muscle, nerves, hair, teeth, brain tissue; out in Jesus Name.

In the Almighty Name of Jesus I remove any defilement for your body from the land you walked, worked and suffered torment on.

I command your body to release effect of aching loneliness, a feeling that you were all alone, helplessness, hopeless, defenseless and trapped;

- Just be released in Jesus Name right now.
- Just let it go.....wherever you have hidden it, or allowed it to be stored up in your body; just let it go. Let it be released.

In this season of uncertainty, I command your body to release all of the effects of accumulated stress, fear, worry, anxiety and the tension connected to not being in control of how it is going to work out, unmet expectations, disappointments.... just release, release, release.

- Just let it all go; all the effects of un-forgiveness, bitterness, of being cut off and abandoned, just let it go.
- _____ (name), I command in the Name of Jesus that your body release all of the effects of:
 - shame, disappointment, disillusionment, the failures;
 - the times when people have not lived up to their word;
 - every time you have been intentionally been misled, lied to, or lied about, dishonored; just let it all go.

Release all the related physical effects, whether it was mental, physical, emotional, spiritual...., just release it all now in Jesus Name, just release all now, every bit of it; just let it go.

I command out of your ears, nostrils and taste buds everything connected with trauma, killing, the smell of dust, blood, smoke from an source connected with weapons / instruments used in causing the trauma - large and small,

- destructive and defiling touch;
- any place in your body that felt it, or was impacted by it; let it go.

I command it to be released right now in the Name of Jesus.

I take authority, in Jesus Name, over all witchcraft prayers that have been prayed against you personally,

- against you as part of a cult family,
- against you as _____(nationality),
- against the Body of Messiah,
- against your relationships,
- against your place in the Body and
- even those who have been jealous of how you looked,
- how you acted,
- the favor you had,
- the anointing and calling on your life,
- or rejoiced in your wounds.

I just cut all that off in Jesus Name and I release you from every bit of it.

Father, we call every one of those prayers, curses and declarations null and void in the Name of Jesus, and cast them to the ground to be of no effect, as dust under Your Feet.

Father, I release _____ from all tension, anxiety and anything else imparted to him / her by circumstances and break off all of that

Father, I release from him / her, all of the heaviness of false responsibility; stuff that people have told them that needs to be done and that they need to do.

I release _____ from the pain of unfulfilled personal expectations.

I release you from all that and from your expectations of what it ought to look like, how you ought to do it, and how it ought to get done.

Father, where there have been blockages to development in any area, physically and particularly relationally, I ask You to remove those dams, allow them to grow.

Father I place my hand on _____'s head and I pray for his / her brain and Father any place that has become chemically imbalanced because of the trauma that they have suffered, I ask You to restore whatever connections are necessary, whatever enzymes are necessary to bring full functionality,

Any pathways (electrical or magnetic) that need to be re-established between hemispheres of the brain or areas of the brain so that the fullness of who you were created to be can be directed toward the restoration and settling of the issues of life.

If there is any damage or deficiency of any gland of the brain, or any imbalance between the function of the various glands, I ask You to restore them to full function and restore proper balance between and among them.

Father would You restore the connectivity between areas of the brain; specifically for those areas like the hypothalamus, the adrenal system, pituitary gland, thyroid gland, amygdale, etc.

I ask You in Jesus Name, to give _____ a new "normal," and while You are at it Lord, I ask You to move all the memories of traumatic and tormenting events to the back of the bus, make them difficult to get to;

And all those memories that speak to them of being loved and appreciated, connected, understood, belonging, embraced, I ask that they be moved to a place so that they are the first ones that they get to.

Father, I ask You in Jesus Name that You would restore whatever memories are necessary for healing and the completion of what You have started.

Lord also I ask that You remove, dismantle or disconnect any trigger mechanisms that the enemy has been able to establish to the violent and tormenting memories.

I want to speak to your spirit and to your soul for a moment; I declare to you that the times of great danger are over.

You do not have to remain on guard 24/7 anymore. The other shoe is not going to drop. You are safe now. You are no longer on the battle ground. No one is trying to kill or maim you anymore.

The days of scanning every person, doorway, rooftop, vehicle and roadside pile of trash are over. You can make the choice to let down your guard. You are safe now, The season of danger is past.

You have friends and loved ones around you still. You can enter into the rest of the Lord. He has become your rear guard. He's got your back. He is with you 24/7. So I invite you to stand down... to enter that place of rest that was designed for you.

Father, I ask You in Jesus Name to re-establish for this soldier, the appropriate sleep pattern that You designed for him / her, so that when he / she puts his / her head on the pillow at night they can do so with full faith and confidence that when they awake in the morning they will be thoroughly refreshed and rejuvenated, with all the energy they need for whatever they need for the day.

Father, while You are at it, I ask You in Jesus Name to download into their spirit everything they will need for that coming day, because You know who they will run into and the circumstances that they will be facing.

Now Father, I ask that You will pour Your Spirit into every place where the results and effects of trauma have departed, and that Your Holy Spirit of Comfort, Life, Light, and Truth will fill every cell, every bone, every tissue, every organ, every place where memories were stored will be filled with Your life and light.

I ask You Holy Spirit to restore to life the broken, dead and dormant places, the places that have been wounded and given up on, that have been set aside, ignored, rejected, shut down and abandoned.

I call for a restoration and a redemptive work within him / her at the deepest levels.

And Father would You give them a tangible sense that they are not alone, a concrete knowing that You are with them all the way through this.

Father, I bless _____; I bless their identity, I bless their significance, I bless their future, I bless their destiny, I bless their dreams..... I bless them.

I bless their coming in with joy and their going out with peace, in the Name of Jesus, and I thank You for sealing by Your Holy Spirit the work that You have done in _____ today.

In the Name of the Father, Son and Holy Spirit, I bless you!

WRAPPING-UP Prayer AFTER Deliverance (for the counsellor)

Dear Heavenly FATHER,

Thank You for the work being done here today. We pray against any whiplash, backlash, and judgment from the enemy in the Name of Messiah Y'shua (Jesus Christ).

We ask FATHER, that You will cut any un-Godly spirit/soul-ties formed in the spirit because of the deliverance that took place, also any transference that took place between their spirit, soul, and body to my spirit, soul and body. We plant the Cross of Messiah Y'shua (Jesus Christ) between myself and the counsellee. Thank You that no transference will take place. We take Your Comprehensive Insurance for our families, relationships, and possessions.

We ask that You will cleanse and purify this property and this room with the Blood of Messiah Y'shua (Jesus Christ) of Nazareth and Your Holy Fire, that no demon will attach itself to any object and all human and dead human spirits be removed by Your escort angels to the footstool of King Messiah Y'shua (Jesus Christ). That all defilement be removed and swept away with Your Broom of destruction in Name of Messiah Y'shua (Jesus Christ).

FATHER, we ask that You remove any watchdog and marker demons, that have been assigned by the kingdom of darkness to mark the property in the spirit for a counter attack through astral projection, to the Feet of Messiah Y'shua (Jesus Christ).

We also want to declare the Kingship of Messiah Y'shua (Jesus Christ) of Nazareth over this place and that all openings⁴ are sealed off with Your Blood.

AMEN!

Remember to go before the FATHER and shower yourself with the Water of the Word. You may also want to perform a *mikvah*⁵ (baptism), to symbolize a cleansing after deliverance. Remember too to enter into praise and worship and fill yourself with the FATHER's Presence again.

⁴ Openings include telephone and fax lines, computers, water pipes and sewerage, electricity circuits, Wi-Fi networks.

⁵ For additional study, see our book "*J2F Understanding Water Baptism And The Baptism Of The Holy Spirit*"

In closing, after these curses have been dealt with and broken, it is very important to restore BLESSINGS ... we want to encourage **fathers** to take this calling seriously, and to begin **BLESSING** their families according to the Commandment of the LORD that the priests bless with the following blessing ...

Priestly Blessing

Numbers 6:24-27

“Y’varekh’kha YHVH v’yishmerekha.

May YHVH bless you and keep you.

Ya’er YHVH panav eleikha vichunekka.

May YHVH make His Face shine on you and show you His favour.

Yissa YHVH panav eleikha v’yasem l’kha shalom.

May YHVH lift up His Face toward you and give you peace.

In this way they are to put My Name on the people of Israel, so that I will bless them.”

